

FOR HIM MAGAZINE JUNE 2003

THE GIRLS OF

Buffy

>> TRIBUTE! <<

**ALYSON HANNIGAN
AND THE CAST OF
THE SEXIEST SHOW
IN TV HISTORY!**

FEATURING...



**SARAH
MICHELLE
CELLAR**

CHARISMA CARPENTER

ELIZA DUSHKU

AND MANY MORE!

THE
EVOLUTION OF
SEX!
ARE YOU DOING
IT RIGHT?

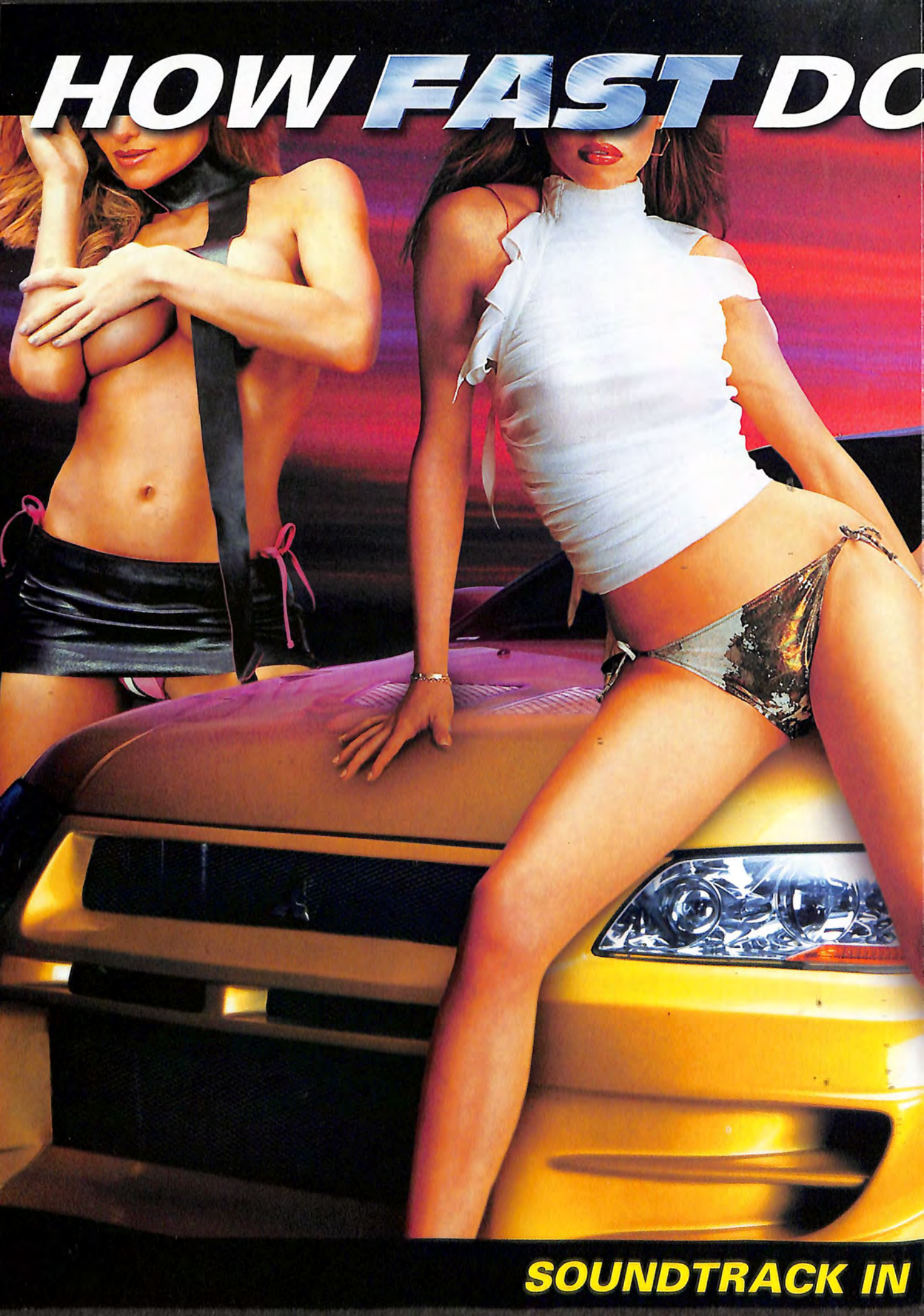
BONUS!

**SUMMER
MOVIE
BLOWOUT!**

The 25 Greatest
Big Screen Moments

emap-metro llc

www.fhmus.com



HOW FAST DO

SOUNDTRACK IN

DO YOU LIKE IT?



STORES MAY 20

PLUS! JACK LALANNE LARS ULRICH JASON BIGGS AND THE LIFE OF A STUD!



CHARISMA CARPENTER



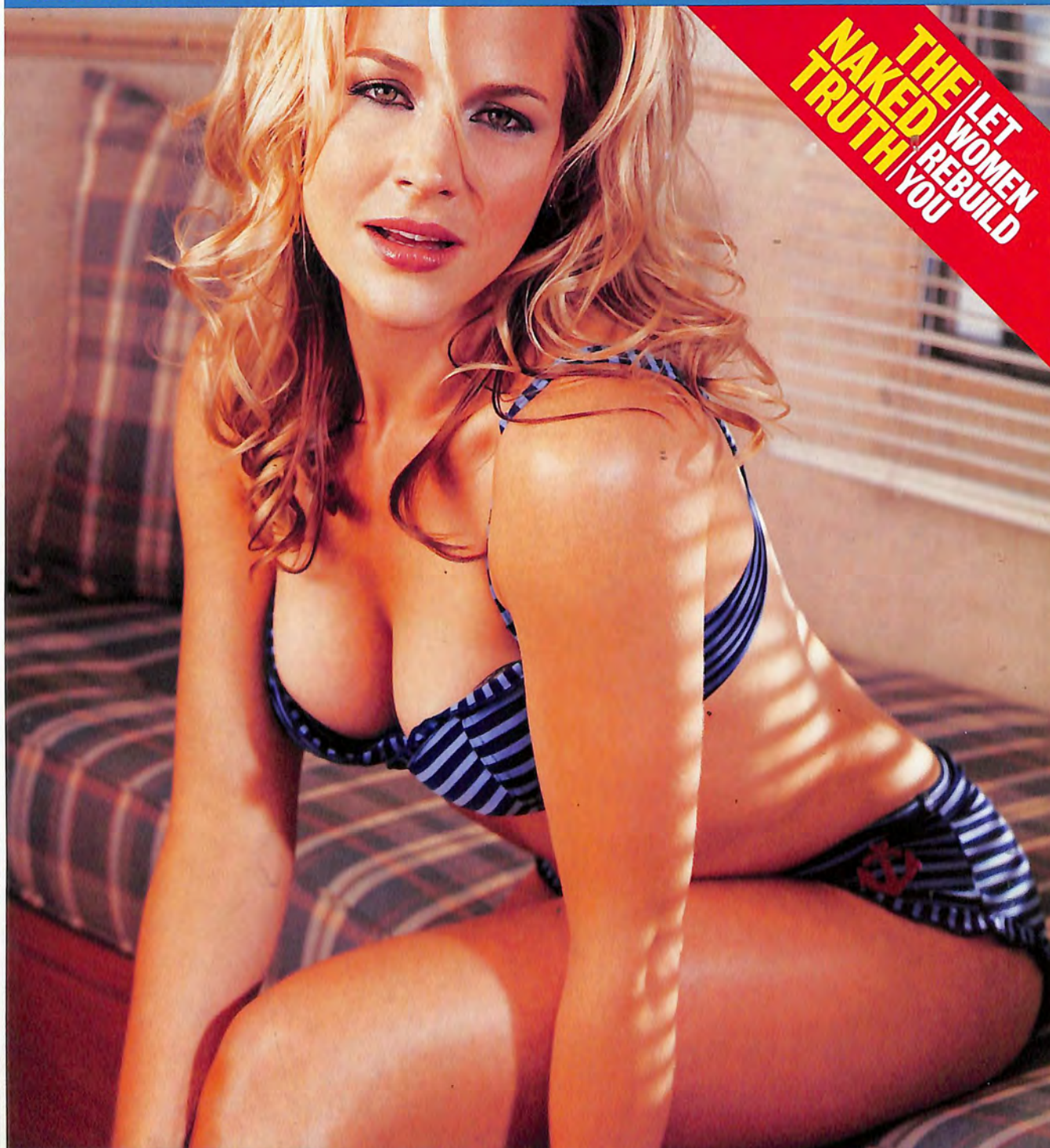
SARAH MICHELLE GELLAR



CLARE KRAMER



EMMA CAULFIELD



**THE LET WOMEN
NAKED REBUILD
TRUTH YOU**

JULIE BENZ

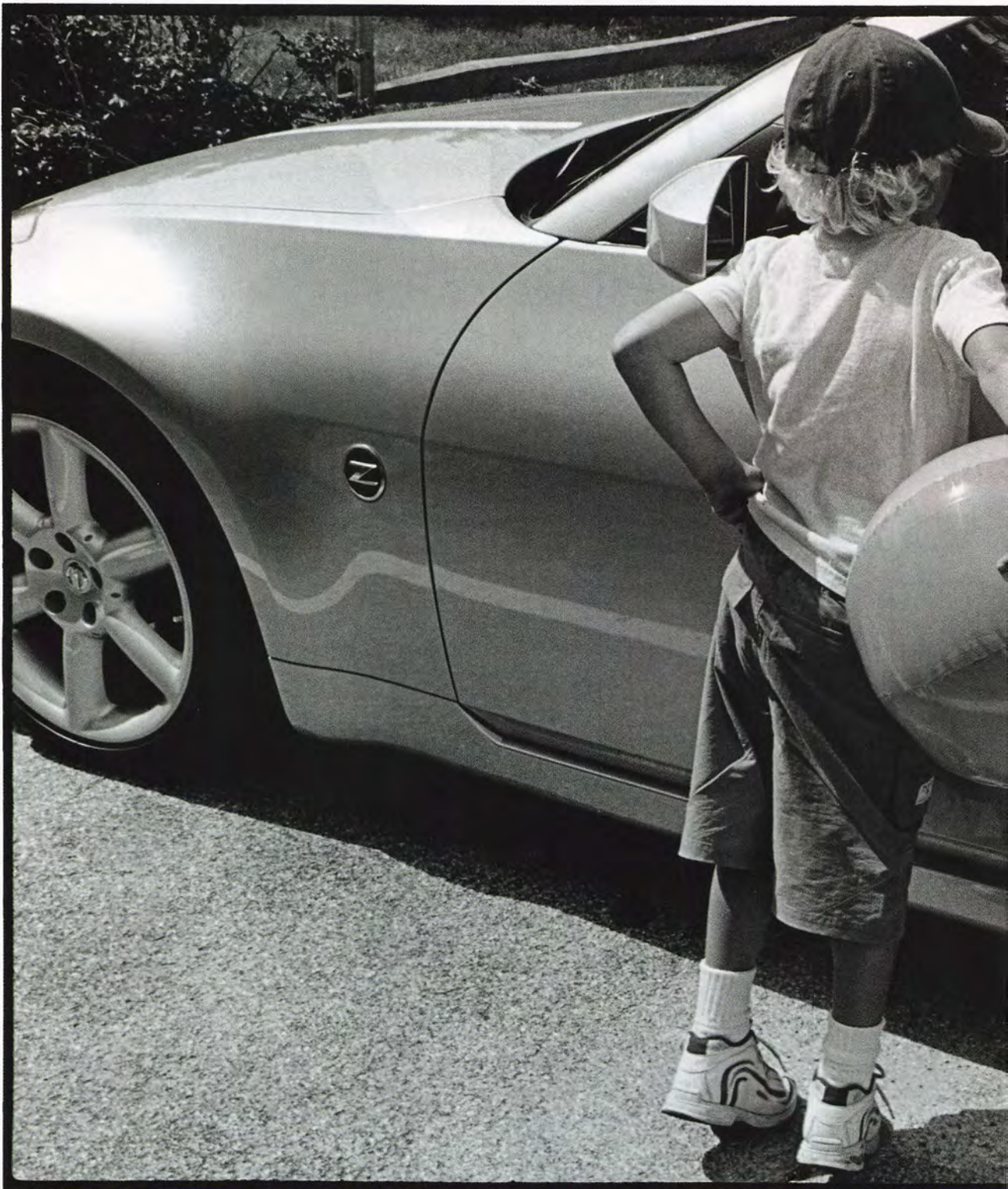


PAUL WALKER TYRESE GIBSON EVA MENDES

2 FAST 2 FURIOUS

UNIVERSAL PICTURES PRESENTS A NEAL H. MORITZ PRODUCTION A JOHN SINGLETON FILM PAUL WALKER "2 FAST 2 FURIOUS" TYRESE GIBSON
EVA MENDES COLE HAUSER CHRIS "LUDACRIS" BRIDGES JAMES REMAR MUSIC BY DAVID ARNOLD COSTUME DESIGNER SANJA MILKOVIC HAYS
EDITORS BRUCE CANNON ACE DALLAS PUETT ACE PRODUCTION DESIGNER KEITH BRIAN BURNS DIRECTOR OF PHOTOGRAPHY MATTHEW F. LEONETTI ASC
EXECUTIVE PRODUCERS LEE R. MAYES PRODUCED BY NEAL H. MORITZ WRITTEN BY MICHAEL BRANDT & DEREK HAAS DIRECTED BY JOHN SINGLETON
THIS FILM IS NOT YET RATED SOUNDTRACK AVAILABLE ON DEF JAM SOUTH / DISTURBING THE PEACE / UMG SOUNDTRACKS

IN THEATRES
6.6.03



Someday. The new Z. 2002.



SHIFT_dreams

Jealousy rears its ugly head.



Enjoy our quality responsibly • Visit crownroyal.com

CROWN ROYAL • IMPORTED IN THE BOTTLE • BLENDED CANADIAN WHISKY • 40% ALCOHOL BY VOLUME (80 PROOF) • ©2003 THE CROWN ROYAL COMPANY, STAMFORD, CT

The Girls of Buffy



FHM

ISSUE 33 • JUNE 2003



TOP SECRET

FEATURES

QUOTE, UNQUOTE

72 JACK LALANNE

The buff coffin-dodger on drinking blood and out-pulling Arnie.

SEX AND RELATIONSHIPS

74 ARE YOU EVOLVING?

Like Darwin in a miniskirt, *FHM*'s harem of ex-girlfriends cackle about guys' arrested development.

FITNESS

80 PROJECT LOVE MACHINE!

What women hate about your scaly, wheezing frame—and how to fix it. Plus, *FHM* makes fatties sweat, and displays the grooming products that will create a sweeter-smelling you.

AMERICA'S . . .

96 STRONGEST WOMEN

Meet the lady powerhouses who can squat over 450 pounds. That's like squatting your parents.

TRIBUTE

103 THE GIRLS OF *BUFFY*

The cult hit's hottest women—without David Boreanaz's monster forehead obstructing the view.

THE 25 GREATEST . . .

118 MOVIE SCENES

Pacino unleashes lead! Eastwood gets nonchalant! Nerds bust rhymes! Plus, *Pulp Fiction*'s Gimp speaks!

COVER GIRL

132 ALYSON HANNIGAN

Buffy's Wiccan lesbian and noted woodwind-fancier wakes the dead.



72
Jack Lalanne

25
GREATEST
SCENES IN
MOVIE
HISTORY
118



96
Strongwomen



74
Are You
Evolving?

SURGEON GENERAL'S WARNING: Cigarette
Smoke Contains Carbon Monoxide.

GREEN LABEL FULL FLAVOR 18 mg. "tar", 1.3 mg.
nicotine av. per cigarette by FTC method. For more
product information, visit www.rjrt.com.



SALEM

stir the senses



FHM

IN EVERY ISSUE

26 REPORTER

Outdoor Updates' Jessica York stretches while Thai ladies manipulate their bosoms. Plus, freakish biceps and monkeys who ride dogs.

53 REVIEWS

Metallica's Lars Ulrich and his Danish tantrums, more *Matrix* hoopla than a nerd's bedroom, DVD newness and Game Boy joy.

139 FASHION

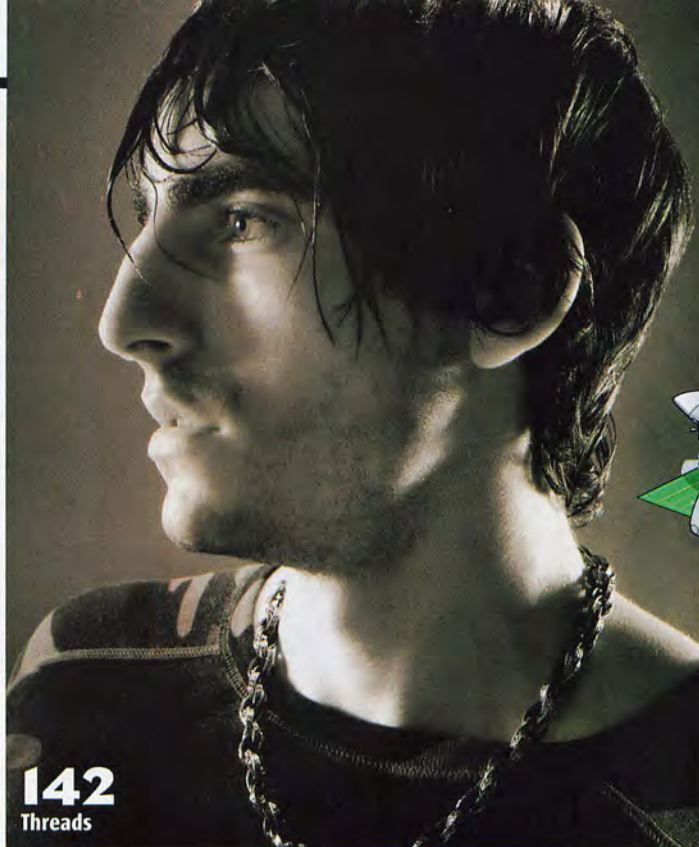
Boot art from Dr. Martens, hot threads from cool labels, ignition-ready backpacks, TAG's latest and the most comfortable chair ever.

156 MACHINERY

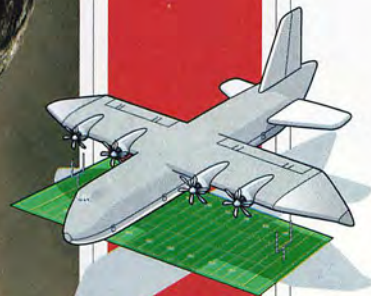
All the home-theater wonders of a Neverland ranch sleepover without the requisite fiddling and poking. Or magic trees.

162 GASOLINE

The car from *2 Fast 2 Furious*, Scot Pollard's Cadillac passion, nitrous-sucking thrills and a Lamborghini that's cheap because it's fake.



142
Threads



30
Frankenplane



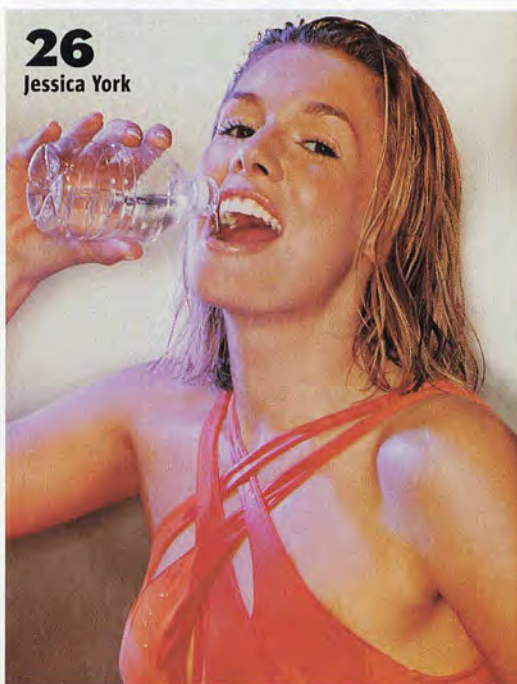
36
Hugeness



162
Street racer



152
Toteables



26
Jessica York



156
Home theatrics



46
Rhyme judge

MAILBOX

18 LETTERS

Jenna Jameson cooks and Turbo Granny hits the streets!

70 BAR ROOM JOKES

Laughter is the best medicine. Plus, it's less dangerous than your drunk surgeon.

168 TRUE STORIES

Why be a clear-thinking, decent citizen when brainlessness yields prizes. And *FHM* glory!



ANDY PARKER; GORMAN & GORMAN; BILL BROWN; ADAM BARNES; PETER LIDDJARD; UNIVERSAL; GORMAN & GORMAN; NISHANT CHOKSI; ERIC CAHAN; BICEPHANIA.NET

WEAR ME OUT.

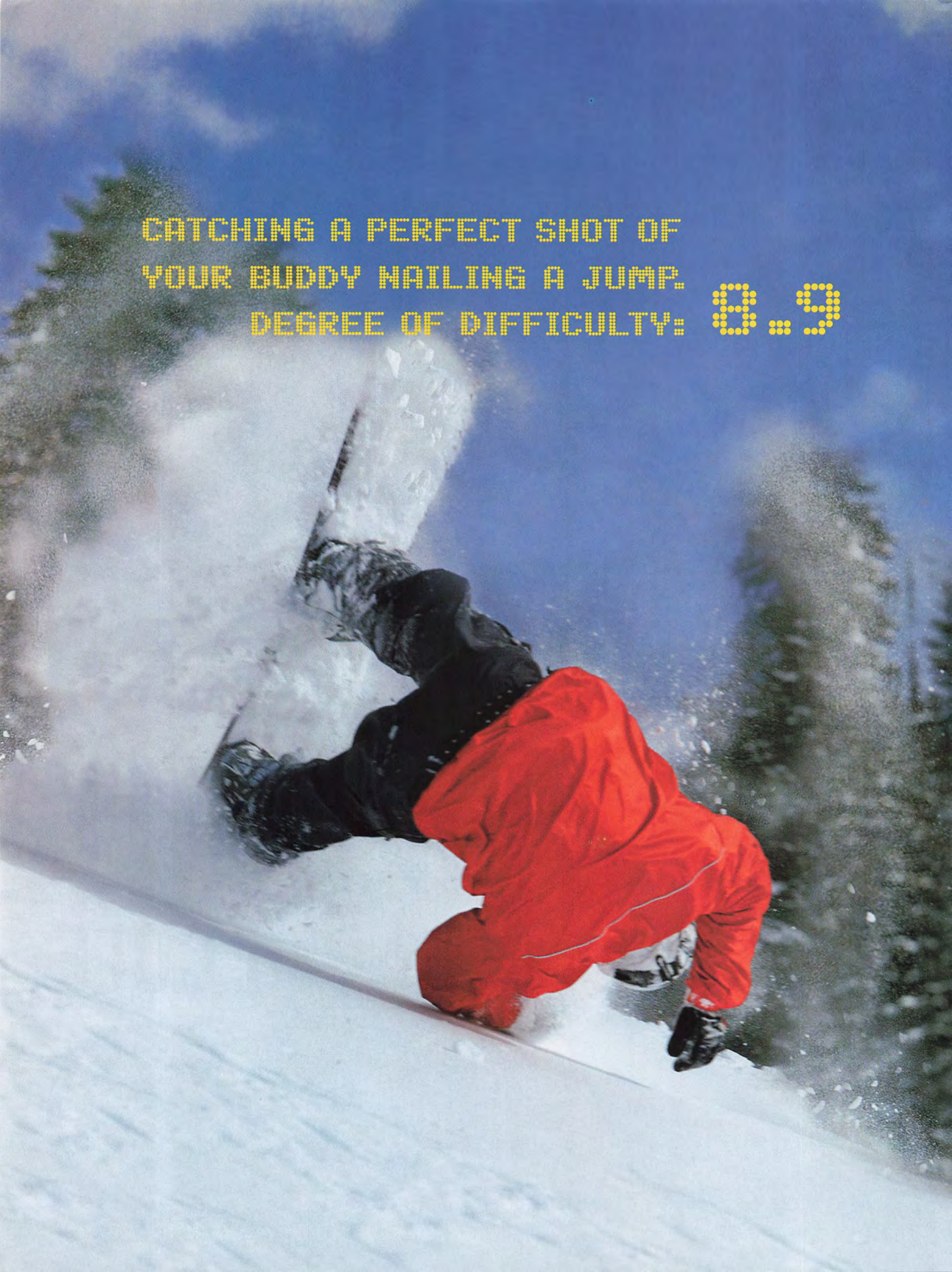
-KENNETH COLE



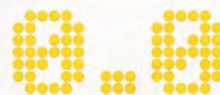
THE KENNETH COLE FRAGRANCE FOR MEN.

CATCHING A PERFECT SHOT OF
YOUR BUDDY NAILING A JUMP.
DEGREE OF DIFFICULTY:

8.9



PRINTING IT AT THE LODGE
TO IMPRESS YOUR FRIENDS.
DEGREE OF DIFFICULTY:



The i70 Portable Printer with Bubble Jet Direct.

Now, even fresh off the slopes you can print gorgeous photos. Just plug your Canon digital camera* or computer into the i70 and you can easily print anything, anywhere.** Like borderless photos at up to 4800 x 1200 color dpi.† And, with print speeds of up to 13 ppm black and up to 9 ppm color, the only thing you sacrifice is size.†† The i70 Portable Printer. Your friends will be very impressed. To find out more, visit www.usa.canon.com/consumer or call us at 1-800-OK-CANON.

Canon KNOW HOW™

Camera and optional portable kit must be purchased separately. Output simulated. Specifications subject to change without notice. Photographs ©2003 Gil Smith. *For a listing of compatible Canon digital cameras and camcorders featuring Bubble Jet Direct technology, visit www.usa.canon.com/consumer/bubblejetdirect. **Printer requires AC Power or optional portable kit (LK-51) shown. †Will vary based on driver setting and paper type. ††Print speed high speed draft mode. Print speed will vary depending on system configuration, software, document complexity, print mode and page coverage. ©2003 Canon U.S.A., Inc. Canon is a registered trademark of Canon Inc. Canon Know How is a trademark of Canon U.S.A., Inc.



OVER
500
PHOTOS

FHM

110 Fifth Avenue, New York, NY 10011
Tel 212-201-6700 Fax 212-201-6980

THE FHM STAFF (and the worst movies they've ever sat through)

Editor-in-Chief Scott Gramling *Signs*
Creative Director Ian Knowles *The Crocodile Hunter: Collision Course*
Deputy Editor Michael Dolan *Bowling for Columbine*
Executive Editor Rob Hill *Carbon Copy*
Photo Director Alix Berenberg *Star Wars: Episode 1—The Phantom Menace*
Managing Editor Jonathan Tesser *Sgt. Pepper's Lonely Hearts Club Band*

EDITORIAL

Senior Editor Jonathan Chase *Titanic*
Sections Editor Adam Winer *Baby Geniuses*
Associate Editor Sam Barclay *Chasing Amy*
Assistant Editor Phillip Crandall *The Blair Witch Project*
Copy Editors Amy Ciauro *Joe Dirt*
Randi Hecht *Striptease*
Editorial Assistant Meghan Conaton *Made*
Writer-at-Large Jimmy Jellinek *The Draughtsman's Contract*

ART / PHOTO

Associate Art Director Matthew Warner *In the Bedroom*
Assistant Photo Editor Elyssa Traub *The 13th Floor*

FASHION

Fashion Director Antony Wright *Fools Rush In*
Fashion Editors Elisabeth Dick *Dick Tracy*
Nadia Hosni *The Ninth Gate*

FHMUS.COM

Online Director Jonathan Hurwitz *Skin Deep*
Designer/Producer Tom Conlon *Autumn in New York*

CONTRIBUTORS

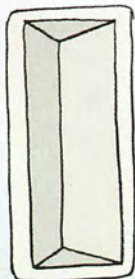
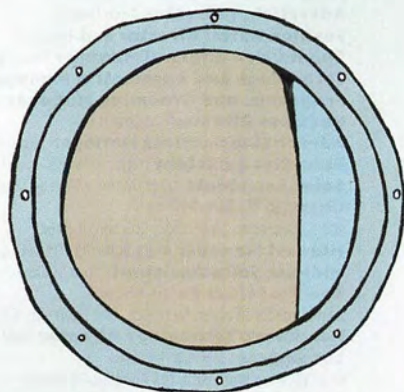
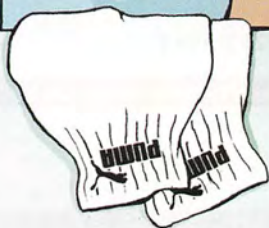
Words Jake Bronstein, Adamo DiGregorio, Ben Gruber, David Kushner, James Montgomery, Kevin Raub, John Sellers, Stephan Talty, Andrew Vontz, Marti Zimlin
Illustrations Bill Brown, Nishant Choksi, Alan Eldridge, Danny Hellman, Peter Liddiard, Andy Parker
Photography Adam Barnes, Eric Cahan, Stephen Danelian, Chris Gorman, Tom Gorman, Joshua Griffier, Barry J. Holmes, Erin Patrice O'Brien, Darryl Patterson, Rocket Productions, Tim Soter, Rocky Widner
Fashion Assistants Sze-Min Chan, Nicholas Ricciardi, Brad Rosenbloom, Melissa Stephans, Eugene Tong
Thanks to Lindsay Brown, Heather Larson, John Mihaly, Jess Miller, Christine Reilly, Scott Kritz

INTERNATIONAL EDITORS

David Davies FHM UK, Michael Tempel FHM Germany, Philippe Boubillon FHM France,
John Bastick FHM Australia, Eric Ramos FHM Philippines, Brendan Cooper FHM South Africa,
Jan Heemskerk FHM Netherlands, David Hraschek FHM Hungary, Derek Yu FHM Taiwan,
Dylan Tan FHM Singapore, Igor Shein FHM Russia, Istvan Lorincz FHM Romania,
M. Zulkifli FHM Malaysia, Mansur Foroutan FHM Turkey, Timur Dorofeyeff FHM Ukraine

**EXCLUSIVE
PICTURE
ARCHIVE
AVAILABLE AT
FHMUS.COM**

emap·metro



DOING ALL HIS LAUNDRY
AT ONCE REQUIRED NUDITY...

ELLIOT WAS COOL WITH THIS.


PUMA
puma.com



FHM**Surfboard****GBX**www.gbxshoe.com

GBX Footwear...
Cool on your Feet...
Check us out
at gbxshoe.com

www.mgm.com/windtalkers

Windtalkers Directors Edition...
Go behind the scenes with over 12 hours
of entertainment. Includes a new extended
version of the film & more. Own it today!

www.Sirius.com

100 streams of satellite radio. 60 commercial
free music. 40 sports, news and entertainment.
Sirius. it's_ON. Visit Sirius.com

www.fordvehicles.com

Ford Mustang - Looks like a pony.
Runs like a stallion. For more information
on how you can own the road,
visit www.fordvehicles.com/mustang today.

www.superbitdvd.com

Bad Boys, Men in Black, Men in Black II
and xXx now available on Superbit DVD.
Buy them today!

YOUR GUIDE TO THE HOTTEST SITES ONLINEwww.fhmm.com**FHM**

TEL 212-201-6700 SALES FAX 212-201-6965

EXECUTIVE PUBLISHER AND PRESIDENT MEN'S AND ENTERTAINMENT GROUP**Dana Fields****ADVERTISING**

Associate Publisher Audrey Bennett
Advertising Director Amie Deutch
Fashion Retail Director Mark Eckstrom
Spirits/New England Manager Karen Brodsky
Technology and Automotive Manager Steven Mumford
Fragrance and Grooming Manager Felecia Pullen
Business Director Siu-Chuen Luk
Advertising Services Manager Elizabeth Gromek
Executive Assistant Hermine Weiss
Sales Assistants Juliet Okafor, Michelle Coulombe
Chicago Sales Office
500 N. Dearborn, Suite 1100, Chicago, IL 60610
Midwest Manager Mark Baba 312-396-0614
Midwest Sales Assistant Laura Sudlow
San Francisco Sales Office
1 Embarcadero Center, Suite 500, San Francisco, CA 94111
Northwest/Technology Director Matt Stegman 415-646-8921
Los Angeles Sales Office
6420 Wilshire Boulevard, Los Angeles, CA 90048
Los Angeles Director Heather Schliewen 323-782-2799
West Coast Sales Assistant Amanda Wilmshurst
Detroit Sales Office/Rothman Luongo Associates
6650 Torybrooke Circle, West Bloomfield, MI 48323
Detroit Managers Diane Rothman, Mary Luongo 248-682-3951
Southeast Sales Office/Sales & Marketing Solutions-South, Inc.
2970 Clairmont Road, Suite 610, Atlanta, GA 30329
Southeast Managers Kelly Hediger, Michol Brandon 404-929-6681
Online Media/Interevco
Paul DeBraccio 212-696-5893 sales@interevco.com
Italy Sales Office/Egg Media
Corso Vittorio Emanuele, 30, Milan 20122
Director Susy Scott 39-02-782-608 Fax: 39-02-7639-0104

CREATIVE SERVICES

Creative Services Director Donia T. Vance
Creative Services Managers James C. Nolan, Sean McCusker
Creative Services Art Director Annika Larsson
Creative Services Coordinator Deidre West

CIRCULATION

Consumer Marketing Director Susan M. Allyn
Circulation Director Paul Rolnick
New Business Manager Grace Leung
Renewal and Billing Analyst Michael Williams

PROMOTIONS

Promotions and Publicity Director Anna Mistilis
Public Relations James Selman, Rogers & Cowan 310-201-8800

PRODUCTION**Production Manager** Ada Figueroa**MANUFACTURING****Director of Manufacturing** Patricia Nolan**EMAP METRO LLC**

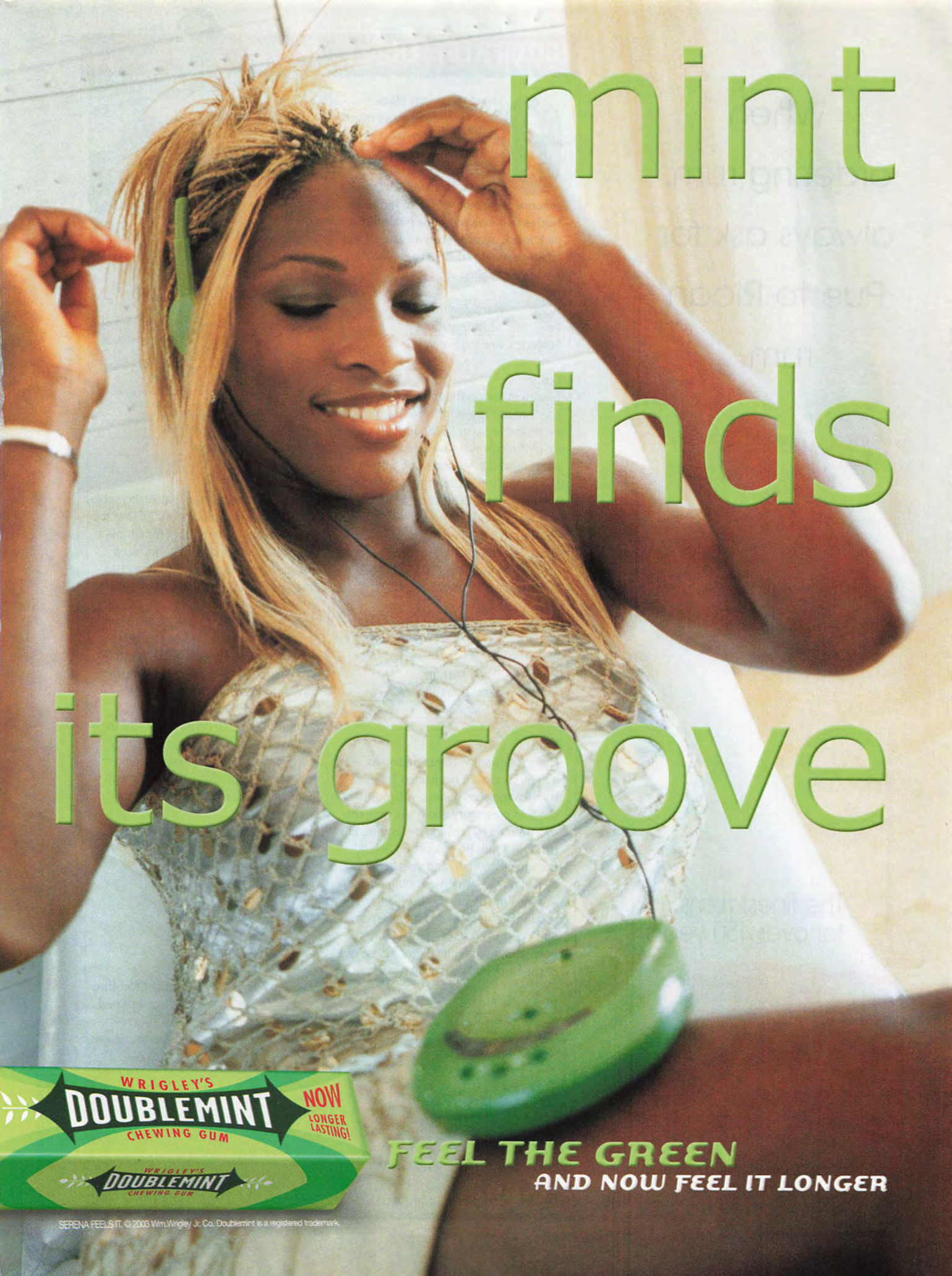
President Marcus Rich
Finance Director Christine Middleton
Accounts Payable Alejandro Ortiz
Executive Assistant to President Jennifer Miller

EMAP PLC

Chief Executive Tom Moloney
Group Finance Director Gary Hughes

Volume No. 4, Issue No. 6 • PRINTED IN THE USA • Copyright 2003 by *emap metro llc* All rights reserved.
For customer service questions, please send e-mail to FHMM@kable.com
or call 815-734-1210.

emap-metro



mint
finds
its groove



FEEL THE GREEN
AND NOW FEEL IT LONGER

When
ordering rum,
always ask for
Puerto Rican
rum.

*Or just ask
for the
Captain.*

The finest rums
for over 450 years



The finest times are the ones
you enjoy responsibly.

Puerto Rico Industrial Development Company. All Rights reserved.

©2003 Rums of Puerto Rico

EDITOR'S LETTER

One of the things I look forward to most every month is reading the e-mails writers send once they get back from *FHM* assignments. This month's inbox contained a number of gems, including stories that involved some freak with a pork fetish, a truck-pushing woman and an 88-year-old real-life Superman. Here are the highlights. . . .

From: Marti Zimlin
To: Scott Gramling
Subject: Are You Evolving?

Scott—

I just met Lance, the third guy for the "Are You Evolving?" feature, and he reeked of bacon! I thought his ex-girlfriends may have been exaggerating about his obsession with it, but he confirmed everything they said. He then went into great detail about how he uses bacon strips (raw and cooked) to make handcuffs and other "toys." He has even introduced bacon grease into foreplay. I'll never eat another piece of bacon again!

Marti

From: David Kushner
To: Scott Gramling
Subject: Strongwomen

Scott:

The strongwomen competition was a huge success. A gal named Julie Havelka took top honors. Afterward she told me a story about the time she was training by pushing her boyfriend's truck up a hill. He was sitting behind the wheel steering, and people driving by had no clue what was going on. They assumed the pickup was having transmission problems and had broken down. So they started screaming at Julie's boyfriend, telling him to get his ass out of the truck and help push. Classic.

DK



From: Andrew Vontz
To: Scott Gramling
Subject: Jack LaLanne

Hey Scott,

It's too bad the LaLanne Quote/Unquote doesn't have an introduction. I'd love to describe when he got out of his vibrating recliner and had me feel his bicep (harder than a rock—his bicep was 10 times as hard as mine, and he has, you know, 61 years on me). He then said, "Punch me in the stomach, boy." When I tried to pass, Houdini having died this way, and not wanting to be responsible for killing Jack LaLanne, he screamed, "Give it to me, boy! Do it!" He later offered me \$10,000 if I could do 40 pushups, the catch being that I had to do them his way—lying prone with my arms stretched out and then pushing up from my fingertips. He rips through hundreds, but I couldn't even do one.

aloha
andrew

Enjoy the issue!

Scott Gramling
Editor-in-Chief

CHRISTINE REILLY

THE FHM COVER



COVER GIRL ALYSON HANNIGAN WEARS A BRA AND PANTIES BY ERES AND JEWELRY BY JENNIFER KAUFFMAN, LOS ANGELES
PHOTOGRAPH STEPHEN DANIELIAN
STYLING CRISTINA EHRLICH & ESTEE STANLEY
HAIR LAURENT D FOR PRIVÉ
MAKEUP LUTZ FOR SOLO ARTISTS FOR NARS

COVER INSETS: GREG GORMAN/THE WB/ZUMA PRESS; ROCKET PRODUCTIONS; LESTER COHEN/WIREIMAGE.COM; ROCKET PRODUCTIONS; ANDREW MACPHERSON/UPN; HOWARD ROSENBERG/SHOOTING STAR; GILLES GAGNAN/SAOLA/EYEVINE; GRAHAM KUHN

*Catch
of the day*



*The
Captain
was here*

Captain Morgan Original Spiced Rum
Everything tastes better with a splash of the unexpected.

Don't drink until you're 21 - Captain's Orders.



Puerto Rican Rum with spice and other natural flavors • 35% Alc. by Vol. (70 Proof) • ©2003 Captain Morgan Rum Co., Baltimore, MD.

LETTERS TO THE EDITOR



Letters about our April issue's list of the most hated teams in NCAA basketball revealed the best thing about sports: the way it

inspires outpourings of gloriously needless spite. One guy even sent in a four-page rant about his hatred for the Eagles of Emory University. Who cares? If you have useful bile to spew, send it to Letters to the Editor, *FHM*, 110 Fifth Ave., New York, NY 10011, or e-mail your hate to letters@FHMUS.com. Letter of the Month earns \$200, runners-up grab \$50 and any picture that gets printed snags \$50 more.



'Supersize my digestive track!'

Is there any way to rent out the 40-foot Colossal Colon you showed in the April 2003 Reporter section? I know it's touring the country as part of an educational exhibit, but it would be really helpful for the times I want to eat White Castle. My puny man-bowels aren't nearly strong enough to handle those beefy power-houses. Every time I make a trip to the Castle, I end up running away and screaming for reinforcements. *Stanley Amat, Palos Heights, IL*
Rumor has it the Colossal Colon is on loan from Marlon Brando and can't be given to third parties. Sorry.

Coo-coo-cachoo

Kim Cattrall is one naughty Mrs. Robinson. Not only did she let you take those seductive pictures, she also

wrote a book about all sorts of sex techniques. Have you guys seen this? It's called *Satisfaction: The Art of the Female Orgasm*, and it proves that Ms. Cattrall certainly knows how she likes it. Might I refer you to page 72, where she advocates a

FHM LETTER OF THE MONTH



Turbo granny!

I read your so-called "Speed" feature [April 2003] that claimed to have the fastest land vehicles on the planet. But your Maseratis have nothing on my grandma when she's riding her Rascal scooter. Check her out. These scooters may be made for old people, but they can really move. When Nana kicks that bitch

into high gear, she could take down Mario Andretti. More often she misjudges her stopping distance and takes down my shins. I don't go to malls with her anymore.

Andy B. Stevens, Kansas City, MO
Those scooters are becoming a national menace. The last thing old people need is another vehicle they're allowed to drive.

certain multi-sensory stimulating hand position that I believe is commonly referred to as "The Shocker." My girlfriend finally let me try it on her after she saw it in the book, but she ended up hating it. Can you ask

Kim to give me some advice about what I might be doing wrong? *Chuck Boucher, Fredericksburg, VA*
Two pages earlier, Kim cautions that before trying the maneuver, "your nails absolutely must be well trimmed." In these situations, nothing ruins the mood like a hangnail.



'I am Lord of Lint!'

I was very interested in your Burning Question about where bellybutton lint comes from [April 2003], mostly because I harvest more belly lint than anyone I know.

Here's a picture to prove it. It seems like every time I stick my fingers down there, I come up with a new wad of fuzz. I mean, I've considered quitting my day job to become a full-time manufacturer of raw cotton. Your article states that scientists have proved lint originates in your underwear and is carried up to the bellybutton by body hair, but here's the thing: *I don't wear underwear*. What do your fancy scientists have to say about that? *Keith Cerreta, Austin, TX*
Our scientists say you remind them of the French.



NOT ALL WEAPONS ARE CREATED EQUAL

**"Jessica Alba is kicking
butt and taking names."**
-New York Post



**THE COMPLETE FIRST SEASON
AVAILABLE NOW ON DVD**



Cameron/Eglee Productions in association with Twentieth Century Fox Television. Dark Angel TM & © 2000, 2001 Twentieth Century Fox Film Corporation. All Rights Reserved. © 2003 Twentieth Century Fox Home Entertainment, Inc. "Twentieth Century Fox," "Fox" and their associated logos are the property of Twentieth Century Fox Film Corporation. All Rights Reserved.

COOKING WITH JENNA

Your article on the *Cooking with Porn Stars* DVDs [Reporter, April 2003] never mentioned how your very own sex columnist feels about the culinary arts. Can Jenna recommend any recipes I should try?

John Singer, Dover, NJ

But of course. Here's Jenna's recipe for pleasure:

"First, set a nice table with candles, which you can use later for wax dripping. Prepare a mixed-green salad with poppy-seed dressing, Mandarin oranges, cherry tomatoes and chopped walnuts. It's a great salad to feed your mate. The main course should be chicken asparagus crepes with a white cream sauce over a bed of wild rice, and fresh homemade rolls—with honey of course! For dessert, bananas Foster. I like licking the sauce off of my man's naked body while I have him strapped in his chair at the table. Just call me Emeril Jameson. Except in my kitchen, I give new meaning to the word 'Bam!'"



they bang a dozen foreign students each year. It seems that having my woman defiled by hordes of men is what I get for bringing her to Italy in the first place.

John Close, San Antonio, TX

Bring your lady here next time instead. All girlfriends are plenty safe in the FHM office.

Like taking money from babies

Thanks for introducing me to the 'Bows and Toes' ab workout [Bionic, April 2003]. They haven't actually trimmed my gut—I'm still as fat as ever—but I've netted \$453 from



friends who bet me they could "easily" pull off the 30-, 60- and 90-second intervals that the Memphis basketball team does.

Ty Schneider, Stratham, NH

That's a much smarter bet than the one our editor-in-chief placed on Memphis before they got spanked by Arizona State in the NCAA tourney.

In keeping with this issue's fitness theme...

I'm a writer and a bodybuilder. I would like to tell you about the health benefits of red grapes, and I hope you will use this photo of me and my friend. Grapes are full of glucose, which supplies the body with energy. I eat grapes almost every



day. I like the red seedless ones the best. They have the most nutrition in them. A handful of red grapes will make you the life of the party. Now pass the word on about grapes. Tell everyone you heard it through the "grapevine."

Doug Brulus, Detroit, MI

How about we tell everyone we heard it from a man with bosoms?

Italians do their job

Seeing Monica Bellucci ["Heavenly," April 2003] brought back bitter memories of my vacation to Italy. While there, my girlfriend left me and went on a two-week sex binge all over the country. Apparently, it's nothing new. I talked to these Italian guys in Florence who said

DIALOGUE

DOES DUKE SUCK?

Blue Devil-bashing editor's letter draws praise from the outside world, outrage from within



From the mailbag...

Mr. Gramling: I read your April 2003 editor's letter, and I agree that March is the best month of the year. Back in 1997, I had hernia surgery and was able to

schedule it for the morning of the NCAA tournament so I could watch the first two rounds while I recovered. I'm a Tar Heel from North Carolina, so I'm happy to send along this book. It should help foster your hatred of Duke with insightful entries like, "The three hardest words

in the English language for a Duke fan are: 'I was wrong.'" *Greg McFee, Tampa, FL*
Thanks, Greg. This will definitely come in handy.



From inter-office mail...

Scott: As a Duke alum who sits 15 feet from you, I cannot believe how you betrayed me. Your April editor's letter

was a travesty! Duke being voted the most hated team in college hoops was merely sour grapes. We Duke fans know the truth: Coach K runs the best program in the country!
Dana Fields, FHM President and Publisher
Dana: I left Paul Finebaum's latest book on your desk. Enjoy.

UNLEASH IT

ADRENALINE

A NEW FRAGRANCE FROM ADIDAS

SURGE

RUSH

FIERCE

THRILL





The first compact truck in America. The first extended-cab compact truck, the King Cab. And then the first

See your owner's manual for properly securing cargo and maximum payload capacity. Nissan, the Nissan Brand Symbol, "SHIFT." tagline and Nissan model names are Nissan trademarks. Tread Lightly!® Please.

Hauling, towing and **RETURNING
IMPULSE PURCHASES** since 1959.



compact crew cab, **THE NISSAN FRONTIER 4X4.** All things worth keeping.

For more information, call 800-352-4079 or visit NissanUSA.com. Always wear your seat belt, and please don't drink and drive. © 2003 Nissan North America, Inc.



SHIFT capability



Humvee tipping

After reading your "Behind the Wheel of the Humvee" article, I had to tell you about my time at Ft. McClellan, AL, in 1995. There are some other things you should know about the vehicles. First, when it rains, the turrets leak like a freakin' waterfall. Second, the kevlar pads that line the seats and floors are extremely uncomfortable and can get really cold when it drops to 20 degrees outside. And finally, given the proper conditions and an idiot trainee at the wheel, a Humvee *can* be tipped. I saw one moron go up a slight slope



after a rain and somehow catch an edge. He ended up on his side. *Nicole Ackerman, Yelm, WA*
Thanks, that's very comforting.

Drivers wanted

Would Danica Patrick ["Speed Demon," April 2003] consider becoming my personal chauffeur? She's perfect for the job. She's hot, she's a champion race-car driver, and, well, she's hot. If only she also knew kung fu, her qualifications would be absolutely complete. Can you ask for me?
Phil Matheson, via e-mail
Sorry, Danica refuses to work for men who mistake themselves for James Bond supervillains.

Counseling for Bob Knight

You interviewed a Hollywood anger-management consultant about the mental problems behind a couple of hot-headed celebrities ["Mom Never Hugged Me," April 2003], but the person in your issue who really needs some counseling is coach Bob Knight. That guy's totally nuts. Why not diagnose him?
Ryan Parks, San Diego, CA

Good point, Ryan. We got Dr. Andrea Brandt back on the phone to analyze The General: "His outbursts are about power and getting noticed. It's something he probably learned at a young age—you throw a tantrum and you get what you want. Maybe he saw his parents operate that way and realized that it worked. As an adult, he's continued to rule by intimidation."



WHAT'S WRONG WITH FHM?



If you find a mistake in *FHM* and we print it, you win \$20. Say the dumbest thing we hear all month, and we demand the same in return.

◆ In your "Master the Brackets" article [April 2003], you say the lowest seed to win the NCAA tournament since it expanded to 64 teams in 1985 was Kansas, a No. 6 seed. But Villanova won the title in 1985 as a No. 8 seed.
Michael Dreyfus, Ft. Myers, FL

◆ You incorrectly define the term "electro-ejaculation" in the Cake World section of the April 2003 issue. You call it "a thorough yank from an electric device," when in actuality, the process involves having an electrode shoved

directly up the ass to shock the prostate and thus force ejaculation.
Ben Brauer, St. Louis, MO
◆ I love the sentence in your April 2003 "Speed" feature

that says that the Wrangler Rubicon has "puncture-resistant sidewalls" and "equally tenacious Goodyears." But the sidewalls and the Goodyears are really the same thing.
Matt Phenix, Ann Arbor, MI



IDIOT OF THE MONTH

In your film section, you talk about Seth Green's scenes in the movie *Buffy the Vampire Slayer*, but he wasn't in that movie. He was in the TV show. Get out my 20 bucks.
Mike Wright, Miami, FL
That's right, Seth Green never appeared in the *Buffy* film. Luckily, the article was about scenes that were cut from movies. Way to read closely. We expect our \$20 no later than June 30.



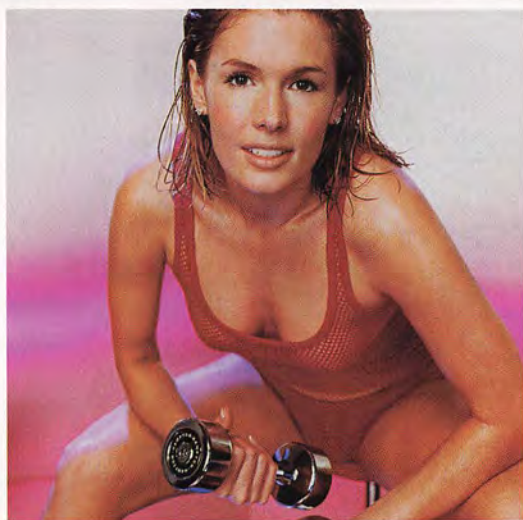
move to the top



SEAGRAM'S EXTRA DRY GIN™. 100% Neutral Spirits. Distilled From Grain.
40% Alc./Vol. (80 Proof). ©2003 Joseph E. Seagram & Sons, Lawrenceburg, IN

REPORTER

GIRLS, GIZMOS, FACTS AND FREAKS GALORE



THE **FHM** REPORTER **GIRL** **JESSICA YORK**

Finally, sufficient inspiration
for becoming rock hard

PHOTOGRAPHY BY
ERIC CAHAN



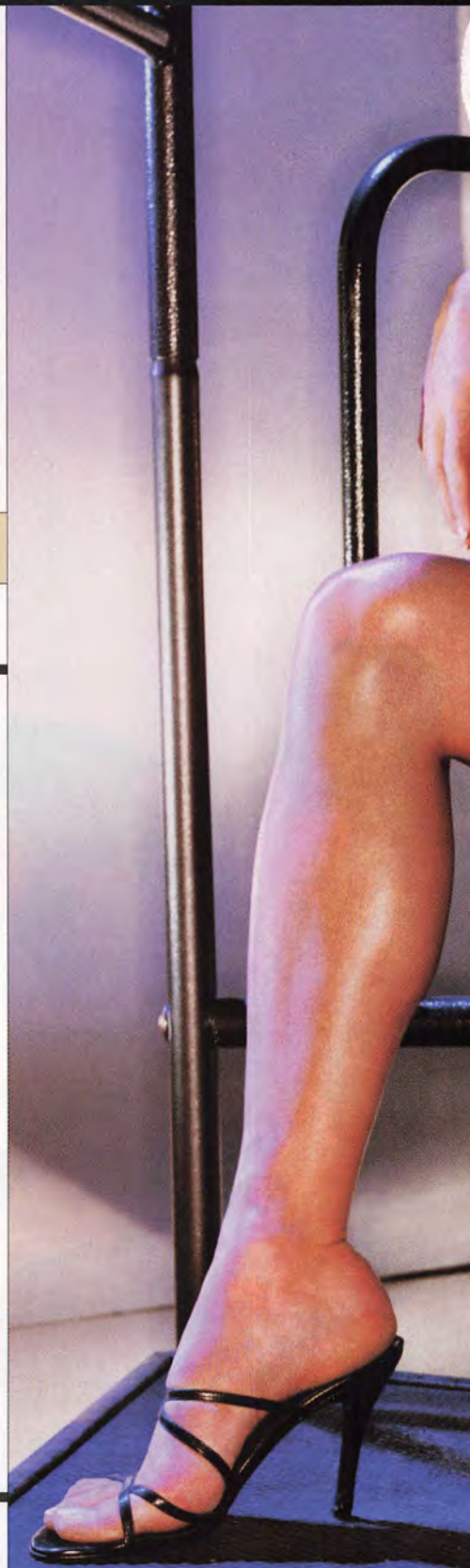
Every day, paramedics discharge the nation's defibrillators against the bloated bodies of husky Americans rocking to the beat of another cardiac arrest. Why get fit, the salad-dodgers argue, when technology can so easily rescue a life ravaged by carbo-loaded, Schlitz-soaked sloth? But Jessica York, the shapely advocate of hitting the outdoors and getting fit, doesn't buy *FHM's* life plan.

"I like a guy who takes care of himself," explains the hard body behind Resort Sports Network's *Outdoor Updates* and her own fitness DVD. "I've dated men I could run circles around. If I can kick their ass, it strains the relationship."

That's all well and good for the 26-year-old Portland, ME, beauty—she gets paid to breathe the fresh air. *Outdoor Updates*, which reaches millions via *CNN Headline News* and The Weather Channel, shows Jessica and a crew of fit cohorts delivering tips for the armchair adventurer.

"I get to ski at my 'office,' or I learn to ice climb," Jessica reveals. "Or I get buried in avalanches. For one piece, I was six feet under the snow while people were skiing over me. After 10 minutes, my

STYLING BY JOEY & T WITH FRED SEGAL BEAUTY: HAIR BY MICHAEL SILVA AT SUITE 303; MAKEUP BY SAGE MAITRI;
SET DESIGN BY JESSE FOR KABOOM; OPENING SPREAD: BODYSUIT BY DOLCE & GABBANA, SHOES BY STUART WEITZMAN;
INSET PHOTOS: (TOP AND BOTTOM) TOP BY H&M, BOTTOMS BY KEIKO; (MIDDLE) TOP BY LA PERLA







stank rose through the snow, and Sandy, the avalanche dog, rescued me."

A St. Bernard's barrel of booze may come in handy after taking on Jessica's *Body to Go* workout DVD. "Guys call it the gym class from hell," the über-buff instructor beams. "I like workouts that are like eighth-grade gym class, sprinting so hard you're puking." Good times. Jessica has omitted grapevines, mambos and any other awkwardly named exercises that might suggest sissiness from the workout. "It's geared toward men and

"Thank God for football Sundays," she affirms. "A great Sunday for me would be getting up, going for a run and then spending the rest of my day wearing sweats, watching football and eating nachos." Not the lackadaisical attitude you'd expect from such a determined woman. "In 20 years, I'll de-crown Jane Fonda," Jessica sternly interjects, "but Richard Simmons will always be the queen of fitness." (DS)

See more of Jessica at FHMUS.com

I like workouts like eighth-grade gym class, sprinting so hard you're puking



travelers," she insists. "There's no need for any equipment. People can lay off the Spectravision, play the DVD on their laptops and get a full-body workout."

Unlike a lonely traveling salesman, however, Jessica is picky about who she'll let turn her on. "I like a guy who knows what he wants. He's compassionate . . . and he can run a six-minute mile . . . and he puts the toilet seat down."

Before health and fitness fame, the bombshell spent time as "atmosphere" at the MTV Beach House during the Bill Bellamy hot-tub days and worked as an assistant at the *Baywatch* offices. Given her employment history and current profession, you'd think the sofa would be Jessica's mortal enemy. Incorrect!



THE SMOOTHER,
FILTERED

©2003 B&W T Co.

PALL MALL

FILTER

FAMOUS AMERICAN
CIGARETTES



"WHEREVER PARTICULAR
PEOPLE CONGREGATE"

KING SIZE BOX

PALL MALL

LIGHTS

FAMOUS AMERICAN
CIGARETTES



"WHEREVER PARTICULAR
PEOPLE CONGREGATE"

KING SIZE BOX

PALL MALL

LIGHTS MENTHOL

FAMOUS AMERICAN
CIGARETTES

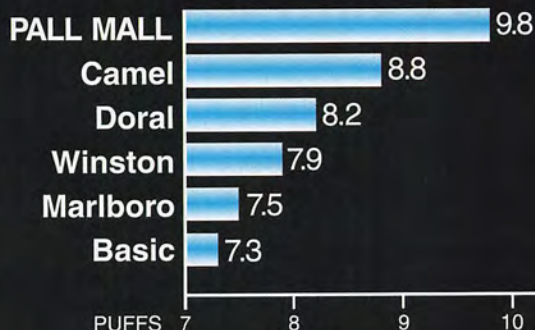


"WHEREVER PARTICULAR
PEOPLE CONGREGATE"

KING SIZE BOX

BURNS SLOWER
LASTS LONGER

Filtered PALL MALL gives you more
puffs than other major brands



Marlboro and Basic are registered trademarks of Philip Morris Incorporated.
Winston, Camel, and Doral are registered trademarks of RJ Reynolds Tobacco Company.

Lights Menthol Kings, 12 mg. "tar", 1.0 mg. nicotine; Lights Kings, 12 mg. "tar", 1.3 mg. nicotine; Filter Kings, 16 mg. "tar", 1.3 mg. nicotine av. per cigarette by FTC method. The amount of tar and nicotine you get from this product varies depending on how you smoke it. There is no such thing as a safe cigarette. For more information, visit www.bw.com

SURGEON GENERAL'S WARNING: Smoking Causes Lung Cancer, Heart Disease, Emphysema, And May Complicate Pregnancy.

Avg. Puffs Per Cigarette
Source: B&W Analytical Test Results (FTC Method)
Comparison of PALL MALL, Marlboro, Winston, Camel, Doral and Basic King Size Filter Box

COWBOYS

PRIMATE RODEO

Chim-Chim playing *Rawhide* on Lassie? That's entertainment!



Animals flocked to Tarzan's yodel

The Father, the Son and the Holy Ghost signify salvation to some. Bacon, processed cheese and mayonnaise mean heaven to the hungover. But a monkey on a dog that herds sheep equals big fun for everybody. Thank Ponotoc, MS, world-champion rodeo entertainer Tim "Wild Thang" Leopard, who, in his signature act, saddles three costumed monkeys on Border collies and sends them out to corral a half-dozen longhorn sheep.

"The dog is the brains; the monkey just hangs on," Wild Thang reveals. "If the dog

The Bible had overhyped the Horsemen of the Apocalypse

I could spit fire, but when them monkeys come out, people are impressed



"Quickly! To the Chiquita plantation!"

goes too fast, the monkey will pull or bite on its ears, but that's about it. We chain the monkey to the dog's collar. If your neck is chained to the back of a pickup, you're not jumping off."

Rocking his primate cowboys across the country in a 40-foot air-conditioned trailer, Thang puts on more than 100 shows per year. "I feel the people's energy in the arena," he beams. "I could swallow



Cowboys have strange dreams

a bucket of diesel fuel and spit fire for a month, but when them monkeys and dogs come out, people are far more impressed."

More folks would have received Thang's gospel of monkey mayhem, too, if certain TV types had kept their word. "We had the chance to go on Jay Leno last year. We drove out, but they bumped us. They tried to reschedule, but I'm not going back. I'm a David Letterman man. Leno paid me \$7,000, but I'd drive to New York and do Letterman for free. He's a natural." (SB)

www.wildthangfitness.com

Scientists analyzed the risks of getting Madden airborne



AERONAUTICS

GOD'S OWN PLANE

The world's biggest bird taunts oceans

Small aircraft are great for killing rock stars, but they're useless when it comes to transporting tanks. That's why Boeing is developing the Pelican ULTRA—the biggest plane ever. Able to carry 15,000 troops at a

time, the Pelican has a wingspan of 500 feet, which is more than double that of a 747.

Most impressively, the Pelican will fly a mere 20 feet above the sea, an aerodynamic tactic that cuts drag in half. Given the

laughably small margin for error, pilots will pray that an onboard computer keeps the Pelican from accidentally plowing into the sea.

"Flying into a wave is less demanding on the aircraft than flying

into a mountain," assures John Skorupa of Boeing's mysterious-sounding Phantom Works research division. "If a rogue wave appeared, we would have an excellent chance of survival." (SB)

FAST FACT



The weight of a carat, the unit of measurement for gemstones, is based on the weight of the carob seed

NECKWEAR

TIE-O-PLenty

The string tie is forced one step closer to obsolescence

If you rely on Texaco for last-minute gifts this Father's Day, your old man will have to settle for a bag of Andy Capp's Hot Fries. You're much better off getting him the Tactical Tie.

More than neckwear, it offers a holder for sunglasses, an ID window and a cozy home for the Schlitz can that Pop is always nursing. It's a gift that says "I love you" without forcing you to actually say those words. That



Pilots: Thirsty

way you can avoid having Dad lock you in the closet for being a girl just like he did when you were 12. (SB)

\$20; www.actiongear.com



SERIOUS CONSEQUENCES: Applying new Gillette Series Power Caps with breakthrough odor-fighting capsules can cause dangerous overconfidence with the opposite sex. If sudden success with females causes swelling of the head, see physician immediately. If head is too swollen to fit in car door, call for an emergency vehicle with those double doors that swing open pretty darn wide. If that doesn't work, try a cold shower.

YOU CAN'T BE A DISC JOCKEY, SO BE A...

RADIO MONITOR

Jesse Heckman, 29, names that tune so Phil Collins can get his filthy money

PUMPKIN SHAPED LIKE RANDY JOHNSON'S HEAD. ONE OF A KIND. SERIOUS BIDS ONLY.

WANTED!

Musical Rain Men

GET PAID TO LISTEN TO THE RADIO!

Radio monitors identify what's played on the nation's radio stations so the songwriters get paid. We seek people with an encyclopedic knowledge of all musical styles and the ability to hear a tune and identify the melody on the spot. After passing our rigorous tests, you can look forward to hearing Cher's "Believe" at least once a week. And too much Celine Dion. Eccentricity a must. Bring own ears.

LEFT FOOT SIZE 10.
RIGHT FOOT SIZE 12.
SEEKS OPPOSITE FOR LONG-TERM SHOE-EXCHANGING RELATIONSHIP

Punching the clock

"We spend the day listening to tapes of radio shows from all over the country. I log what's played—including songs used in commercials—to pay composers. Once you identify one song, you fast-forward to the next. In a good hour, I'll identify 50 to 60 songs. My specialty is smooth jazz."



"Yes, Ms. O'Donnell, the special comes with cinnamon sticks"

Company database

"If I don't know the tune and it's not announced by the DJ, I can use the solfeggio card file. It's a file of index cards containing melodies based on the solfeggio scale—do, re, mi, like from *The Sound of Music*. I can hear a piece of music in any key and work out the alphabetical key

assigned to the notes. For example, 'Twinkle, Twinkle' is do, do, so, so, la, la, so. The card file is organized by the scale: Do, re, mi comes before do, mi, re."

Job screening

"You do a song-recognition test before you start. They play 40 songs—classical, jazz, pop—and you have to name them. I picked 35 of the 40."

External revenue

"Many of us moonlight as musicians. I play saxophone. I mainly do weddings and corporate functions—they pay the most. But I also play originals. My style is contemporary jazz: It's smooth, but it's not Kenny G."

Whistle while you work

"To the unsuspecting, listening to the radio all day is a dream job. But we've had people who lasted only three weeks. Radio Disney plays a lot of Jessica Simpson and Christina Aguilera—that's a bad tape to get. In the beginning, I was about to kill myself. But I enjoy it. I treat it like it's a game. There's always an annoying pop song in my head. And the only way to get rid of one bad pop song is to replace it with another." (SB)

MY EXCELLENT OFFICE

Brag shamelessly about your workplace, and win a two-week vacation away from it

THIS MONTH'S CONTENDER

Company: **Danville Braves Baseball**
Address: Legion Field, 302 River Park Drive, Danville, VA
Employee: David Cross
Age: 33
Job: General manager

Back to basics

"We're a Minor League team in the Atlanta Braves organization. Our front office is two small rooms on the field level, under the bleachers, behind home plate. There are

concession stands on each side, so during the games, it can smell like hotdogs and hamburgers."

Ball hitting

"I've stepped out into the batting cage to face some of our pitchers,

and there was no way I could get a hit off them. And I know they tone it down for me. It gives you an appreciation for what the great hitters can do."

Late nights

"We played a doubleheader, and the second game went 17 innings. It ended at three in the

morning. There were only 10 people left in the ballpark. It took some guy in the press box stomping on a mayo packet to lighten up the mood."

Multi-tasking

"With only two full-time staff members here, you have to wear lots of different hats. You name it, and I've done it: ticketing, working the concession

stand, doing programs, cleaning the stadium, laying the tarp on the field and, as you can see by this photo, meeting Cooter from *The Dukes of Hazzard*."

THE RULES

If your workplace rocks, send pictures to My Excellent Office, *FHM*, 110 Fifth Ave., New York, NY 10011. At year's end, one entrant will win a deluxe Mediterranean vacation for two from Contiki Holidays (www.contiki.com). See page 154 for official rules.



ACQUA DI GIÒ

FOR MEN

GIORGIO ARMANI

MACY'S





Lift here
to discover
Acqua di Giò
for Men

GIORGIO ARMANI

GLORY

TOP MOP

Hair like a stray dog wins one reader a bed crying out for satin

Einstein had bed head," notes 28-year-old West Hollywood, CA, straggle-top Rayder Woods, winner of *FHM*'s inaugural I Got Bed Head contest [March 2003]. His prize? A gloriously round Pimpit Deluxxx bed, which he won by demonstrating the nation's most atrocious morning hair. For more winning home furnishings, visit www.pimpit.com; to check out Rayder's worst-coiffed competition, look right.



Sharon Ortiz, large portobello

FHM
BED HEAD
WINNER



THE RUNNERS-UP...



Bobby Spangenberg
Baltimore, MD
The verdict Captain Caveman's spirit lives on!



Michael Darrow
Athens, GA
The verdict More bouffant than Liberace at his prime. Bravo!



Courtenay Long
Melrose Park, PA
The verdict Is that Clay Aiken from *American Idol*? Or a bongo player?



John Aebersold
Brandenburg, KY
The verdict Like Fonzie. Only fat. And with bed head. Born for it!

INVENTOR'S PLAYPEN

FHM hunts down the most earth-altering prototypes

The Sweet-heartguard

Invented by Wayne Wong, West Jordan, UT
The nagging problem The crushing of women by their overweight partners. "The Sweetheart-guard is designed

for the purpose of minimizing the weight of a man over his spouse when they're having relations," Wong explains. "My wife kept complaining that her breasts were sore."
The ingenious solution A handy

workbench to take the weight. "The man leans his chest on the platform. The width and the height are both adjustable. It's designed to hold up to 600 pounds," Wong beams. "I built a wooden model for

my wife and me. We use it every night, if we have relations."
The glorious result "You don't get complaints from the ladies. The Sweetheartguard could be sold in Kmart or in furniture stores. I don't think that it's vulgar. I have overweight friends, and I'll give them one each for Christmas." (SB)

If you're ready to dole out millions for the rights to manufacture The Sweetheartguard, visit www.isc-online.com.



AVIATION

FRIENDLY SKIES

Stewardesses shed their drab polyester uniforms

Airport security makes you take off your shoes, but that's fine when your stewardess kicks off in-flight service by taking off her pants. Welcome to Ecstasy Air. The chartered airline offers an open bar, lap dances and exotic

massage. "Other flight attendants are so stuffy," spokesman Steve Scott says. These ones wear thongs. Stripper-stewardesses don't come cheap: A Los Angeles to Las Vegas run costs \$12,000 to \$25,000, "depending on what you want."

"We don't sell sex and we don't do drugs," Scott clarifies. And the hostesses enforce all FAA regulations. Accordingly, all strippers must be returned to their upright position before landing. (KS)
www.ecstasy.com

FHM HOMETOWN HONEY

Driving into Newington, CT, the first thing you see are strip clubs," reveals 22-year-old Margaret Adamcewicz by way of an introduction to her New England hamlet. "They're closer to this town called Berlin, just south of us," she clarifies, "but they're gross. They have big neon signs with naked girls on them and cheap Russian chicks working inside."

Indeed, the number of strip clubs ("five of them") and the number of old folks ("a lot") living in such close proximity might give people the wrong idea about



Margaret's hometown. She insists, however, that good times in Newington are nothing but clean fun. And here's where to find them.

FootPrints Shoes

"It's this incredibly large store with more than 120,000 pairs of shoes. I'm a picky shopper, though, so I usually don't go into those kinds of places."

Hartford Drive-in

"They closed it down a year ago, but they're supposed to open it again. It didn't have special chili dogs or

anything; it was just a fun drive-in theater. You pay per car, so you don't have to draw straws to see who has to hide in the trunk."

Ruth's Chris Steak House

"My friends and I hang out here. They have a bread pudding with whiskey sauce and a crème brûlée that are my favorites. It's a great place for a romantic date."

Laser Quest

"Whenever we're bored, my friends and I play laser tag. It's really physical. When we're done, we're soaking wet and tired, but I always win. It's a good place to pick up guys. If I saw a really good-looking one, I'd shoot him more." (PC)

NEWINGTON, CT



Ladies! Do you want to share your burg with the world? Send a letter (with snapshots) to Hometown Honey, FHM, 110 Fifth Ave., New York, NY 10011.



PHOTOGRAPH BY ERIC CAHAN; STYLING BY JOEY & T WITH FRED SEGAL BEAUTY; HAIR BY SUZETTE BOOZER/ARTISTBYTIMOTHYPRIANO.COM; MAKEUP BY GITA BASS FOR NARS; BRA BY VICTORIA'S SECRET; BOTTOMS BY ROBERTO CAVALLI; SHOES BY CHARLES DAVID

IGNITE YOUR SENSES WITH THE PUREST VIEWING EXPERIENCE!

THE MOVIES YOU LOVE... BETTER THAN EVER!



Highest Picture and Sound Quality Available!

Encoded at approximately double the standard bit rate for better picture resolution

DTS and Dolby Digital 5.1 Sound

Use your existing home theater equipment to its optimal capacity

"Spectacular"— *The Wall Street Journal*



Plays on all DVD players with no additional equipment.

SUPERBIT™

OWN THEM ON DVD!

www.superbitdvd.com



for your entertainment
music • movies • games • more



©2003 Layout and Design Columbia TriStar Home Entertainment. All Rights Reserved.
Superbit™ is a trademark of Columbia TriStar Home Entertainment. All Rights Reserved.

© 1995 Columbia Pictures Industries Inc. All Rights Reserved.
© 1997 Columbia Pictures Industries Inc. All Rights Reserved.
© 2002 Columbia Pictures Industries Inc. All Rights Reserved.
Motion Picture © 2002 Revolution Studios Distribution Company, LLC. All Rights Reserved.
For Further Ratings Information go to www.filmratings.com

PYTHONS

'CHECK OUT MY GUNS!'

Gregg Valentino's monster biceps are four inches bigger than the average adult male's head

According to Ripley's *Believe It or Not*, you have the world's biggest biceps.

What are you overcompensating for?

I have a pretty big dick, actually, but I have a Napoleon complex. I'm 5-foot-6 on a good day. I couldn't grow taller, so I decided to grow wider.

You had 21-inch biceps naturally.

Then steroids helped you get to an outrageous 27 inches. Any ghoulish steroid happenings?

I broke a blood vessel.

Remember *Total Recall* with Arnold Schwarzenegger:

"Quaaaiiiiiiiiiid!"? I had that alien thing growing out of my arm. They had to fillet my bicep from armpit to elbow to get it out. Within a week I was doing curls and shit, I didn't care. I was oozing blood.



"No, officer, I have not seen two small children"



"Damn straight I'll supersize that!"

Did your penis shrink from huge to big?

That's a myth. But for some guys, you can say the word "steroids" and their nipples start growing.

Ever stomp anyone for not respecting your guns?

Twisted Sister was playing back in the '80s, and Dee Snider kept sticking this lollipop in my girl's mouth, like she was a groupie.

Next thing, I found her in the back with the bass player. I freaked out.

I kicked the bassist in the chest. Then Dee Snider jumped on me,

and I started blasting him in the face, grabbing his hair. Before I knew it, I had 30 bouncers beating the shit out of me. And my girl stayed there and I went home alone.

Are you part of a great American tradition of hugeness: John Holmes, Dolly Parton and now Gregg Valentino?

Hell yeah. I'm proud I accomplished something. My arms may look retarded, but at least I've got the most retarded arms in the world. (MB)

www.bicepmania.net

BURNING QUESTIONS

Why do we call drinking alcohol when hungover "the hair of the dog"?

Steve O'Connor, Evanston, IL

In medieval times, the accepted cure for a dog-bite wound involved binding hair of the offending dog to the oozing injury. Then the filthy simpletons died of rabies while their loved ones blamed a vengeful and merciless God. But the phrase stuck, and today we use "hair of the dog" to describe a remedy



based on that which originally caused you pain, such as attempting to drink your way out of a bottomless black hole of a hangover. Like plastering dog hair to your leg, a warm tumbler of Jägermeister the morning after a night on the tiles can have hideous repercussions.

Is there a difference between a moron, an idiot and an imbecile?

Rick Dennis, San Jose, CA

Yes, says the American Psychological Association. The terms were differentiated in 1910 when the former Association for the Study of the Feeble-Minded used them to describe different mental

capabilities. An idiot had a mental age of younger than 3 and an IQ under 25; an imbecile had a mental age of 7 to 8 years and an IQ of 25 to 50; the moron sported an IQ of 50 to 69. The terms are no longer used this way. Today, they are heard when lowly workers put letterhead in tray three.



Why don't elevators have music anymore?

Liam Freeley, St. Louis, MO

According to Joseph Lanza, author of *Elevator Music: A Surreal History of Muzak*, light forms of music were first used in elevators to calm terrified passengers. But as people became used to these mechanical wonders, the high cost of producing elevator music—often recorded with full orchestras—as well as changing



musical tastes signaled the genre's death knell. Background music, however, is still a big business. Today, industry heavyweight Muzak wafts its dulcet riffs into the ears of 100 million people every day, and last year's revenues were approximately \$217 million. (MC)

CURE MY STUPIDITY

Are you so baffled by a tick of society or a phenomena of nature that pondering it has completely consumed your tiny brain? Send your inquiry to **Burning Questions**, *FHM*, 110 Fifth Ave., New York, NY 10011. If your question sees print, you'll make a quick \$50.



Phat Farm® Footwear Introduces The Hampton.

The second installment of the
Phat® Classic sneaker collection.



PHAT FARM® PHAT® (P)® AND CLASSIC AMERICAN FLAVA® ARE REGISTERED TRADEMARKS OF PHAT FASHIONS, LLC. © 2003 PHAT FASHIONS, LLC.

PHATFARM.COM FLAGSHIP STORE 129 PRINCE STREET NYC JOURNEYS FINISH LINE UNDERGROUND STATION



STALLIONS

GIGOLOS OF GALLOP

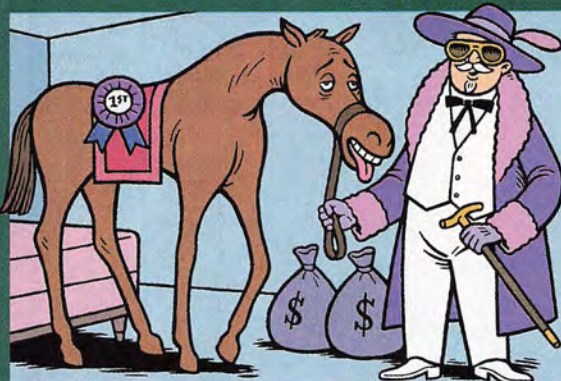
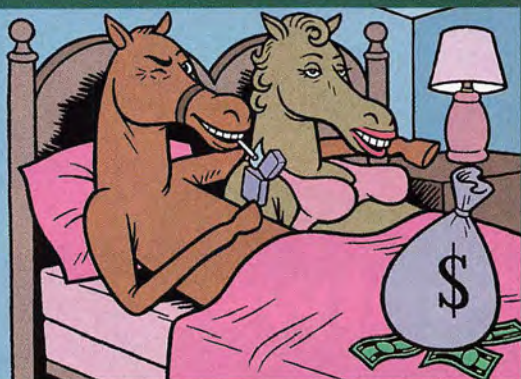
There's only one way to celebrate winning the Kentucky Derby: sex for cash

**Step 1: Work that wreath**

The year he started breeding, 2000's Derby winner Fusaichi Pegasus earned \$150,000—every time he had sex. And a stallion can mate more than 100 times each year. Continuing to race not only risks injury to a horse, but also the possibility of tarnishing its reputation as a champion. Fake an injury and retire it to a breeding stable to enjoy the life of an equine gigolo.

Step 2: Prepare for chaffage

February to June is the breeding season, and a champ will mount up two or three times a day. Luckily, they don't need to worry about foreplay. A teaser horse is brought in first to get the mare hot, then the champ slips in at the last second to seal the deal. It's all for his protection: At thousands per squirt, you don't want some floozy kicking the golden cojones.

**Step 3: Coast on your kids**

The better a stallion's offspring perform, the more he can charge for his services. Storm Cat, the horse with the highest current stud fee, never won a Triple Crown race, but he's sired several champions. His stud fee: \$500,000. In the early '80s, Triple Crown winner Seattle Slew was charging up to \$950,000 per loving dollop.

Step 4: Die

Sadly, it happens to every living thing. An owner looking to squeeze the last dime out of his horse might sell it for meat—a 1,000-pound pony will net him \$600. But a champ usually gets a classier end. After the horse passes away, the owner severs its head and buries it. The legends, like Secretariat, even get their whole body buried. That requires a much bigger hole. (AW)



CANS

'LET'S RACE, GRANDMA!'

Inventor brings rocking-horse fun to the bathroom

Toilet time is fun time. That's why men spend almost 90 hours a year on the can. That time is now more fun than ever thanks to Perry Dixon: He's made a rocking-horse toilet. The super-toilet sports a moving bowl that stays where it needs to when you rock, a saddle horn flusher and stirrup foot pegs. "Having your knees above the waist when you

go is beneficial to your lower gastrointestinal tract," Dixon notes. The world, however, isn't listening: "I haven't had any serious buyers yet," he admits. "If you're wearing pants, you have to remove them before you mount it." But since when have pants stood in the way of progress? (PM)

\$2,500; www.elsewhere.to



"Mr. Jagger, your private toilet is ready"

HORSE SENSE

There's more to thoroughbred champs than steamy stud poker

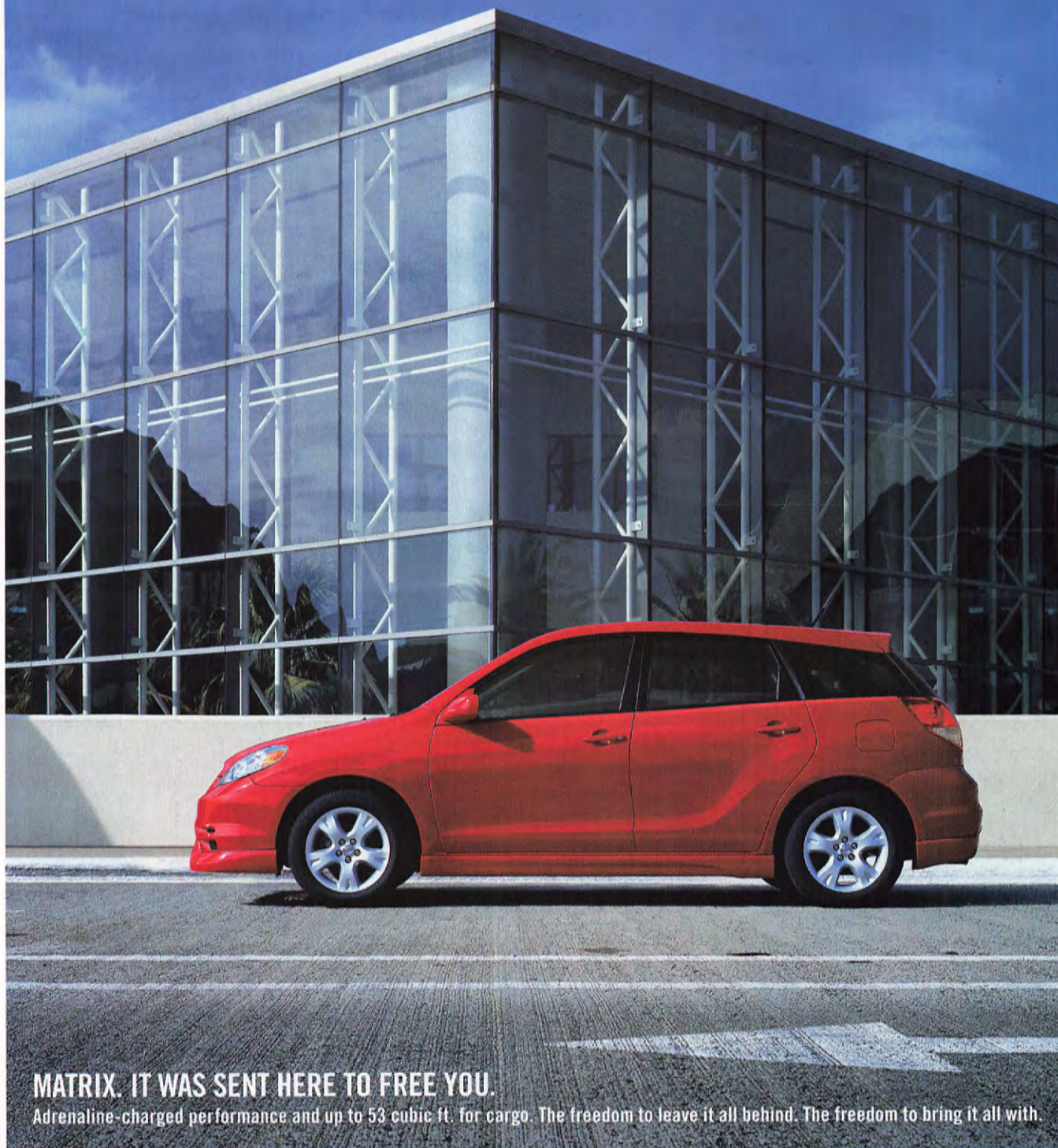
\$123,233,111 The amount bet on 2002's Kentucky Derby Day races

9,531 The number of first-place finishes to date in the career of the most winning jockey ever, Laffit Pincay Jr.

56 The most consecutive wins by a horse, Puerto Rico-born Camarero, between April 1953 and August 1955

9 The most winning rides by a jockey in one day. On October 31, 1987, Chris Antley rode four winners at New York's Aqueduct track, and five more later that evening at the Meadowlands in New Jersey

RISE UP AND FLEE YOUR CUBICLE.



MATRIX. IT WAS SENT HERE TO FREE YOU.

Adrenaline-charged performance and up to 53 cubic ft. for cargo. The freedom to leave it all behind. The freedom to bring it all with.

GET THE FEELING

 **TOYOTA**

HEY! DAVID MARION ...

IT'S YOUR EX-GIRLFRIEND!

Done putting up with her lump of a man, Daniela is now looking for some serious action

There are people in hospitals who'd kill for a new heart," says 23-year-old Union, NJ, beauty Daniela Donnici. "And I was with this healthy guy who had no visible signs of life. David was a blob. I want to *live*, dammit!" Before you staple your heart to your sleeve, here's how to win Daniela's heart ... along with the rest of her.

Sell your sofa

"I get bored easily. I need a spontaneous man—and picking up the new *Grand Theft Auto* on the way home doesn't count. Take me out to a bar, take me to the opera, I don't care. Just get off your ass."

Represent to full effect

"David was so insecure. A waiter would take two minutes to serve him, and he'd be like, 'Am I wearing the wrong shirt? Do I belong here? Let's go to T.G.I. Friday's.' I want a guy who's confident enough to not eat at Olive Garden for the rest of his life."

Dress with the lights on

"You know a man's got it when he wears a suit well and also looks hot in jeans and a T-shirt. David looked bad in sweats and bad in Giants Zubaz pants. And that's all he ever wore."

Head south

"Whatever happens in the bedroom has to be done out of pleasure. You get some guys who treat doing it like a chore. Well, not *it*, but the stuff *before* it. If you don't like that, then you're not for me." (SB)

Whatever happens in the bedroom has to be done out of pleasure

THE EX-BOYFRIEND



Name: David Marion
Age: 24
Nickname: Mark Spitz
Don't mention: "He loves the Speedo. Even though he looks like he is smuggling canaries."

Ladies! Do you have a boyfriend or an ex, a dad, a brother or perhaps a pool boy you'd like to shame? Send a letter (with snapshots) to *It's Your, FHM*, 110 Fifth Ave., New York, NY 10011.



SMIRNOFF®
TWISTED COLA
1.5 oz Vanilla Twist
4 oz Cola
Garnish with Lime
www.smirnoff.com



TRY SOMETHING **TWISTED**

and do it responsibly

©2008 Imported by Smirnoff Spirits, LLC, Danbury, CT. Vodka distilled from grain with natural vanilla flavor. 40% Alc. by Vol. (80 Proof)

EXPERT ADVICE

ASK JENNA & ISAAC

She's an award-winning actress.
He's matchmaker of the high seas.
Together, they'll fix your dismal life



Q I hate cats. My girlfriend loves them. I tolerate the animals in the house, but when they're in the room when we have sex, I feel as if I'm being watched by fluffy demons. How can I end this?
Feline's Mortal Enemy, Verona, NJ

A Jenna I have two words for you: "rat" and "poison." You need to lay down the law when you're laying down the pipe. Tell her firmly: "No cats in the bedroom. Period!" Do it during sex and be a little rough with her—in a sexy, fun way. If she's into it, make her reply, "I will never have the cats in here again." And make her keep her word with a satisfactorily hard session.

Isaac Buy a dog. At the very least, it will distract the cats so they don't watch you. And be clear on this: The cats are watching you. Animals watch because they're looking for pointers. I know this because back in my younger days, I did a girl while her dog was around, and I'll be damned if I didn't see that dog a month later using the same technique. And I'm not talking doggy-style—he had her legs up on her shoulders as he was going to town.

Q I've met a hot girl and the sex is great. No, was great. Problem is, I realized she looks like my mom, and now I can't get it up.
Mommy's Little Boy, Frederick, MD

A Jenna That's a weak excuse. Who cares if she reminds you of your

mom? She's not. Focus on your girl. If that fails, put a picture of Mom up in the bathroom. Every time you're in the shower soaping up your rhythm stick, glance over at the photo and train yourself to ignore her piercing eyes.

Isaac Take your girlfriend to the mall and get her one of those makeovers. Have her change her hairstyle or maybe even buy a wig. If all that doesn't work, make love to her with the lights out while thinking of your last girlfriend.

Q My girlfriend cries when she comes. As soon as the waterworks start, it makes finishing the job all but impossible for me. How can I stem this tide of tears?
Love Plumber, Camden, NJ

A Jenna There are three ways to look at it: One, she loves you so much that emotions overwhelm her; two, she's deeply scarred; or, three, you're bad in bed. I'm assuming it's reason one. Let that empower you. Get her to the brink, keep her there until you are ready and then go into overdrive and let the tears flow!

Isaac You want a crier. Some women are disconnected when they're making love, but this girl is the opposite. It's something to revel in, not discourage. If it bothers you, turn her over and do her from behind so you can't see her blubbing. Or give her my number. I haven't had a girl like that in a long time.



ARE YOU DIDDLED BY LOVE?

If a relationship problem is poisoning your already-wretched personal life, seek advice from the experts at Ask Jenna & Isaac, *FHM*, 110 Fifth Ave., New York, NY 10011.

POLL

100 WOMEN CAN'T BE WRONG

Like a lone fat man at the back of an otherwise all-girl aerobics class, *FHM* finds out what makes 100 exercising women sweat...

100 - 81	97%	Claim they can bench press their own body weight
	96%	Agree sex is the best way to get sweaty
	86%	Can do 10 proper man pushups
	85%	Admit to doing TaeBo
	83%	Think it's poor form to blow ass during a yoga class
80 - 61	81%	Say eating pizza beats working out
	72%	Go to the gym at least once a week
	69%	Think women bodybuilders are freaks
	68%	Would rather date a pencil-necked nerd than a bodybuilder
	66%	Admit to checking out other women's bodies in the locker room
60 - 41	65%	Can run a mile without wheezing like an emphysemic geriatric
	64%	Don't think buff guys are better in bed
	59%	Think a hard man is good to find
	57%	Have no problem showering with other women at the gym
	56%	Think love handles are cute
40 - 21	54%	Have dated a guy they knew used steroids
	53%	Take the stairs when they can
	52%	Are on a diet right now
	50%	Have slept with a guy sporting a Calvin Klein-poster-like six-pack
	46%	Feel horny after working out
20 - 0	43%	Describe their gym membership as an annual waste of money
	39%	Have had a crush on their personal trainer
	35%	Once purchased a ridiculous piece of exercise equipment after seeing it in an infomercial
	26%	Have gone on a date with a guy they met at the gym
	24%	Include vagina-firming Kegel exercises as part of their workout
	17%	Would date a before-photo Al Roker-size fat man
	11%	Date only guys who work out
	8%	Caught athlete's foot from a gym shower
	5%	Can wrap their legs around their head
	2%	Think bodybuilders are hot

WARNING:

THIS PRODUCT
MAY CAUSE GUM
DISEASE AND
TOOTH LOSS

**"The three priorities in my life
are my horse, my rope and my Copenhagen.[®]
But not necessarily in that order."**

**- Ty Murray,
Retired 7-Time World Champion
All-Around Cowboy**

The bold taste of Copenhagen. As authentic
as the people who enjoy it. Whether it's Fine Cut,
Long Cut or Pouches, Fresh Cope[®] satisfies.



®Trademark of U.S. Smokeless Tobacco Co., or an affiliate. ©2003 U.S. Smokeless Tobacco Co.

U.S. Smokeless
TOBACCO CO.

THE WHOLE STORY

DEEP FREEZE

Because ice does more than make your margaritas slushy

Killed by death!

Done Everest? Go climb a glacier. This intrepid type is traversing a crevasse on the Ingraham Glacier in Washington state's Mt. Rainier National Park. What's the worst that can happen? Plummeting 7,000 feet to icy doom. The mountain has notched 78 known climbing deaths.

Nature's cryogenic chamber

In 1999, snowboarder William Tres Tietjen blundered over a waterfall at Mt. Rainier and crash-landed 4,000 feet below. His frozen body wasn't found for two years. But that's nothing compared to the estimated 5,300 years the Iceman of Ötztal spent in a glacier on the Italian-Austrian border until he was discovered in 1991. Some think the world's oldest frozen mummy was murdered, because an arrowhead was found under his left shoulder. Others claim he was sacrificed.

The cold, hard facts

Glaciers aren't always the bad guy. They store 75 percent of the world's fresh water. In Washington, they provide 470 billion gallons of water each summer. Ten percent of earth's land area is covered with glaciers, which means that if they melted, sea levels would rise 230 feet worldwide.

Cold chillin'

Ever wonder where Ice-T and Ice Cube got their names? It was to pay homage to old-school Chicago pimp-cum-writer Iceberg Slim, who correctly believed that excess begets success. "Be spectacular and transcendental," he said. "Otherwise you ain't gonna get no whole lot of bread."

The finishing touch

The top pimps drip with icy diamonds and platinum jewels. And Jacob the Jeweler, the music world's master of excessive decoration, is their man. Michael Jackson commissioned the 30-something New York jeweler to fashion a bejeweled breast plate of his family crest at a cost of more than \$2 million. It's that kind of spending that has the gloved loon teetering on the edge of a financial abyss. Jackson is allegedly nearly \$240 million in debt. (JM)

Cable
repairmen
had it tough
in Greenland

Go Behind the Front Lines.

Experience the Power of *Windtalkers* on a 3-Disc Director's Edition DVD.



"John Woo's *Windtalkers* retrieves a forgotten piece of World War II history."

- *Movieline*



Includes Director's Cut With Over 20 Minutes of Never-Before-Seen Footage.

METRO-GOLDWYN-MAYER PICTURES PRESENTS A LION ROCK PRODUCTION A JOHN WOO FILM NICOLAS CAGE "WINDTALKERS" ADAM BEACH PETER STORMARE NOAH EMMERICH MARK BUFFALO
BRIAN VAN HOLT ROGER WILLIE FRANCES O'CONNOR AND CHRISTIAN SLATER MUSIC BY JAMES HORNOR COSTUME DESIGNER CAROLINE MACAULAY ARTIST ARTHUR ANDERSON
EDITED BY STEVEN KEMPER AND TOM ROLF, A.C.E. EXECUTIVE PRODUCERS HOLGER GROSS PRODUCED BY JEFFREY KIMBALL, ASC DIRECTED BY JOHN J. SMITH RICHARD STENTA EXECUTIVE PRODUCER C.O. ERICKSON
PRODUCED BY JOHN WOO TERENCE CHANG TRACIE GRAHAM ALISON ROSENZWEIG WRITTEN BY JOHN RICE, JOE BATTEEN DIRECTED BY JOHN WOO

R RESTRICTED

FOR PERVERSIVE GRAPHIC WAR VIOLENCE AND LANGUAGE
SPECIAL FEATURES CONTAIN UNRATED MATERIAL

DOLBY
DIGITAL

CC

MANAYSON

Soundtrack Available on **RCA VICTOR**



"Dolby" and the Double-D symbol are trademarks of Dolby Laboratories Licensing Corporation.
WINDTALKERS © 2002 Metro-Goldwyn-Mayer Pictures Inc. All Rights Reserved. Design © 2003 MGM Home Entertainment LLC.
All Rights Reserved. Distributed by MGM Home Entertainment LLC, 2500 Broadway, Santa Monica, CA 90404-3061.

www.mgm.com/windtalkers



WORD

POETIC JUSTICE

Judge rules in rhyme, but verdicts in couplets may be the real crime

There are now officially three kinds of poets. Adding to absinthe-soaked Frenchmen and lesbians in purple velvet who smell

like birdseed are middle-aged judges with a jones for rhyming couplets. Supreme Court of Pennsylvania Judge J. Michael Eakin, 54, has been dispensing the law lyrically for five years. Delivering on a recent case involving a woman who claims she was lied to about her engagement ring, the good justice opined: "A groom must expect matrimonial pandemonium/When his spouse finds he's given her a cubic zirconium/Instead of a diamond in her

engagement band/The one he said was worth 21 grand."

With five poetic judgments to his name, Justice Eakin is letting the dust settle after the ring-related rhyme. "The chief justice thought [it] diminished the court," Eakin explains. "But if I can express the legal principles so you don't have to be an attorney to understand it, I'm not sure that's bad." One lawyer on the losing end of another rhyming decision agreed: He filed a petition to reargue in limerick form.

What of a future in rap, Justice Eakin? "I wrote a rap for a DA's conference. We called it 'Funky Cold Subpoena.'" (SB)



FAST FACT

The average adult male shaves off one pound of beard every year



SHOWERS

WATER SPORTS

Orb revitalizes group urination

Unless you're a woman or a lazy swimmer, toileting is a solo affair. No more. With Peeball, friends and family can enjoy wielding the yellow sword together. Peeball is a biodegradable Ping-Pong-ball-size sphere that dissolves when pissed on. Race your friends: Like sex, the first to finish wins!

Peeball is being used by the National Prostate Cancer Coalition to raise awareness for men's health. And artistic expression.



Nerf expanded its product line

"I like the Inverted Starfish," offers the coalition's Jamie Bearse. "It's where you do a handstand while Peeballing." During testing, *FHM* found that seated players hold an advantage. Keep this in mind during mixed-doubles play. (KA)

\$1; www.peeball.com



Kitty hairballed the Cheeto

WHO THE HELL ARE YOU?



Letterman's dad ruins snap

"We were on a camping trip in Grand Bend, Canada," writes Jeff Roeschke of

Shelby Township, MI. "We went to a bar and snapped a group photo. When I got the film developed, I discovered that a

toothless old man had crashed our party. David Letterman's Dad Look-alike, who the hell are you?" Look on the bright

side, Jeff: You went to Canada and didn't get eaten by a moose. Or a Canadian.

T-shirt spells the truth

"My friends

Michele and Beth started getting nasty at a club, bumping and grinding in a way that made my mouth water," writes Kip Smith of Mooresville,

NC. "And I wasn't the only one who noticed: Check out this baffled bystander. Who the hell are you, Ogling Mystery Man?" Give the guy a break, Kip:

He's just a parched man whose bar access is being blocked by two meddlesome lesbians.

Readers! Has a thoughtless intruder ruined your Kodak moment? Send it to *FHM*, and a fellow reader may be able to identify the goon. Then check out the archive of photo infiltrators at FHMUS.com



Curve

SEE WHERE
IT TAKES YOU



©2003 Liz Claiborne Cosmetics, Inc.

MACY'S ROBINSONS-MAY FOLEY'S
BURDINES RICH'S LAZARUS GOLDSMITH'S

CAKE WORLD

FHM scours the globe to bring you bizarre tales, including one that truly takes the cake

AND THE WINNER IS... THAILAND



The chicken dance rocked Bangkok High's prom

Breast owners work it

Thailand's Public Health Ministry has launched communal breast exercise sessions to add bounce to

the nation's cup size. The rack-enhancing dance workouts are intended to combat feelings of insecurity that some Thai women

feel when they compare their breasts to the heaving udders of Western ladies. A dance team led the inaugural juggling session to

discourage women from resorting to cosmetic surgery. Presiding medico Dr. Pennapha Subcharoen noted, "Many

women are unaware that an appropriate size of bra and regularly taking bosom-firming dance can make their wish come true."

drivers into slowing down. Police hope that by propping their cunning and cost-effective fake cruisers on the sides of highways, the nation's many aging Trabants, tractors and horse-drawn carts will slow to a more manageable speed and slash road fatalities.

GREAT BRITAIN

Kayak becomes supertanker

Oil-tanker experts have decided the best way to learn about seamanship is to float around a Southampton lake hunched in a tiny toy boat. The scale model of a 750-foot supertanker cost \$160,000 to make and is said to exactly replicate the operating conditions of a real ocean tanker. Except it's on a lake. And its captain is a giant. Who sits in it like it's a canoe. But other than that, operations are just like those of a real oil tanker.



"No! I'm the Captain; you're Tennille"

GERMANY

Genius priest oscillates brew for kids

"Jesus didn't say, 'Take this chamomile tea.' He offered wine," bellows the world's best priest, Duisburg's own Father Michael Fey. Instead of practicing his typing inside youngsters' Underoos, the good German brews beer in his washing machine. The 45-year-old has installed a digital brewing program into an aging top-loader that produces cheap beer for youth outings he organizes. His machine brews 20 liters of goodness in 10 hours. "A priest without alcohol, that's the wrong combination," the collared champion declared.

ROMANIA

Poor yarn foils suicide

Once he yearned for death; today, Victor Dodoi tackles the lowly production standards of Romanian rope. The 45-year-old attempted to hang himself before relatives cut him free. Then they

FAST FACT

A pig's orgasm can last for 30 minutes

rushed him to the hospital on a horse-drawn cart. Dodoi attributes his bungled suicide to the rope's poor quality, and will file a complaint with the Consumer Protection Authority. "You can't even die in this country," the moper complained.

UKRAINE

Fake autos bamboozle motorists

The resourceful men and women of the Ukrainian police force have commissioned dummy wooden cop cars to dupe aggressive



Flintstones Patrol was a budget affair

SOUTH AFRICA

Ass answers cell

When an alleged thief's buttocks started ringing, the cops knew they had their man in the curious case of Nomphele Mohaphi's missing cell phone. "On the off chance, we dialed the number and it rang in the suspect's underpants," police Capt. Michelle Matroos noted. The missing phone was then recovered from between the folds of the suspect's damp butt cleft. No word if the cell has been used since. (MC)



The new arcade

NOKIA
3585i



The new frequency

NOKIA
6590i



The new "say cheese"

NOKIA
3650

Introducing the latest phones from Nokia. They put a new spin on everything you do.



NOKIA 6590i

- FM radio
- Voice dialing, recording and commands
- High-speed mobile Internet browser



NOKIA 3585i

- Download new games
- Optional active covers that light up (sold separately)
- Polyphonic ringtones
- Voice dialing, recording and commands



NOKIA 3650

- Built-in camera takes pictures in just 2 clicks
- Multimedia messaging for sharing pictures
- Video-only clip recorder

Nokia makes more mobile phones than anyone in the world. See if we've made one for you. To find yours today—and to download new games, ringtones and more—visit www.nokia.com/us.

NOKIA
CONNECTING PEOPLE

All screen images are simulated. Many features including multimedia messaging service, downloadable games and downloadable ringtones are network-dependent and require network support. Check with your mobile service provider about feature support and availability. Mobile Internet Browser used to access Internet content/services designed for mobile devices. Product color may vary. Copyright © 2003 Nokia. All rights reserved. Nokia, Nokia Connecting People and Nokia 3585i, 3650 and 6590i are trademarks or registered trademarks of Nokia Corporation.

REVIEWS

MUSIC • FILM • GAMES • ONLINE



MARILYN MANSON

FREAK SHOW!

Unleash the latex with *The Golden Age of Grotesque*

Kids who like Marilyn Manson don't kill people; kids with guns who like Marilyn Manson kill people. And there's a Vegas-size buffet of moral decay here on Manson's sixth album, *The Golden Age of Grotesque*, for their gorging. The targets aren't new—herd-running morons, why violence isn't so smart, hypocrisy and the sex—and neither is the sound, for that matter.

The first song, "This Is the New Shit," sets a familiar tone: industrial-light verses

Manson's dirty pep rallies rock harder than the current crop of moaners

clash with booming nu-metal, guitar-filled choruses. What's apparent, however, is that Manson's dirty little pep rallies rock harder than the moans wafting from the current crop of baggy-pants wearers.

For a freak show, Manson makes quality records. History will remember him

as a one-eyed Goth pirate with two raw chicken fillets for an ass—and as a man with spectacular taste in women. *The Golden Age*, however, makes a strong case for his music: sexy, upbeat anthems that sound better with every upward notch your volume knob takes.

The first single, "mOBSCENE," pits a chorus of cheerleaders panting, "Be obscene," over solid riffing. The result is hot and catchy, like crotch rot. For lovers, "Slutgarden" is perfect for late-night sessions. The song's parting words—"You are the church/I am the steeple/When we fuck/We're all God's people"—cap an ode to porn and sexual submission. Elsewhere, the title track is a warped carnival whirligig that's more brave than successful; "Para-noir" sees a woman detailing her reasons for "fucking;" and "The Bright Young Things" is a satisfying stomper.

The Golden Age is nothing new, but fans will not be disappointed; the rest would do well to cock an open mind Manson's way. ★★★★★ (SB)

THIS MONTH'S RELEASES



Third Eye Blind

Out of the Vein ELEKTRA

Third Eye Blind is well-known for their critically underrated, multi-platinum self-titled debut from six years ago. Front man Stephen Jenkins has been unable to recapture that success ever since. You can now add *Out of the Vein* to the list of failed attempts. While there are some great tracks ("Blinded [When I See You]," "Forget Myself"), much of the album is average, and the rest is forgettable. ★★ (JH)



Fountains of Wayne

Welcome Interstate Managers S-CURVE/VIRGIN

FOW are back with a smart, but hardly smart-assed, nugget. Writing about such subjects as a classmate's MILF ("Stacy's Mom"), pressured quarterbacks ("All Kinds of Time") and drunk bottom feeders in the business world ("Bright Future in Sales"), songwriters Adam Schlesinger and Chris Collingwood cough up more hooks than a drunken afternoon spent on the golf course. ★★★★★ (JT)



Ed Harcourt

From Every Sphere ASTRALWORKS

Individually, the lush, keyboard-based sounds on *From Every Sphere* showcase an inventiveness as Harcourt's hushed, soft-spoken vocals recount tales of romance, loss and hope. That being said, the fragile quality of most of these songs wears out its welcome over the course of an entire album. Not unlike a friend who whines about his girlfriend but can never bring himself to leave her. ★★★ (JT)



Dropkick Murphys

Blackout HELLCAT

If you're Irish and you're happy, don't clap your hands—you'll drop your beer. Big in Boston, the Murphys fuse Rancid-style battle punk with traditional Irish instruments without it sounding at all ridiculous. Standout tracks on this, the band's fifth album, are "Black Velvet Band" (about convicts), "Worker's Song" (about workers) and "Kiss Me I'm Sh**faced" (about seduction). ★★★★★ (SB)

THE RATINGS SMOKED ★★★★★ DEEP-FRIED ★★★★★ FOREMAN'ED ★★★ BAKED ★★ STEAMED ★

FHM

READER SERVICES



MOVING?

Please give us 4-6 weeks notice. Fill in the form below or attach the mailing label from a current issue:

☐ Please change my address from:
OLD ADDRESS

Name _____

Street Address _____ Apt. No. _____

City _____ State _____ Zip _____

FILL IN NEW ADDRESS BELOW:

Name _____

Street Address _____ Apt. No. _____

City _____ State _____ Zip _____



NEW SUBSCRIPTION OR RENEWAL?

- ☐ New Subscription
☐ Renewal Subscription

Please send me 1 year of **FHM** for just \$9.97.

- ☐ Please bill me later.
☐ Check enclosed.

Name _____

Street Address _____ Apt. No. _____

City _____ State _____ Zip _____



UNLISTING SERVICE?

FHM sometimes makes available to other publications and carefully screened companies the names of its subscribers. If you do not wish to receive these selected mailings, please check the box below and fill out your name and address in the box above.

☐ Please do not make my name available to other publications. (Either attach your mailing label or write in your name and address above.)

Mail entire form to:

FHM
P.O. Box 2104
Marion, OH 43306-8204

SCOA02

REVIEWS**MUSIC**

The hippies
celebrated the
home birthing

FUN

PORTA POTTI HELL!

Humidity! Overpriced water! Twisted Sister! It's summer music festival time



Bonnaroo

Endure The Dead, James Brown, The Allman Brothers, The Roots, Ben Harper
The word A 600-acre farm. The post-Garcia Dead. And to make up for the inevitable presence of white men with dreadlocks, promoters are banning the hideous glowstick. Champs!
www.bonnaroo.com

Summer Sanitarium Tour

Endure Metallica, Limp Bizkit, Linkin Park, Deftones
The word Pray for peace between the bands during this nu metal vs. old metal fight to the death. In 1999, Metallica's Lars Ulrich told a fan magazine, "All I have to do is think of Fred Durst's baseball cap and I get very hostile." Lars never made so much sense.
www.summer-sanitarium.net



Lollapalooza

Endure Jane's Addiction, Queens of the Stone Age, Audioslave, Incubus
The word After six years away, hope that the grab for cash works. The last Lollapalooza in 1997 flopped, grossing just \$7.4 million. In '94, it took in \$21 million.
www.lollapalooza.com

Rock Fest

Endure Twisted Sister, Heart, Boston, Lynyrd Skynyrd, Grand Funk Railroad, Alice Cooper
The word This four-day Caddot, WI, Camaro rock festival could be improved only by VIP access to all the beer, steak, chicken and ribs you can eat. And for a mere \$300 above the average four-day ticket price of \$140, that sweet dream can be yours.
www.rock-fest.com

Vans Warped Tour

Endure Rancid, AFI, Andrew W.K., Pennywise
The word There's no action for pick-pockets: All the kids wear those annoying theft-detering wallets on chains. Pull a soccer mom instead at the Vans Warped reverse daycare tent: an air-conditioned area where kids drop off their rich, lonely mothers.
www.warped-tour.com



Ozzfest

Endure Ozzy Osbourne, Marilyn Manson, Korn, Disturbed
The word A limited number of \$10-a-throw lawn seats will be available for fans who want to kick back and avoid the drunken accounts-receivable clerks in the mosh pit.
www.ozzfest.com

National Women's Music Festival

Endure Jamie Anderson and The Barely Butch Band, The Hissyfits, SheWho
The word Party with lesbians at this Champaign, IL, four-day festival, even if they're nothing like the movies. Or check out spirituality talks on prehistoric Goddess cultures and "dreaming in Neolithic."
www.wiaonline.org/nwmf/



Vikingland Band Festival

Endure The Midwest's best marching bands.
The word Can last year's winners, the Mankato Area 77 Lancers, bring it again? You and 30,000 well-behaved Minnesotans will find out!
www.marching.com/events/vbf/ (J)

AP/WIDE WORLD/BILL KOSTROUN; AP/WIDE WORLD/KNOXVILLE NEWS-SENTINEL, SAUL YOUNG; AP/WIDE WORLD/CHARLES REX ARBOGAST; AP/WIDE WORLD/TOBY TALBOT

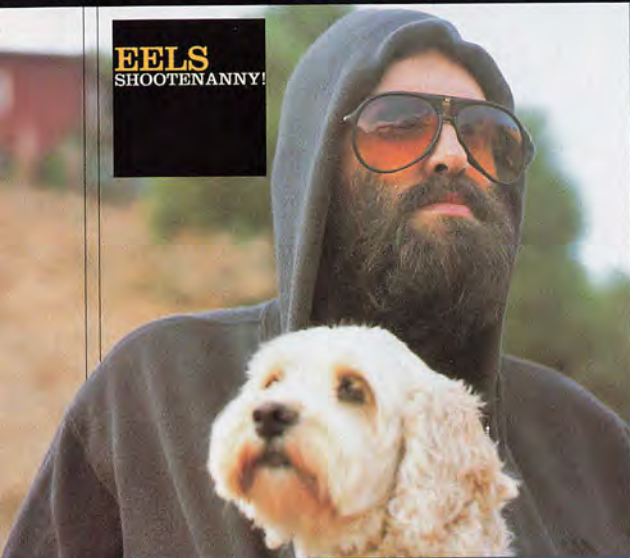
All they'll ever see is a blip.



The all-new R6. Introducing the lightest, most powerful, most responsive 600cc sportbike we've ever launched. The all-new, fuel injected R6. For a closer look, visit yamaha-motor.com



Dress properly for your ride with a helmet, eye protection, long-sleeved shirt, long pants, gloves and boots. Yamaha and the Motorcycle Safety Foundation encourage you to ride safely and respect the environment. For more information regarding the MSF rider course, call 1-800-446-9227. Do not drink and ride. It is illegal and dangerous. © 2002 Yamaha Motor Corporation, U.S.A. Cypress, CA 90630. For the Yamaha dealer nearest you call 1-800-88-YAMAHA.

EELS
SHOOTENANNY!

EELS

SHOOTENANNY!

Hirsute troubadour promotes rump-shakin'

As soon as glum Eels honcho E opens his mouth on *Shootenanny!*, you'll think Beck has stopped babbling nonsense, given up his day job and found a soul. Once you get over the vocal similarities, this tour guide offers you a relaxing medley of burden-free blues, tickling ballads and nostalgic pop rock. Or, as he does on the aptly named "Dirty Girl," he'll just grab a fistful of your ass and shake it properly. ★★ ★ (PC)

FAST FACT



A crowd of 670,000 enjoyed sets by Van Halen, The Clash, Bowie, U2, Flock of Seagulls and more at the biggest rock festival ever—1983's US Festival at Devore, CA

THIS MONTH'S RELEASES

Grandaddy

Sunday V2



Arriving in time to raise the IQs of rock fans everywhere, Grandaddy tosses more dirt on the coffin of rap-rock with this lush and hypnotic album. Combining clever lyrics, pulsating beats, fuzzy guitars and the odd synthesizer, *Sunday* provides a lush soundscape that's ideal for summer barbecues or nighttime cruises with your old lady. Front man Jason Lytle has always been an underrated songsmith, but *Sunday* should finally gain him his well-deserved props. ★★ ★ ★ (SM)

Turbonegro

Scandinavian Leather BURNING HEART/EPTAPH

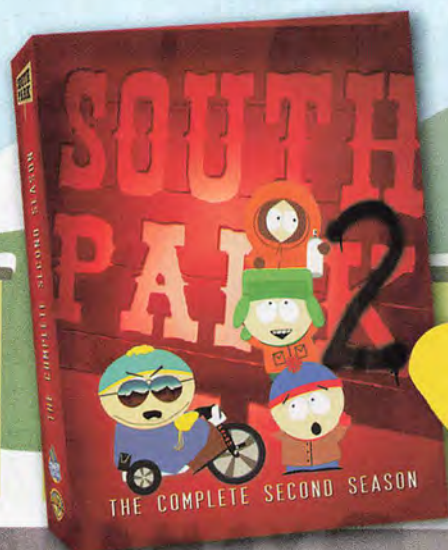


On the flop? This dose of cocksure rock 'n' roll is hotter and heavier than a fat man in Florida, and is the perfect tonic for flagging spirits. More Queens of the Stone Age than the Hives, Turbonegro know when to play it bonehead straight, and when to stretch their leather pants and unleash a wall of sprawling guitars and thumping drums. "Wipe It Til It Bleeds" promotes spontaneous air punching; to get the most out of "Fuck the World," tune in to CNN, cut the sound and unwind. For adults. ★★ ★ ★ (SB)

ROCKY SCHENCK; AP/WIDE WORLD/REED SAXON

SOUTH PARK: THE COMPLETE SECOND SEASON

RESPECT MY AUTHOR-I-TAH!



SPECIAL FEATURES

CHEF'S "CHOCOLATE SALTY BALLS"
music video
"GOIN' DOWN TO SOUTH PARK"
documentary

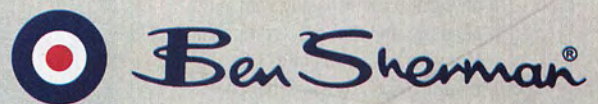
Own it on DVD June 3rd!



©2003 Comedy Partners. All Rights Reserved. South Park is a registered trademark of Comedy Partners.



comedycentral.com



Q & A

LARS ULRICH

The Metallica tub-thumper on lewd reservations, shower dodging and proactive groupie management

St. Anger, the new Metallica album, is angry. What does it look like when Lars gets angry?

Like a diminutive Dane cursing and throwing his clogs around. The great thing about having a mother tongue spoken by only 5 million people is that the chance is slim you'll be next to someone who understands it when you unleash words associated with female genitalia. But it backfires. One time, my hotel name was Mr. Fisse, which is Danish

Drumming in Metallica is a good hangover cure, sweating it all out

for "cunt." We were in Omaha, NE, or someplace like that, checking into the hotel in the early hours after the show, when this charming girl at reception said, "Here you are, Mr. Fisse," and proceeded to talk to me in perfect Danish.

Will long-time fans be happier with St. Anger than with some of the other recent Metallica records?

From the heart, I've given up on who's coming and who's going. . . . When you talk about aggression, energy and speed, the first reaction is, "You guys are going back to the earlier stuff." But we're not going back, we're going forward. It just so happens that we are bringing certain elements from the past with us.

This is FHM's fitness issue. How can one get as fit as Lars?

I've been a religious runner for years. It's mentally therapeutic too: It's 45 minutes in which the cell phone doesn't go off and people aren't nagging you. I'm blessed with having a good sense of balance from growing up playing tennis. My dad, my uncles and their father were all tennis champions in Denmark. I come from a physically capable family, with fairly good legs and that shit. Is drumming in Metallica a good workout? Of course. It's also a good cure for a hangover, sweating it all out.



"Come give your Aunt Edna a big kiss"

FAST FACT



Chicago's Rebel XD is the world's fastest rapper. In 1998, he blurted out 683 syllables in 54.501 seconds

Do you get bad swamp-ass when you play for two hours?

You'll have to ask the other three gentlemen in the band when we have our communal after-show showers.

And what would they say?

I've been hearing about my horrible smell from James Hetfield for 20 years. When I came here from Europe when I was 16, I couldn't understand the American compulsion for showering five times a day. **Bands these days always complain about the rigors of touring. Do you have any advice for them?**

We grew up in an environment where the road was our only friend. These younger guys start complaining about playing 30 shows. We used to play 150 across America. Nobody plays Huntsville, AL, or La Crosse, WI, anymore. We've been there and done those shows. You have to get on with it and shut the fuck up.

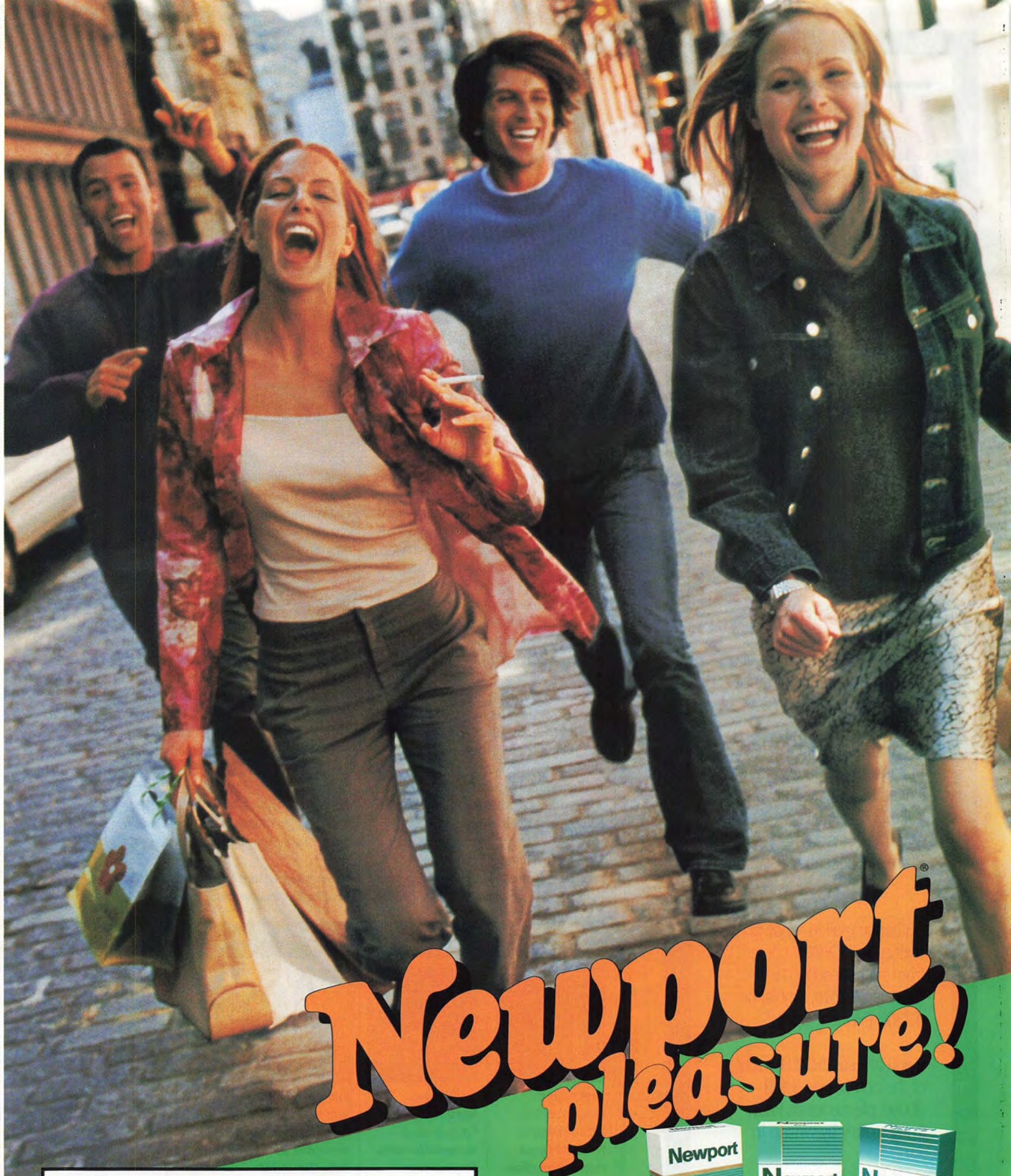
Are the heavy-metal devil horns an international language?

It seems to be a universal thing because they've seen Dio do it. If you throw one out, you get one back, but that works with my 3-year-old. What does that say?

That your kid rocks. Are there any hardcore groupies who have been trying to get backstage for the past 22 years?

Groupies are generally more interested in younger bands. The most debaucherous, outrageous fun we had was in the mid-'80s, when we were playing clubs and opening for bands in arenas. When you're headlining and isolated in your Fort Knox-like dressing rooms, a lot of that stuff gets left to the support acts. Back then, though, you'd just walk out into the audience and take care of business yourself. (SB)

Metallica's St. Anger is in stores June 10.



Newport[®] pleasure!

SURGEON GENERAL'S WARNING: Cigarette
Smoke Contains Carbon Monoxide.



FHM SUBSCRIBER ALERT!

You may be contacted by unauthorized subscription agents asking you to renew your subscription. These companies are not authorized to represent FHM nor are they affiliated with us in any way. Please do not give out any personal, payment or credit card information to the companies listed below. Please do not renew your subscription either by mail or phone through any of these unauthorized companies:

Bradford Publishing Service
Publishers Service Exchange
United Publishers Network
Lake Shore Publishers Service
Mid-West Readers Service
Premier Subscriber Services

Authentic mailed renewal notices will **ONLY** come from zip codes 60515 (Downers Grove, Illinois) or 43306 (Marion, Ohio).

If you are contacted by any of the companies listed above, please let us know immediately by writing to:

P. Rolnick
FHM
110 5th Avenue
New York, NY 10011

REVIEWS

DVD



FIVE THINGS . . .

. . . you didn't know about *Charlie's Angels*

1 The show was originally titled *The Alley Cats*, with three female detectives named Allie, Lee and Catherine. (Get it? Al, Lee and Cat?) It was star Kate Jackson who pointed out what a stupid idea that was. She suggested the title *Harry's Angels* and the gimmick of having a boss whose face was never seen. The name was changed to *Charlie's Angels* because there was already a show called *Harry O*.

2 Gig Young, the 1969 Oscar winner for *They Shoot Horses, Don't They?*, was first cast as the disembodied voice of Charlie. But on the first day of filming, he was too drunk to do the part. Producer Aaron Spelling next called his friend John Forsythe, because the actor lived near the set.

3 The first three episodes of the show were deemed so terrible that producer Barney Rosenzweig immediately began

laying out guidelines for future scripts to make them more believable. When those first episodes aired, however, they yielded monster ratings, which killed all efforts to improve the writing quality.

4 When Farrah Fawcett became immensely famous during the first season, she demanded a pay raise for the next year. She thought she deserved \$70,000 per week—a raise of 1,400 percent—and a six-hour work day, which was half as long as her fellow Angels. Cheryl Ladd replaced her the next season.

5 *Charlie's Angels* was phenomenally popular in Japan, where it was known, quite accurately, as *The Funny Women*. (JP)

Charlie's Angels: The Complete First Season five-disc DVD pack goes on sale May 27.



TV SHOWS COMING TO DVD



Cheers: The Complete First Season PARAMOUNT
Wisecracks mask chronic alcoholism. Four discs with Ted Danson interview, trivia game and featurette on "Stormin' Norm-isms."



Dark Angel: Season One DVD Collection FOX
Trained killer looks sexy and sometimes downright pouty. Six discs, including episode commentaries and a blooper reel.



King of the Hill: Season One FOX
Propane salesman personifies Texas. Three discs include episode commentaries and a complete rundown of Dale's conspiracy theories.



Buffy the Vampire Slayer: Season Four FOX
Vampires get poked with pointy stick. Six discs packed with scripts, episode commentaries and behind-the-scenes insightfulness.

**THE HALO JUMP WASN'T THE HARD PART.
KNOWING WHICH ARABIC DIALECT TO USE
WHEN I LANDED WAS.**



AN ARMY OF ONE

SPECIAL FORCES

For a Special Forces warrior, being highly trained means learning the skills to communicate with people in their own language. Whether the mission is providing guidance and leadership to indigenous people or doing strategic reconnaissance, I have the skills needed to get the job done. I am **AN ARMY OF ONE**. And our force can't be denied.

SF.GOARMY.COM ★ 1-800-USA-ARMY



U.S. ARMY

SM

The restyled eye patch revolutionized pirate fashion

ANIMATION

MATRIX LITE

The Matrix directors quickly cash in with direct-to-video goodness

◆ Considered *The Matrix 1.5*, the 11-minute animated short *The Final Flight of the Osiris* was written by the creators of *The Matrix*. Its story, about an impending machine assault on humanity, takes place after the original film and directly sets up the events of the upcoming sequel.

◆ Animation duties were handled by Square USA, the company behind the film *Final Fantasy: The Spirits Within*. Even though the animators cribbed the bodies for *Osiris* characters from ones already sculpted for *Final Fantasy*, the animation process was so laborious that each minute of film took six weeks to produce.

◆ *The Matrix's* squid-like Sentinels appear in the short. Each one has 15 tentacles and more than 40 legs. In one shot, there are over 20,000 onscreen at a time. That's more than 300,000 flailing tentacles.

◆ When *Final Fantasy* came out in July 2001, its box-office take was so dismal that Square USA imploded a few months later. While they were able to complete *Osiris*, it's always bad for morale when your last project destroys the company. (JD)

The Final Flight of the Osiris, and eight other Matrix-centric shorts can be found on *The Animatrix DVD* available June 3.

FAST FACT



Seen in 169 movies, Count Dracula holds the record for most film appearances by a fictional character

FILMS COMING TO DVD



Die Another Day Special Edition MGM
Bond meets Berry. Two discs of commentaries, interviews and more special features than a souped-up Aston Martin.



Catch Me if You Can DREAMWORKS
DiCaprio bamboozles Hanks. Two discs, cast interviews and documentaries on the story's real-life characters.



T2: Extreme DVD ARTISAN
Arnold continues terminating. Two discs with director commentary and a feature that lets you build a terminator and fight with it online.



The Fast & the Furious Tricked Out DVD UNIVERSAL
Cars disregard posted speed limits. Includes new directions on how to modify your own hootie.

WARNER BROS.; BETTMANN/CORBIS; MGM; UNIVERSAL

SOME BATTLES ARE FOUGHT
WAY BEHIND ENEMY LINES.



DWN HART'S WAR ON DVD

Confined to a German POW camp, Bruce Willis (*Bandits*) and Colin Farrell (*Daredevil*) are American soldiers who go head to head in this "maze of tension, suspense and surprise" (Gene Shalit) that tests the line between courage and betrayal.



RESTRICTED

FOR SOME STRONG WAR VIOLENCE AND LANGUAGE.

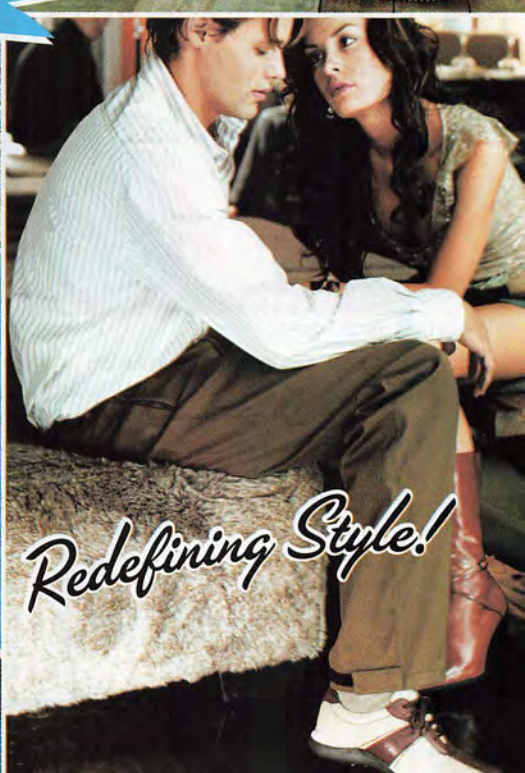
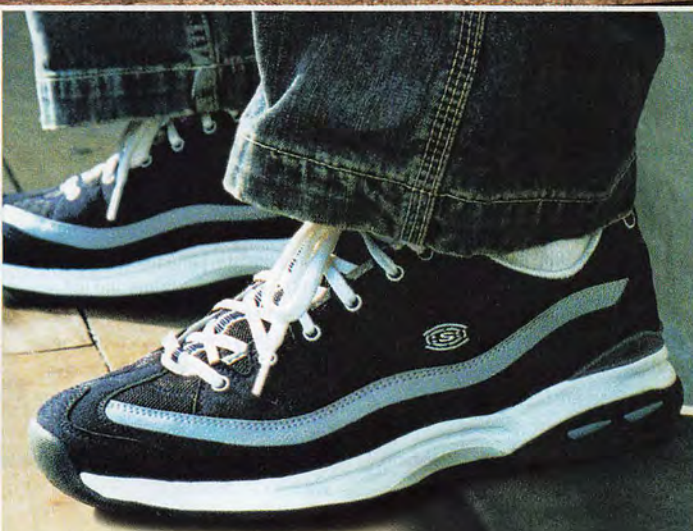
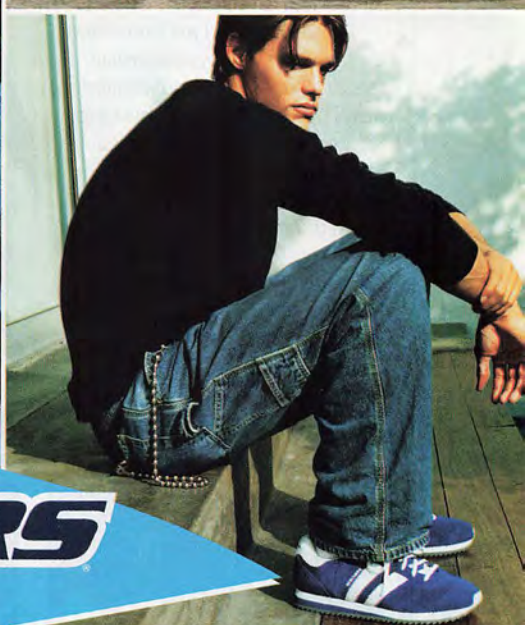
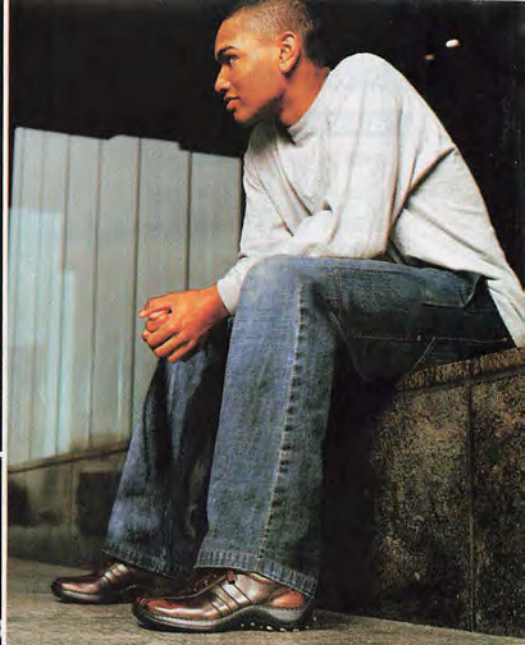
HART'S WAR © 2001 Metro Goldwyn-Mayer Pictures Inc. Design © 2003 MGM Home Entertainment LLC. All Rights Reserved.



MGM MEANS GREAT MOVIES.



SKECHERS.COM



HACKER

ENTER THE MATRIX

The legendary Wachowskis create a superior video-game pedigree

The Wachowskis supercharged the action-movie landscape in '99 with the original *Matrix*. Now they're doing it again, this time for the video-gaming world.

Designed to propel you farther down the rabbit hole with its simultaneous release to that of *The Matrix Reloaded*, Atari's *Enter the Matrix* isn't your typical licensed-movie drivel. The game is a full-fledged sequel in its own right, with a script penned by *Matrix* scribes, the Wachowski brothers. It also includes an hour of exclusive, live-action footage, featuring every billable star from the tech-rewed trilogy (Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss, among others). The timeline



parallels that of *Reloaded*, meaning that instead of replaying what you saw in the theater, the game follows its own path that intersects with the movie at various stages.

Donning the slick shades and wall-flipping aggression of either expert pilot Niobe (Jada Pinkett Smith) or weapons guru Ghost (Anthony Wong), you'll command about 1,000 martial-arts moves and encounter two distinct gameplay experiences depending on which character you choose—each with



unique skills, moves and story line. The game is available for all three consoles and the PC, and combines gunplay, fighting, driving and flying.

Kung-fu mayhem that defies physics, blood-curdling high-speed chases, smartly dressed enemy agents and those ever-pursuing sentinels: This game has nailed the *Matrix* universe. ★★★★★ (JMG)

GAME REVIEWS



RTX Red Rock

Lucas Arts PS2

It's 100 years in the future, and aliens have invaded Earth's colony on Mars. As Wheeler, you'll blast through 10 levels of crimson Martian landscape, underground mines and space stations with your cyborg eye and mechanical arm. Though it opts for the old "one man against it all" scenario, *RTX Red Rock* aptly balances third-person action, puzzle-solving and exploration. ★★★★★ (TC)



WWE Raw 2: Ruthless Aggression

THQ XBOX

Hulk Hogan joins The Rock, Steve Austin and 40 other brawlers in *WWE Raw 2*. Wrestlers make showboat entrances and rumble with tables, ladders and chairs. Fight one-on-one all the way up to the Battle Royal, and if you get punished inside the ring, you can always dole out a smackdown backstage. One to four players can create fighters, rip music to the Xbox for a customized grand entrance and secure their place as king of the ring. ★★★★★ (SA)



NBA Street Vol. 2

EA Sports Big PS2, XBOX, GC,

In EA's over-the-top baller, larger-than-life dunks and bouncing the rock off opponents' heads are the name of the game. The second installment of *Street* kicks it old school with 25 NBA legends including Bird, Dr. J and three Jordans— young Mike, Air in his prime and today's old-timer. Better rebounding, improved alley-oops and such slick new moves as "Back 2 Papa" give *Street* credibility, attitude and laughs. ★★★★★ (DG)



FAST FACT

ATARI

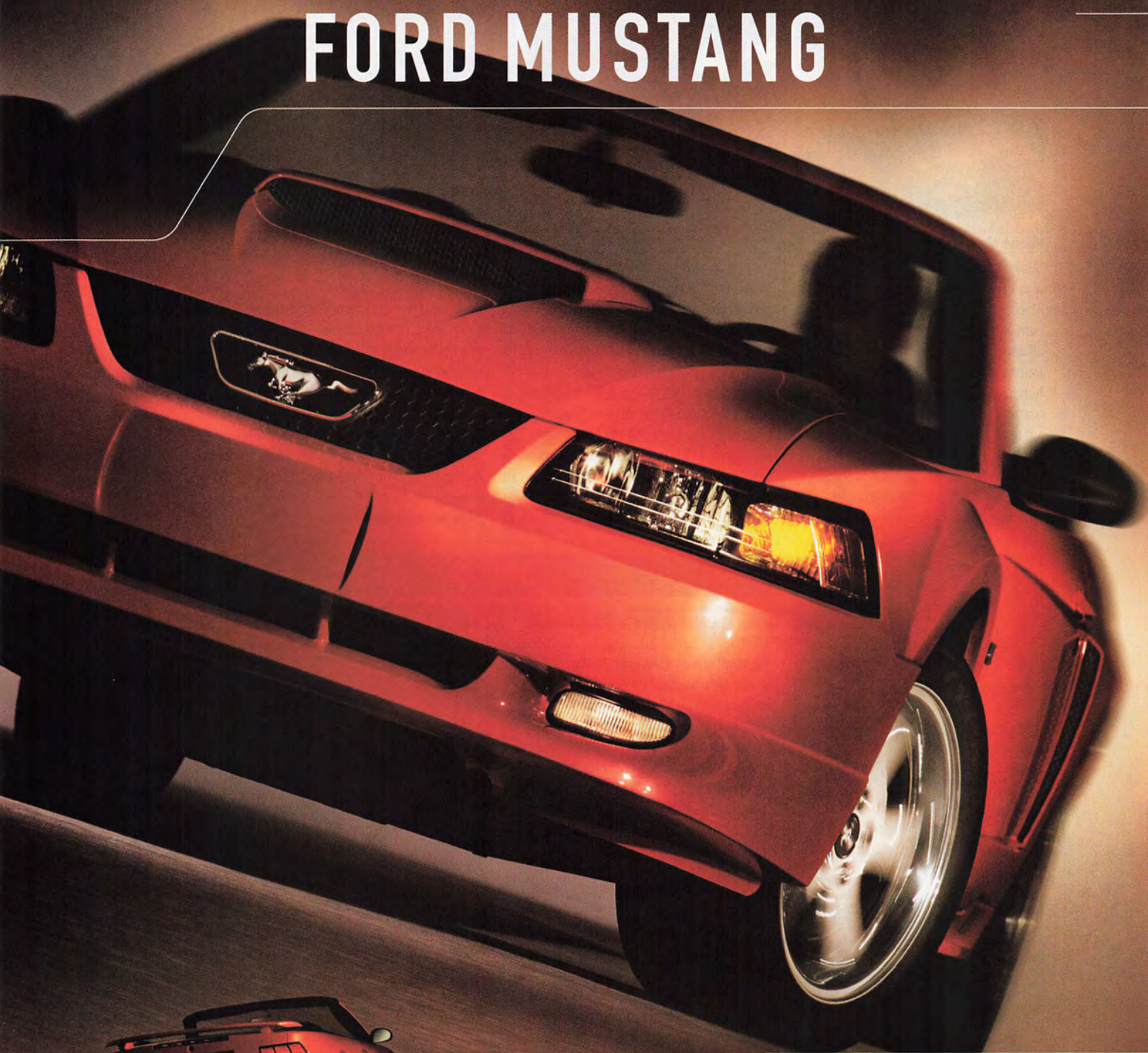
FOOTBALL



Released in '78, Atari Football was the first game that used scrolling

THEY DON'T MAKE CARS
LIKE THEY USED TO. WE DO.

FORD MUSTANG



www.fordvehicles.com or 1-800-301-7430



IF YOU HAVEN'T LOOKED AT FORD LATELY...
LOOK AGAIN.

GAME REVIEWS

**Mace Bounty Hunter**

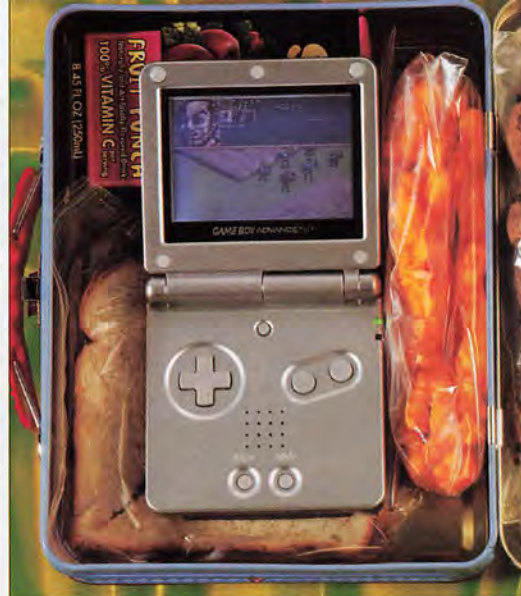
Vivendi Universal PS2, XBOX, GC, PC

Straight out of the pen for a crime he didn't commit, former government ranger Mace Griffin earns his bread tracking criminals and protecting crime lords, all while chasing down the people who framed him. Set in a frontier universe hundreds of years in the future, the game is a fiery mix of first-person shooter and space-combat blaster. In vast and complex levels, you'll romp through space ports on foot and hop aboard six different ships—from alien fighters to massive carriers—for a trip through hyperspace. ★★★★★ (MB)

**Midtown Madness 3**

Microsoft XBOX

The first two PC-exclusive *Midtown* racers had you tearing up detailed re-creations of Chicago, London and San Francisco—from tourist-trap landmarks to seedy back alleys. Blitz, Checkpoint and Cruise modes return in the Xbox-only follow-up as you career through Washington, DC, and Paris behind the wheel of more than 30 rides, including a Hummer and the pocket-size Mini Cooper. Plug into Xbox Live with up to seven buddies, or if serving others is your thing, go undercover in Career mode to deliver pizza. ★★★★★ (EB)



PORTABLE

BOY WONDER

Unless you were sitting under the fluorescent lights of a dentist's chair, the original Game Boy Advance was practically unplayable. The GBA SP fixes this oversight with a screen light that can also toggle off for battery conservation—10 hours with the light on, 18 with it off. The clamshell design allows this little guy to be folded into a three-by-three-inch square, and there's no lack of software since it plays games from older Game Boy models. (TC)

\$100; www.nintendo.com

FAST FACT



Game Boy is the most successful gaming system in history, with more than 100 million units sold worldwide

POCKET GAMES What to play on your phone or Game Boy if you absolutely must leave the house

MLB Slugfest 20-04

Midway Sports GAME BOY ADVANCE



The small-screen version of this bawdy arcade-style baseball game—fully licensed with all MLB teams and players—carries over many of the cartoonish features of its console namesake, such as “on fire” players who are literally in flames. Animated antics aside, pitching and batting are fun and easy to use. Baseball for dummies was never so amusing. ★★★★★

Tom Clancy's Splinter Cell

Gameloft VERIZON, AT&T, CINGULAR



Unlike its 3-D console cousin, the mobile version of *Splinter Cell* is a side-scrolling platform game. As covert-ops agent Sam Fisher, you complete missions by sneakily jumping over obstacles and pits, shooting or stunning guards, dodging bullets and avoiding mines. Responsive characters, vividly colorful environments and clever stealth-based missions will have you murdering your battery life. ★★★★★

Fox Sports On-Court Live Basketball

Sorrent VERIZON, SPRINT PCS, AT&T, CINGULAR



The ability to play head-to-head in real time against other cell-phone and PC players is reason enough to check this title out. The game features a first-person perspective, lifelike cheerleaders and players, and though still semi-awkward, the controls (with a little practice) work quite well for passing, blocking, shooting and dunking. Not entirely realistic, but very addictive. ★★★★★

Lemonade Inc.

Hexacto Games VERIZON



This update of the classic '70s-era business-sim puts you in charge of your own lemonade stand. Buy ingredients, set prices, attract customers with costly ads and mind the ever-changing weather. Then let the game play itself out and check in at the end of each day to see how your business has grown. Ideal for meetings where you need to look like you're paying attention. ★★★★★ (TS)

This month's reporters (in order of how much they bench): Enid Burns (40), Jon M. Gibson (50), Dave Gerardi (55), Suzanne Ashe (60), Meghan Conaton (60), Mark Brooks (80), Kate Stroup (80), Tom Samiljan (90), Jacob Dittkoff (95), Kyle Anderson (100), John Mihaly (100), Jonathan Tesser (100), Adam Winer (150), Tom Conlon (150), Matt Bean (160), Phillip Crandall (170), Jonathan Hurwitz (170), Sean McCusker (175), Sam Barclay (180), Porter Mason (195), David Scott (210)

jeans for canceled date: \$60

shirt for most boring date to date: \$55

chinos for date with parents' best friend's daughter: \$70

crew neck for date from hell: \$42



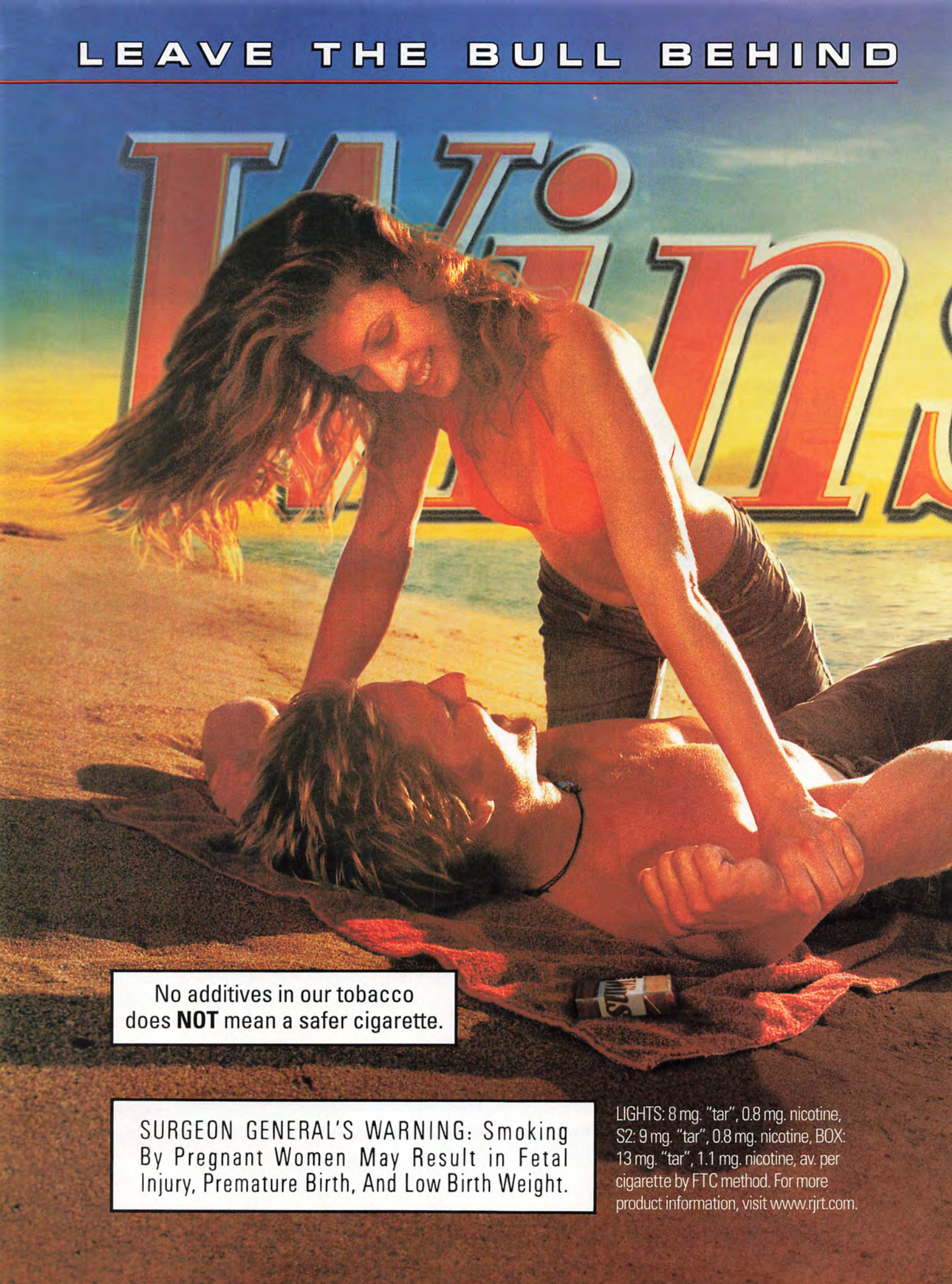
hooking up at the laundromat: priceless

there are some things money can't buy. for everything else there's MasterCard.®



LEAVE THE BULL BEHIND

TATTOO



No additives in our tobacco
does **NOT** mean a safer cigarette.

SURGEON GENERAL'S WARNING: Smoking
By Pregnant Women May Result in Fetal
Injury, Premature Birth, And Low Birth Weight.

LIGHTS: 8 mg. "tar", 0.8 mg. nicotine,
S2: 9 mg. "tar", 0.8 mg. nicotine, BOX:
13 mg. "tar", 1.1 mg. nicotine, av. per
cigarette by FTC method. For more
product information, visit www.rjrt.com.

ston

Hostile takeover



ADDITIVE FREE



NATURALLY SMOOTH



In movie news, the new *Superman* has been plagued with delays and production problems. Hopefully, they won't get super-fan Jerry Seinfeld to write a script revision and curse us with lines like, "What is the deal with kryptonite?" If you have good jokes, write us at Bar Room Jokes, FHM, 110 Fifth Ave., New York, NY 10011, or e-mail jokes@FHMUS.com. Joke of the Month earns \$200; the rest get \$50.

JOKE OF THE MONTH

Young Timmy O'Shaughnessy goes in for confession and says, "Bless me, Father, for I have sinned. I have been with a loose girl."

"And who might be the girl you were with?" the priest sighs.

"I can't tell you," Timmy says. "It would ruin her reputation."

"Was it Brenda O'Malley?" the priest asks.

"No, Father."

"Was it Patricia Fitzgerald?"

"No, Father."

"Lisa O'Shanter?"

"No, Father."

"Very well," the priest says. "Say five Our Fathers and four Hail Marys."

Timmy goes back to his pew and his friend asks, "What did you get?"

Timmy says, "Five Our Fathers, four Hail Marys and three good leads."

Richard Mitwol, Chapel Hill, NC

Following a whirlwind romance and marriage, reality hits Lisa and Frank. Their sex life diminishes and they begin to get on each other's nerves.

After making love one night, Frank throws his pants at Lisa. "Here," he says, "try these on."

She does and, looking into the mirror, says, "They're much too big."

"That's right," Frank says. "Don't ever forget who wears the pants in this house!"

Scowling, Lisa reaches down and tosses her panties at Frank. "Try these on," she demands.

Studying the garment, Frank says, "Forget it! I'll never get into these!"

"Until your attitude changes," Lisa replies, "you're absolutely right."

Ethan Lorentz, Westport, CT

A heartless drill instructor is shouting insults at his troop. He sees one of his recruits looking particularly displeased with the abuse and gets in his face.

"I suppose that when I die," the instructor barks, "you'll make a special trip to my grave just to spit on it."

"Sir, no, sir," the young man says. "When I get out of here, I'm never standing in line again."

Gabe Appleby, Roanoke, VA

A young female teacher is giving an assignment to her sixth-grade class. Because it is a lengthy assignment, she starts writing high up on the chalkboard. Suddenly, there is a giggle behind her. She quickly turns around and asks, "What's so funny, Patrick?"

"I just saw one of your garters,"

Patrick says, wide-eyed.

"Get out of my classroom!" she yells. "I don't want to see you for three days!"

Turning back to the chalkboard, she realizes she forgot to title the assignment and reaches to the very top of the board. Suddenly, there is an even louder giggle. She spins around and asks, "What's so funny now, Billy?"

"I just saw both of your garters," Billy says.

"Get out of my classroom," she yells again. "And I don't want to see you for three weeks!"

Embarrassed and flustered, the teacher drops the eraser. When she bends over to pick it up, there is a burst of laughter. She quickly turns to see Johnny leaving the classroom.

"Where do you think you're going?" she asks.

What's the difference between a stud and a premature ejaculator? One is good for seconds and the other is good for seconds.

Will Slavik, Daytona Beach, FL

"Based on what I just saw," Johnny says, grinning ear to ear, "my school days are over!"

Charlie Durbin, Lansing, MI

A man walks into a bar and asks, "Whose pit bull is that out front?"

"It's mine," a guy grunts. "What's it to ya?"

"Well," the man answers, "it seems as if my dog just killed your dog."

"Hogwash!" the guy snaps. "What kind of dog do you have?"

"A Chihuahua," the man replies.

"Oh, yeah right," the guy says.

"How exactly did my pit bull get killed by this Chihuahua of yours?"

"He choked on him."

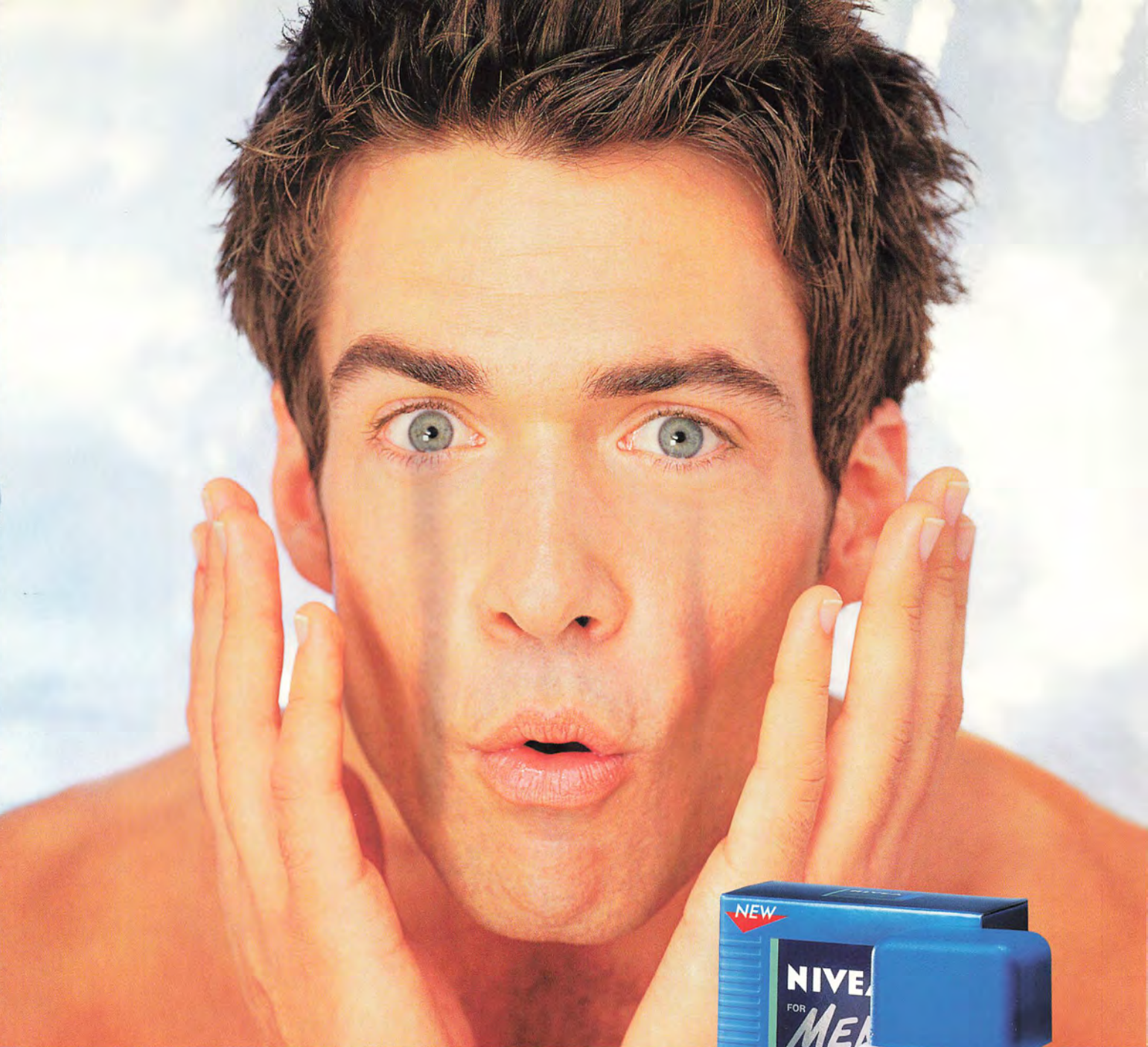
Rich Welteroth, Williamsport, PA

Read more jokes and submit one of your own at FHMUS.com

Dear Ketel One Drinker

Thank you.





**SIDE EFFECTS OF THE ZING
INCLUDE IMPROVED SKIN.**

NEW

**FRESH COOLING AFTER SHAVE BALM
FROM NIVEA FOR MEN**

Now it's possible to get the invigorating feel of an after shave splash, without wrecking your skin.

- Cool blast of menthol and refreshing fragrance leave skin revitalized
- Moisturizers and vitamins soothe and improve skin
- Fast-absorbing, non-greasy formula feels light on skin



MORE EVOLVED SKINCARE

www.NIVEAusa.com

**NOW YOU CAN REFRESH
AND IMPROVE YOUR SKIN.
THE PROOF IS ON THE PAGE.**



NIVEA FOR MEN offers a full line of After Shave Balms.
If you're not the fresh cooling type,
find the balm that works best for you.

- NIVEA FOR MEN Sensitive After Shave Balm is an alcohol-free formula specially designed to calm, soothe and moisturize sensitive skin.

- NIVEA FOR MEN Mild After Shave Balm is enriched with vitamins and moisturizers that relieve razor burn to soothe and improve your skin with a light hint of fragrance.



MORE EVOLVED SKINCARE

www.NIVEAusa.com

JACK LALANNE

The world's foremost juicer on drinking blood, swimming with sharks and beating up an entire college hoops team

How is it that you have a better body at 88 than most men do when they're 19?

I work out two hours a day, seven days a week, even when I'm on the road. You don't have to work out two hours every day, but I do. It's probably an ego thing.

Besides juicing, what's been the greatest experience of your career?

My wife. She's the power under my muscle. When I started out I was a laughingstock, but then I met Elaine, and she went along with me 1 million percent. In 1936, I opened the first modern health club. It had chrome weights, flowers all over, rugs on the floor—a real fancy gym. The doctors said, "Oh, that Jack LaLanne, he's a charlatan, he's a nut. He's got old people, women and kids working out with weights. The old people will die of heart attacks, the young people won't get erections, the athletes will get musclebound and the women will look like men." People stayed away from me like I had the plague.

Do you hold any records in addition to being the world's oldest man who can do 1,000 pushups?

A lot of them! *The Jack LaLanne Show* was on TV for 34 years and it had some of the highest ratings. One birthday, I water-skied on one ski behind a helicopter for 27 miles from San Francisco to the Farallon Islands and back. Another birthday I put on handcuffs and swam from Alcatraz to San Francisco. I swam the length of the Golden Gate Bridge—underwater—twice.

Did you see any sharks?

Oh yeah. Before I did one of my Alcatraz feats, one guy tried and lost his arm, and another guy got his leg all mangled.

Were you worried about dying?

I never think of those things. I think about what I'm doing. For my 70th birthday, I towed 70 boats with 70 people in the boats. My feet and hands were tied, and I swam for a mile and a half in Long Beach. I never put a limit on anything and I never think about dying. Any stupid ass can die. That's easy. Living is tough.

“

What do you have planned for your 90th birthday? I'm going to swim 26 miles underwater

”



From top: Jack in 1953 and on his TV show in 1959

Looking back on your diet and training over the years, do you ever think, "What the hell was I doing?"

I haven't changed. If man makes it, don't eat it. In the old days, they thought you had to eat meat, so I ate meat. I once went six weeks drinking a quart of cow's blood a day. I felt terrific. I've tried everything, boy. It's a sexual experience, eating.

What do you think of athletes like Shaq who hawk fast food?

All these famous athletes like Magic Johnson—I applaud them, they're wonderful. But jeez, they sell their souls for a few bucks advertising all these terrible soft drinks and foods kids eat. It's really sick.

What about Twinkies? Aren't those golden delights the perfect food?

Would you get your dog up in the morning, and give him a cup of coffee, a cigarette and a doughnut? You'd kill the dog!

What made you decide to get into fitness?

From the time I was 4 years old, I was a sugaraholic. I had these blinding headaches, no energy, an uncontrollable temper and failing grades. When I was 15, I attended a health lecture and it turned my life around. The minute I started exercising and eating natural foods, my whole life changed from hell to heaven.

How did you decide that a skintight jump suit would be your lifelong uniform?

I wanted something that was attractive and different and that would show off my physique. What's the point of having a body if you can't show it off? That was before spandex came in, so my outfit was wool. I wore the ballet slippers because they were comfortable and functional.

In this issue, we have a story on strongwomen. Do musclebound ladies freak you out?

I think it's great, if they don't use steroids. The more a woman works out, the more feminine she becomes. But as long as the emphasis is on winning, people are going to use any method they can to improve their physical ability. They take the easy way out and they pay a price.

What should our readers look for in a lady?

Women are a different breed of cat, boy. Why do you think they live longer? I tell ya, you'll never get ahead of them. If you're not happy, get the hell out. You can't change people and you can't stay in the sack 24 hours a day. You gotta come up sometime and be able to talk.

What do you think of fitness gurus like Arnold Schwarzenegger, who has done steroids and has smoked pot and cigars?

I've known him since he was 19. We had a big pushup and chin-up contest at Muscle Beach and I wiped him out. But who the hell says occasional cigar smoke is going to hurt you if you don't inhale? If there's anybody on earth who could get by with doing pot and all that stuff, it's me.

Have you ever put all this physical fitness stuff to practical use—like lifting a car to save a baby?

Oh, I knocked out lots of guys. I never lost a fight. I'd go to bars to pick up girls, and one time a bunch of guys came in from the St. Mary's College basketball team. One guy said, "You don't look so tough to me, you little son of a bitch." He came outside, I picked him up and threw him over the hood of an automobile. I had six to eight guys attack me and I knocked out every one of them.

What do you have planned for your 90th birthday?

I'm going to swim from Catalina to Los Angeles—that's 26 miles underwater. It'll take at least 22 hours. I'll change tanks every hour and a half, and feed underwater too.

What drives you to perform feats of strength? Great veggie juice?

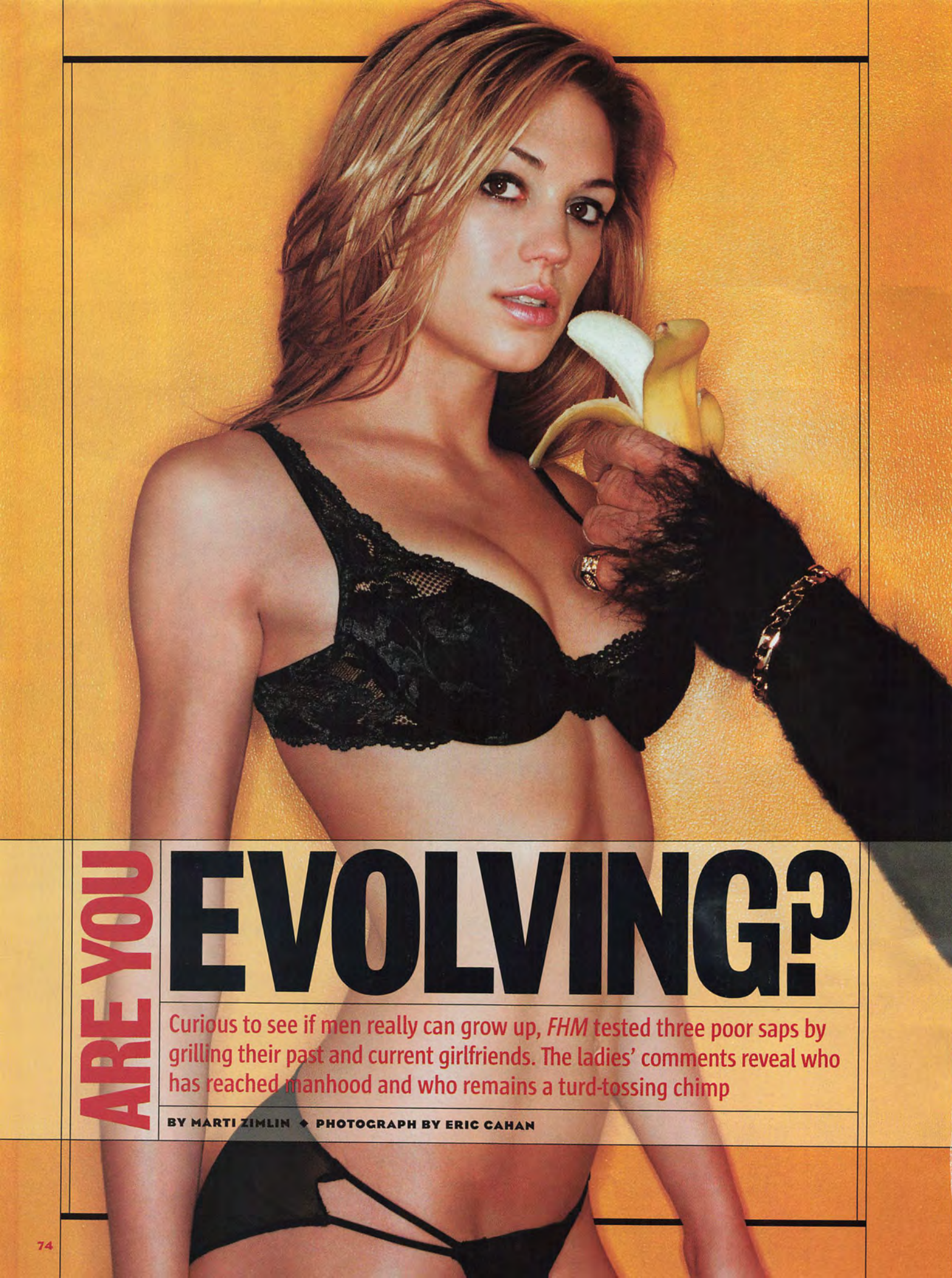
It's a challenge. And every time I did one of those feats, every gym in the United States would increase business by 20 to 25 percent. You've got to be an example. Why did Jesus perform all of those miracles?

To inspire people?

Absolutely, and also to draw attention to his philosophy. But he had 12 guys helping him.

Interview by Andrew Vontz
Photograph by Barry J. Holmes





ARE YOU

EVOLVING?

Curious to see if men really can grow up, *FHM* tested three poor saps by grilling their past and current girlfriends. The ladies' comments reveal who has reached manhood and who remains a turd-tossing chimp

BY MARTI ZIMLIN ♦ PHOTOGRAPH BY ERIC CAHAN



CHRIS

Age: 24
Situation:
Photographer,
currently living
with his parents
in New York



HIGH SCHOOL

Name: Fabiana
Age: 23
Age they dated: 16



COLLEGE

Name: Charlotte
Age: 24
Age they dated: 19



POST-GRAD

Name: Sabrina
Age: 24
Age they dated: 21



CURRENT

Name: Lauren
Age: 24
Dating for two years

THE EVO-METER



Chimp



Knuckle-dragger



Cro-Mag



The Man

ATTRACTION

How did he win your affection?

After relentlessly pursuing me for two years, I finally gave in. When I met him, I didn't speak English, so there were many communication problems.

I was at a frat party and got into a fight with my date. He offered to walk me home. When we got to my dorm, he asked for my phone number. I invited him up.

He was so friendly with everybody and a great conversationalist. He could talk about anything from skateboarding to politics, so I was drawn to him.

Chris and I were good friends for years before we started dating. He was the last person I thought I'd ever date. One drunken night we ended up together.

ATTRACTION



COURTING

How romantic was he when planning dates and giving gifts?

He bought me flowers every Friday after school and was great when we were alone. In public, he acted like a clown. His idea of a gift was a 40-ounce Olde English.

He would plan original dates. One was a hot-air balloon trip, but it was cut short—he'd drunk too much beer. By the end of our relationship, he was really lame.

We'd go to dinner or hang with friends. On our anniversary, he wrote me a poem and recited it to our friends at a bar. It was sweet, but sort of embarrassing.

We aren't a traditional dinner-and-a-movie couple. Chris treats me right, though it's not easy to be romantic, seeing as how he lives with his parents.

COURTING



MATING RITUALS

How were his skills in the sack?

He was pretty good in bed—he had stamina—though not enough foreplay. He also had a weird foot fetish. My feet always had to be perfectly pedicured.

Chris wasn't very adventurous—missionary was it. When he wasn't too drunk, he could go all night. But he'd leave condoms on the floor, and it would smell.

Chris wasn't experimental at all. He sweated a lot, and would excrete a gross body odor. After sex, he'd squeeze his balls to look like big mushrooms.

I have no complaints except I can't get Chris into S&M. Surprisingly, we still have bursts of spontaneity, though we're down to three or less times a night.

MATING RITUALS



CONFLICT

How did the relationship end?

He cheated on me several times, and with some of my closest friends. Not only did it destroy our relationship, but I also lost my best friend.

He cheated on me all the time. I came home once and he was having a party in my apartment, doing beer bongs with some piece of trailer trash in a halter top.

I broke up with him. Then I found out he had been cheating on me with one of my friends for months. I was devastated. I still haven't forgiven him for that.

N/A

CONFLICT



OVERALL

He hurt me badly. Also, he lied and told everyone that he was becoming a black belt in karate.

He should have experimented more in the bedroom. And he always lied that he was a black belt in karate, or that he was 117th in line as the king of England.

He never remembered that my eyes are brown, not blue. He just didn't pay attention to me. And he loved to tell people that he was a black belt in karate.

I'd like him to get a job and move out of his parents' place. He is loyal to me, but his comment about any good-looking girl he sees is, "I'd do her."

EVO-STATUS



Knuckle-dragger

Has he evolved? Witness the very definition of arrested development. Like a bad thief who always gets busted, this serial cheater is as cocky—and foolhardy—as ever. He's sexually vanilla, still lives at his parents' house and is a pathological liar. Unless changes are made soon, he may as well hang himself with that imaginary black belt.



Age: 29
Situation: Works in advertising in Chicago

STEVEN



HIGH SCHOOL

Name: Felicia
Age: 29
Age they dated: 15



COLLEGE

Name: Leyla
Age: 29
Age they dated: 20



POST-GRAD

Name: April
Age: 30
Age they dated: 24



CURRENT

Name: Jenny
Age: 26
Dating for two years

THE EVO-METER



Chimp



Knuckle-dragger



Cro-Mag



The Man

ATTRACTION

How did he win your affection?

With his looks—he was the best-looking guy at the party. On top of it, he was sweet as hell. The whole night he kept telling me how beautiful I was.

He was the typical heartthrob—all the girls loved him. When I came home for winter break, I ran into him at a party and we hit it off.

He was charming and funny and had a great sense of style. He really gives you the attention and affection that a girl needs. He's a really good listener.

He wrote me a really sweet poem about how beautiful I am and how it was love at first sight.

ATTRACTION



COURTSHIP

How romantic was he when planning dates and giving gifts?

We'd go to a college party or sneak into a bar, get drunk and be all over each other. It was the best time of my life. But he isn't really a romantic.

We had a lot of home-cooked dinners, rented movies and went to a lot of frat parties and football games. He was a very affectionate guy, but I needed a little more.

We would grab dinner and watch some sports. But we would try to take one night a week to go to a museum or a new club. He was thoughtful.

He gives me cards and writes me poems. He can be romantic. But he gives some lame presents, like Kenny G tickets or a thong with "Come On Baby Light My Fire" on it.

COURTSHIP



MATING RITUALS

How were his skills in the sack?

He was blessed because he could go forever and have multiple orgasms. The only time he sucked was when he was shit-faced. It would drive me crazy.

He was everything you could want and more. I don't think I'll ever have a better lover. And I'm not going to lie, I hope he isn't like that with every girl he's with.

He had all the moves! When I said he gave me the attention I needed, it was true for all aspects of our relationship.

He's OK, I guess—not the best I've ever had. He can be really lazy and cares only about himself. And he says the worst dirty talk, like, "You are such a dirty baby."

MATING RITUALS



CONFLICT

How did the relationship end?

He became the biggest asshole. He wanted time with his friends, and I wanted to spend all my time with him. I was heartbroken.

We were such different people that it made it hard. We hurt each other a lot.

I think he just wasn't "the one." Steven was a really great guy, just not for me.

N/A

CONFLICT



OVERALL

He should take classes on how to go down on a girl and make her go crazy.

He has ideas of how to be romantic, and can talk a lot of talk, but when it comes to doing, I think he lacks in that area.

He always double-booked himself, so I had to keep track of him.

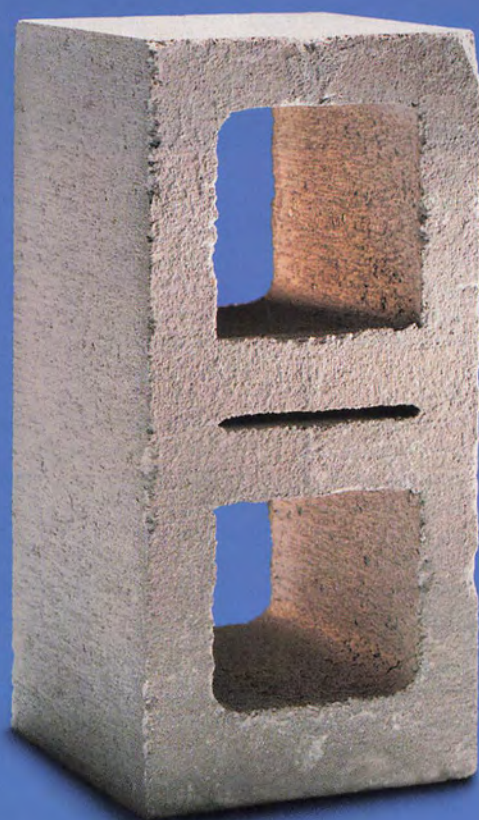
Steven is too self-absorbed, but I still love him. He's really into beauty products and his hair, and he spends more time getting ready than I do.

EVO-STATUS



Cro-Mag

Has he evolved? Darwin has clearly failed us. From frat-boy-made-good through a promising rise up the food chain, Steven appears to have peaked too soon and since stumbled mightily. His self-obsession is overshadowed only by his unconscionable fondness for both poetry and Kenny G concert tickets.



- ☐ A. Foundation for entertainment center.
- ☐ B. Foundation for house.



YOU'LL KNOW WHEN YOU'RE READY FOR GERMANY'S FUN-LOVING BEER. HERE'S TO MOVING ON.



Age: 32
Situation: TV writer from Ohio, currently living in a hotel

LANCE



HIGH SCHOOL

Name: Lisa
Age: 32
Age they dated: 16



COLLEGE

Name: Roni
Age: 32
Age they dated: 20



POST-GRAD

Name: Courtney
Age: 32
Age they dated: 24



CURRENT

Name: Kathy
Age: 31
Dating for seven years

THE EVO-METER



Chimp



Knuckle-dragger



Cro-Mag



The Man

ATTRACTION

How did he win your affection?

We met at a high school dance, though we both had dates. We ended up sneaking away together and making out in a stairwell in the school gym.

He was in a band and had this rock-star quality. We were all at a party playing spin the bottle, and he and I made out in the closet.

We met at an auto-body shop. We both reached for the same copy of *Sports Illustrated*. I liked that he wouldn't let go of it, and I gave him my number when I left.

Lance has great confidence. He asked me out while I was still on a date with another guy.

ATTRACTION



COURTSHIP

How romantic was he when planning dates and giving gifts?

Since we both lived at home, we'd try to come up with places to fool around: cars, parks, elevators, bathrooms. It was definitely more fun than romantic.

He was very romantic, and always dressed up in fun, weird outfits. There was a lot of dancing and a lot of Renaissance fairs. He was always sweet.

We would order fast food and then moon the drive-through window. We bought a monkey, Gary, and then all of our dates revolved around him.

A typical night is dinner, drinks and full-frontal nudity. Sadly, he's never bought me lingerie. But he's never purchased a store-bought card—he always makes them.

COURTSHIP



MATING RITUALS

How were his skills in the sack?

He had a lot to learn and was clumsy. We weren't very experimental. And he was too into food—I wanted nothing to do with food and sex at the same time.

He was very good at foreplay and very experimental. He had a bizarre bacon fetish. He always smelled like bacon, which weirded me out.

He has this thing for bacon. The first time I thought it was funny, but after the third time, it became part of our lovemaking.

Lance loves to please me. He could give seminars on how to please a woman. And he has a way with bacon.

MATING RITUALS



CONFLICT

How did the relationship end?

Some chick busted me making out with a friend of his. It was kind of shitty, but our relationship had pretty much run its course, so we went our separate ways.

One day he freaked out, put a strip of bacon in the back pocket of my jeans and told me that he didn't want to be committed to me anymore.

We broke up because of my Christmas gift. I was hoping for a ring—at least an "engaged to be engaged" ring. But I got free weights and yoga tapes.

N/A

CONFLICT



OVERALL

Ours was not an intense passionate relationship. It was all about hanging out and having fun.

He was obsessed with bacon, but it's a moot point. Also, he was very flirty, which made me jealous.

He should have taken the relationship more seriously. We had tons of fun, but he was more into the experimentation than making it work between us.

Lance bought me fabulous diamond earrings, but I honestly would have preferred a diamond ring!

EVO-STATUS



The Man

Has he evolved? All talk of pork products aside, Lance has found his groove. Rising from a bacon-obsessed young buck who thought only of himself and Gary the pet monkey, he has grown into a bacon-obsessed stud with all the right moves. Kathy's gentle jibe for a diamond finger-cuff clearly proves that Lance is in control. **FHM**



ZIRH
skin nutrition

THE BEST IN MEN'S SKINCARE

BLOOMINGDALE'S • SEPHORA • 1.800.295.8777

Visit www.zirh.com/FHM for a free gift with any purchase

PROJECT LOVE MACHINE!

When 100 women named the male atrocities that turn them off most, *FHM* assembled a team of experts to help rebuild your body for pleasure

THE EXPERTS

-  **BEN WESTBY**
Assistant athletic trainer and director of rehabilitation for the Miami Dolphins
-  **KIM LOCATELL**
Design director for Perry Ellis
-  **DR. MARK MELROSE**
Director of emergency medicine at NYC's Beth Israel Medical Center
-  **DR. RICHARD W. FLEMING**
Co-FACS medical director of The Beverly Hills Institute of Aesthetic and Reconstructive Surgery
-  **CINDY BARSHOP**
Owner of Completely Bare Salon, New York
-  **FRANCO RODRIGUEZ**
Assistant manager, Nickel Spa for Men, New York
-  **IRA SAGE**
Hairdresser for Robert Cromeans and Paul Mitchell
-  **JENNIFER KRIES**
Owner of Balance, a Pilates studio in New York, and home-video Pilates instructor
-  **DR. PAUL TANNERS**
Prosthodontist
-  **SEVEN BOGGS**
Bally Total Fitness personal trainer
-  **DR. DOUGLAS HAMILTON**
Beverly Hills dermatologist and assistant clinical professor at UCLA
-  **CITA BASS**
Makeup artist, New York City
-  **CRISTINA EHRLICH**
Fashion stylist, Los Angeles

STILL LIFE BY GORMAN & GORMAN; HAIR BY MICHAEL SILVA AT SUITE 303; MAKEUP BY SAGE MAITRI; CLOTHING STYLING BY JOEY AND T WITH SEGAL BEAUTY; PROP STYLING BY JAMES MASSENBURG FOR OLIVER PIRO; CLOTHES MADE BY WILD LOTUS; 310-659-0210; LELAND BOBBE/CORBIS; FOTO FANTASIES (2); ROYALTY-FREE/CORBIS



ATROCITY NO. 1

LOVE HANDLES

- ◆ **What she says** "I don't expect a guy to have a stomach I can make waffles on. I just don't want him to have more curves than I do."
- ◆ **The solution** Diet. The muscles are there, stabilizing the body, but inches of fat blanket them.
- ◆ **In the meantime** Get a love-handle wrap. "A cream is massaged in, then wrapped with plastic to heat activate it," says spa assistant manager Franco Rodriguez. This tightens pores and, when repeated, breaks down fat.
- ◆ **If you're desperate** A corset will shrink your waist, but it could accentuate your buxom chest.

BY MEGHAN CONATON
PHOTOGRAPH
BY ERIC CAHAN



ATROCITY NO. 2

STEROID LOOK

- ◆ **What she says** "Muscles are sexy. Having your veins pop out so it looks like you'll break me in two during sex? Not sexy."
- ◆ **The solution** To alter this physique, slim down. You can continue your love affair with your Soloflex, just mix in a little cardio along the way.
- ◆ **In the meantime** Wear looser clothes. "These really muscular guys tend to wear skintight clothing to accentuate their bodies. That's exactly what looks the worst," says fashion stylist Cristina Ehrlich.
- ◆ **But definitely don't** Get angry. Even if you don't actually turn into a raging Hulk-like green monster, veins pulsating with rage will accentuate your freakish bulk and cause onlookers to flee in terror.



ATROCITY NO. 3

YELLOWED, CROOKED TEETH

- ◆ **What she says** "Good teeth make me want to put my mouth near yours. Figure out the rest."
- ◆ **The solution** Porcelain laminate veneers or crown lengthening can transform teeth, claims prosthodontist Dr. Paul Tanners. "Bleaching can lighten teeth up to 10 shades. But if you have irregular teeth, it will only make ugly teeth whiter."
- ◆ **In the meantime** Stop staining your chompers. Coffee, tea, berries and wine darken your teeth.
- ◆ **If you're desperate** Pierce your face. An eyebrow or septum piercing will make you seem more interesting, or at the very least, British.





TOP SECRET



ATROCITY NO. 4

BUBBLE BUTT

◆ **What she says** "My ex swished when he walked, and his butt stuck out of his pants like two big melons."

◆ **The solution** Kickbacks will tighten the glutes. "Get on all fours. Kick one leg back and up toward the ceiling. Bring it back down almost to the floor and then kick it back up," trainer Seven Boggs says.

◆ **In the meantime** Skip the buffet and you'll lose your excessive cheekiness.

◆ **If you're desperate** Become a Hare Krishna. The billowing fabric uniform will obscure your bulbous hams. A priest's robe will also do, but ordination requires a little more work.



ATROCITY NO. 5

RECEDING HAIRLINE

◆ **What she says** "I went on a date once with a guy whose hair was thinning and all I could think of asking him was, 'So, when do you think you'll be totally bald?'"

◆ **The solution** Flap hair replacement. A banana-shaped piece of skin from the side and back of the head is lifted away from the scalp and rotated to cover the bald area.

◆ **In the meantime** Keep your hair short with a little shagginess up front. It worked for Elvis.

◆ **If you're desperate** Grow a Mohawk. The style demands hair only in the middle of your head, stylist Ira Sage claims. "It will almost turn your recession into a benefit."



ATROCITY NO. 6

CHICKEN LEGS

◆ **What she says** "A man's legs should be strong. A guy who can wear condoms as knee socks is definitely not sexy."

◆ **The solution** Miami Dolphins trainer Ben Westby suggests standing and seated calf raises.

"Stand on one leg and lift your heel up, going up on your toes, and then drop it back down." You can also do the motion while seated with a weight on your knee.

◆ **In the meantime** Add flare to your pants. A bootcut style will give your leg a fuller appearance.

◆ **If you're desperate** Calf implants will fill your socks, but you may end up with thick ankles instead. The implants tend to shift around.



ATROCITY NO. 7

NO CHIN

◆ **What she says** "It's like dating a turtle. There's no slope from the lower lip to the neck."

◆ **The solution** A chin implant. "The implant is placed right on the bone," Dr. Richard W. Fleming says. "It adheres to the underlying bone or skeletal structure, bringing the proportions forward and making the chin look more defined."

◆ **In the meantime** Become a Treat Williams look-alike. "The only other thing I can suggest is to grow a beard," Dr. Mark Melrose suggests.

◆ **But definitely don't** Go formal. Dress shirts and ties accentuate your facial slope. Another excuse to wear T-shirts!



ATROCITY NO. 8

WOMAN HIPS

◆ **What she says** "If child-bearing hips turned me on, I'd rather get busy with someone who could actually bear children."

◆ **The solution** Build a V-shaped upper body to gain proportion. Pushups, with wide-open arms, will work out the chest, back and shoulders.

◆ **In the meantime** Wear one color. "A monochromatic look will unify your body as opposed to breaking it into different sections," says Perry Ellis's Kim Locatelli. "This will take the emphasis off your hips."

◆ **If you're desperate** Tie a jacket around your waist. Sure, you may look like a sixth-grader on a field trip, but the extra material will give everyone the impression that your width is fabricated.



ATROCITY NO. 9

SKINNY NECK

◆ **What she says** "These guys have huge Adam's apples! Every time they laugh, all I can do is watch that big knob move up and down."

◆ **The solution** To get a football player's neck, trainer Seven Boggs suggests shoulder shrugs. "Hold a barbell in front of you and shrug your shoulders up, then down. The more weight you can do, the thicker it gets."

◆ **In the meantime** Grow a goatee. From a frontal view, it will provide balance for your neck bulge.

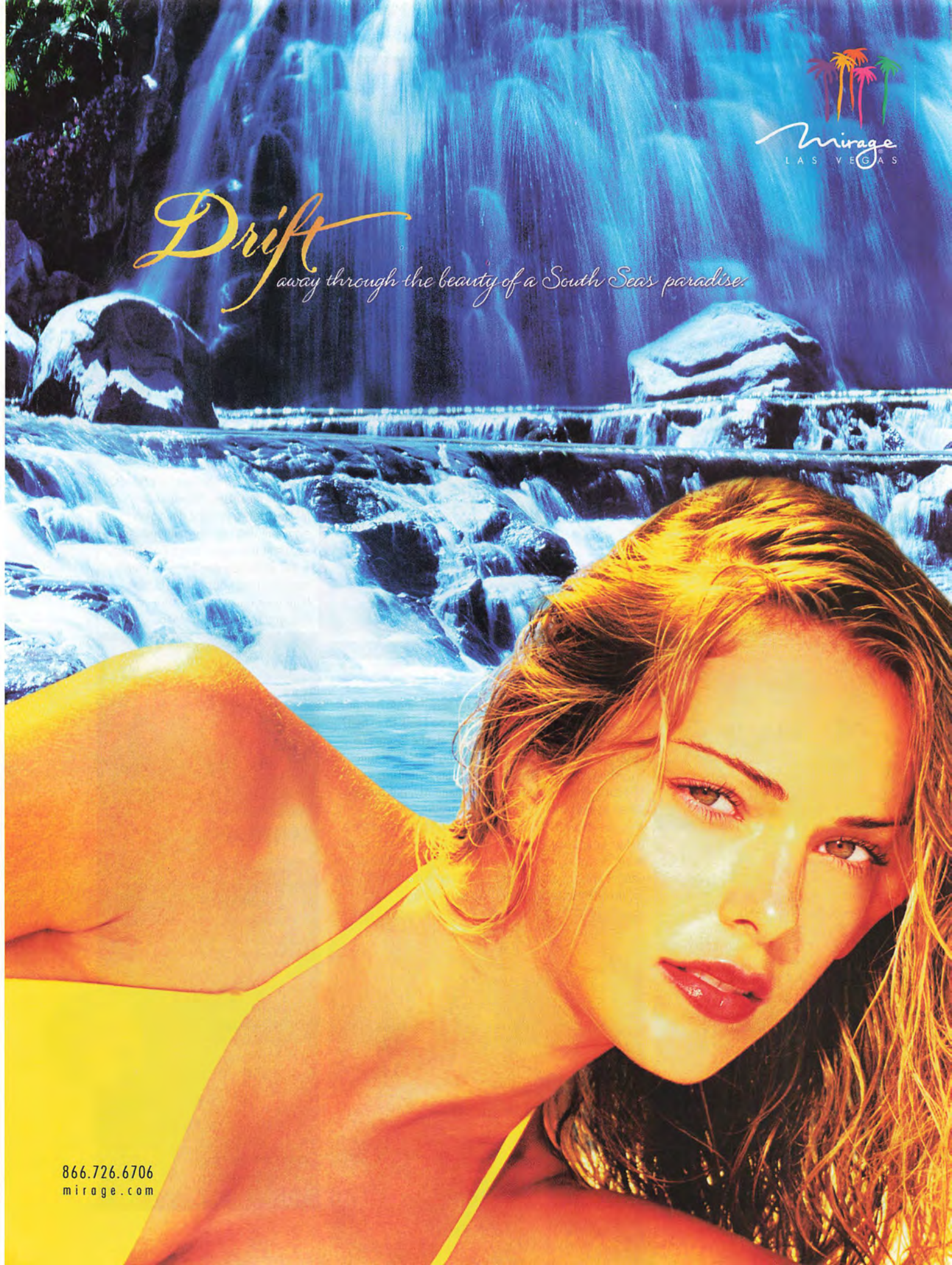
◆ **If you're desperate** Wear a neck brace. You can disguise your pencil neck while garnering significant sympathy points.





Drift

away through the beauty of a South Seas paradise.



866.726.6706
mirage.com



ATROCITY NO. 10

BACNE

◆ **What she says** "It makes me feel as if I'm with a 15-year-old."

◆ **The solution** The Clearlight laser treatment. The process converts a component of the acne-causing bacteria's metabolism to peroxide.

"That peroxide basically blasts the bacteria out of existence," says dermatologist Dr. Douglas Hamilton.

◆ **In the meantime** Check your grooming products to ensure they are non-comedogenic. It's not enough for it to say "does not contain oil."

◆ **If you're desperate** Use concealer, but only if you have some skill, warns makeup artist Gita Bass. "Visible makeup is a turnoff."



ATROCITY NO. 11

SHORT STATURE

◆ **What she says** "I need to go out with a guy who looks good *on* my arm, not *under* it."

◆ **The solution** Join a Pilates class. "Pilates creates space between the intervertebral disks in the spine," instructor Jennifer Kries says. "So people appear taller."

◆ **In the meantime** Wear vertical stripes. Pinstriped suits and striped shirts give you the illusion of length. Plus, the cool kids are wearing them.

◆ **But definitely don't** Wear shoe lifts. Eventually, you're going to have to take them off. It will look suspicious when you wear your loafers to bed or at the beach. Nobody likes a poseur.



ATROCITY NO. 12

TROLL HANDS

◆ **What she says** "Callused hands with gnarly nails will never touch my body. And they certainly won't be inserted into it."

◆ **The solution** Microdermabrasion and a paraffin wax. A machine sucks off the dead skin. Then the hand is creamed and inserted into hot wax. Sounds kinky, but all you get are soft hands.

◆ **In the meantime** "Always use moisturizer to prevent dead skin from building up," recommends spa assistant manager Franco Rodriguez.

◆ **But definitely don't** Wear a pinkie ring. Flashing your bling will highlight your funky paws, a sure sign that you're not a made man.



ATROCITY NO. 14

BACK HAIR

◆ **What she says** "It's the backward torso—more hair on the back than the chest. Which side do I talk to in bed?"

◆ **The solution** With laser hair removal, the lasers are absorbed underneath the skin, killing hairs over time. "It's the best way," insists Dr. Douglas Hamilton. "Electrolysis can kill off hairs permanently, but they do it hair by hair with a little electric needle."

◆ **In the meantime** Trim. Treatments on long hair take a toll on your body and make you more prone to breakouts.

◆ **But definitely don't** Shave. You'll either need Inspector Gadget arms or a benevolent friend to pull this off. Even so, no one wants to pet porcupine stubble.



ATROCITY NO. 13

UNIBROW

◆ **What she says** "Being a guy doesn't exempt you from grooming. When there's only one eyebrow, you need to take control."

◆ **The solution** Intense pulsed light treatment. Over a number of sessions, light attacks the follicles and thins the hair. "It's customized for each individual's hair and skin color and where the treatment is being placed," salon owner Cindy Barshop says. "Each time you do the treatment, the hairs get lighter."

◆ **In the meantime** Wax on. Wax off. A heat and rip will run you \$20.

◆ **But definitely don't** Let a girl tweeze you. Having someone pull your hairs out one by one is a slippery slope you do not want to head down.



ATROCITY NO. 15

MAN BOOBS

◆ **What she says** "If you need a bra larger than mine, it's a problem."

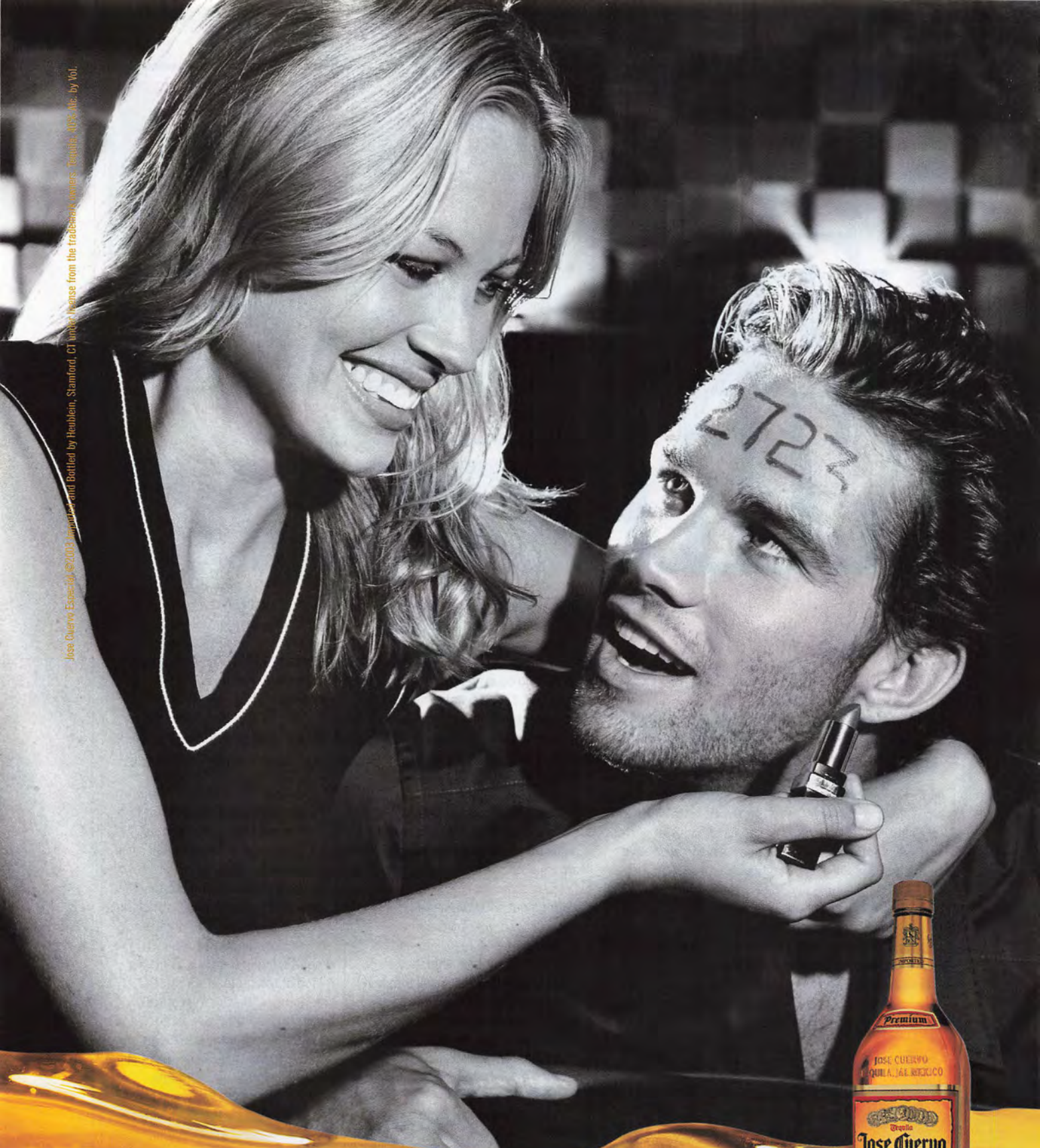
◆ **The solution** Spend some time on the bench. Presses will tighten and tone your pecs. Start with barbells to build up strength, then switch to dumbbells.

◆ **In the meantime** Layers of clothes will tame your torso. "As you layer, you create a girdle effect. Always wear a T-shirt under your dress shirts," Kim Locatell recommends.

◆ **But definitely don't** Take another hit. Smoking marijuana can lower the amount of testosterone in your system. Munchies can also help contribute to your late blooming.



Jose Cuervo Especial® ©2003 Imported and Bottled by Heublein, Stamford, CT under license from the trademark owners. Tequila, USA, Inc. by Vol.



IT IMPROVES YOUR
CELL PHONE RECEPTION* **VIVE Cuervo**

Hecho en México. Desde 1795.

*NOT TRUE. BUT IT'S BEEN KNOWN TO MAKE PEOPLE SPEAK LOUDER. DRINK RESPONSIBLY.

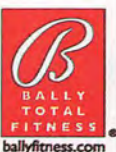
www.cuervo.com

SLIM TO WIN!

FHM readers survived six grueling weeks of bird-like portions, brutal workouts and punishing sobriety in the ultimate girth-reduction contest

Women may nitpick about their boyfriend's goiter-like Adam's apple or acne-ridden back, but when it comes to self-improvement, guys generally focus on one thing: their flabby gut rolls. Thus, *FHM* and Bally Total Fitness gave five readers a free gym membership, unlimited time with a personal trainer and access to Bally's weight

management program, which creates a diet tailored to the individual's metabolism level. Plus, the guys were given a little motivation: He who lost the most body-fat percentage points in six weeks would win \$5,000. Here are the impressive results. . . .



BEFORE:



ROB WELLEN

BUSINESS DEVELOPMENT MANAGER

HEIGHT: 6'4" AGE: 26

	Weight	Body fat
STARTING	286 pounds	30%
FINISHING	275 pounds	28%
LOST	11 pounds	2%

The old me "I played football in college, and then I got into power lifting—I'm still not sure why. I weighed 260. Then I got into triathlons, but somehow ended up putting on even more weight, until I hit 286. I'm not sure why that happened either."

Healthy binges "The hardest part of the contest was the diet. When I got hungry, I ended up downing a scoop of soy-nut butter. It's like peanut butter, but with soy, so it's lower in sugar and saturated fat. Admittedly, it's an acquired taste."

Exercise commitments "I was working out six times a week, four of those with my trainer. I swam a mile on Tuesdays, and I played basketball on Thursdays. I still felt like I had a social life, and in six weeks, I lost 11 pounds."

Lose a little chest weight? "Yeah, I shaved my chest. My girlfriend and trainer said it would look better. They also wanted me to tan. I was like, 'Are you kidding me?' There was no way I was going to tan."

AFTER:



BEFORE:



GEOFF KIRSCH

COMEDY WRITER

HEIGHT: 6' AGE: 27

	Weight	Body fat
STARTING	270 pounds	29%
FINISHING	241 pounds	24%
LOST	29 pounds	5%

The old me "For most of my life, I was really unhealthy. A few years ago, I had a coupon for Golden Corral's crazy all-you-can-eat buffet. I went by myself and just ate. For two hours. At the end, I was sitting at the table all alone,



surrounded by trays of dirty dishes and so full I couldn't move. It was the lowest point of my life. I started trying to lose weight a year and a half ago, and had lost 40 pounds before the contest."

A helpful tip "My Bally trainer had me doing an hour and a half of cardio every day. Going straight through on the treadmill sucks, but it's not as bad if you break it up into 20-minute chunks with weightlifting in between. It makes it kind of tolerable."

Life changes "During the contest, I went from a 40-inch waist to a 36, and I'm going to keep going until I lose another 30 pounds. I'm actually giving serious thought to becoming a personal trainer. For me, that's a pretty funny thought."

AFTER:



It's a good thing this is your free time,
because they couldn't pay you to do this.



From race fees to Foot Locker.®



IT'S EVERYWHERE YOU WANT TO BE.®

For great offers on sporting goods, visit visa.com/shop

BEFORE:



DON DOBRANSKY
PUBLIC RELATIONS EXECUTIVE

HEIGHT: 5'11" AGE: 29

	Weight	Body fat
STARTING	203 pounds	22%
FINISHING	169 pounds	13%
LOST	34 pounds	9%

The old me "I used to eat only one meal a day. I'd have coffee for breakfast, snack throughout the day, then have a huge dinner. Still, this new diet killed me. I never left the table full. If I was even having meat, it was only three ounces of it, which is about the size of a deck of cards. That's how they tell you to measure the right portion with your eyes."

Healthy desserts "For an evening snack, I used to have chocolate ice cream with peanut butter melted on top. As a substitution, the Bally software suggested one cup of water. I didn't realize water qualified as a snack."

Workout tip "My trainer taught me that you can burn fat by keeping your heart rate up while you're lifting weights. I would do one set of three different exercises, then I would sprint for two and a half minutes. Then I'd come right back and do my second set."

New taste buds "Following the diet changed the way I eat now. I had pizza after everything ended, but it didn't taste as good as it used to."

AFTER:



BEFORE:



ANTHONY BENCOMO
HUMAN RESOURCES SUPERVISOR

HEIGHT: 5'8" AGE: 26

	Weight	Body fat
STARTING	318 pounds	46%
FINISHING	288 pounds	36%
LOST	30 pounds	10%

The old me "I once lost 70 pounds on the Atkins diet. It was awesome. But then you start craving, and when you go off the diet, you binge. After that and a few bad relationships, all the weight comes back."

Constant feedings "Bally had me eating a small meal every two hours—that's five or six meals a day—but you actually end up eating less overall. Now everyone I work with is doing it. I've become the office Tony Robbins."

Low point "Four weeks in, everything hit. I felt like I had no life. I did tons of laundry because I was sweating so much. By the time I'd finish working out, making dinner and doing laundry, it would be 10 p.m. And I'd have to wake up at five the next morning to work out."

Secret incentive "The money did make a difference for me. I didn't tell anybody, but I always knew that if I won the \$5,000, I was going to buy an engagement ring for my girlfriend. Those things are pretty damn expensive. Since I didn't win, I guess I'm back to saving up for it."

AFTER:



BEFORE:



MATT LARSON
CONSTRUCTION PROJECT MANAGER

HEIGHT: 6'2" AGE: 23

	Weight	Body fat
STARTING	205 pounds	21%
FINISHING	175 pounds	10%
LOST	30 pounds	11%

The old me "I was the skinny fat guy—all my weight sat in my belly, ass and face while I had scrawny little arms. It was ugly weight. I don't care if I weigh 200 pounds, I just didn't want it where it was."

Food sacrifices "We took all the fluff out of my diet. There was no bread with my sandwich at lunch—it was just four ounces of meat. The only thing I could drink was water."

Basic training "I worked out for two and a half hours a day, seven days a week. At 8:45 on Saturday mornings, I'd be in a spinning class with a bunch of housewives."

Splurge "Two weeks in, I went back to my college and got all drunk and didn't work out. I even had a Philly cheese steak. But I think I needed the break. I was so broken down from all the exercises that I don't think I could have kept up my dedication without it."

Enjoy your prize "Most of the \$5,000 is going to pay off my credit-card bill, but I did buy new sneakers. During the contest I beat the hell out of the pair I had." **FHM**

AFTER:



\$5,000 WINNER!



I did tons of laundry because I was sweating so much



We know.
You're just
happy you
have hair
to wash.



New Suave for Men builds volume as well as more expensive shampoos, for less.

NUTS AND BOLTS

These products will put the perfect finishing touches on your newly sculpted body

PHOTOGRAPHY BY CORMAN & CORMAN
COMPILED BY ELISABETH DICK



SKIN RENEWAL SHAVING GEL, \$3, AND MACH III TURBO G-FORCE RAZOR, \$9, BY GILLETTE.



CLOCKWISE FROM TOP LEFT: FRESH COOLING BALM AFTER SHAVE BY NIVEA, \$6; DOUBLE-DUTY FACE MOISTURIZER BY JACK BLACK, \$25; SKIN CLEARING FACE WASH BY NEUTROGENA, \$6; ACTIVE FACE WASH BY ADIDAS, \$6; FIX BY ZIRH, \$33; CENTER: ACTIVE CARE NATURAL COOL GEL BY EDGE, \$3.



FROM TOP: ADRENALINE BY ADIDAS, \$27; CRAVE BY CALVIN KLEIN, \$45



FROM TOP: TSUNAMI DEODORANT BODYSpray BY AXE, \$5; COMPETITION BY NAUTICA, \$35; POWER CAPS BY RIGHT GUARD, \$3; SPORT ANTIPERSPIRANT AND DEODORANT BY DEGREE, \$3; HIGH ENDURANCE BODY SPRAY BY OLD SPICE, \$3.



CLOCKWISE FROM TOP LEFT: SPORT LOOK X-TREME HOLD STYLING GEL BY L.A. LOOKS, \$3; STRUCTURE STYLING LOTION BY AMERICAN CREW, \$13; SPORT ENDURANCE GEL BY DEP, \$4; FORTIFYING SHAMPOO, \$4, AND FORTIFYING CREAM CONDITIONER, \$4, BY GARNIER FRUCTIS; ALT STUDIO REMIX PASTE BY L'OREAL, \$6.



FROM LEFT: EXTRA FORTE GEL BY KEUNE, \$10; UNLEADED FAT HED GEL BY FUDGE, \$17.

AMERICA'S STRONGEST WOMEN!

**BUFFY CORDON**

Age: 36 Weight: 165
Bench Press: 310
Squat: 405

MARY JACOBSON

Age: 47 Weight: 148
Bench Press: 275
Squat: 425

HIGHLAND
STRENGTH
& FITNESS

MARGARET BOYLE

Age: 33 Weight: 140
Bench Press: 175
Squat: 385

JULIE HAVELKA

Age: 28 Weight: 180
Bench Press: 308
Squat: 474

CALLIE MICHNEY

Age: 23 Weight: 150
Bench Press: 185
Squat: 315

JULIE McDERMOTT

Age: 36 Weight: 150
Bench Press: 150
Squat: 265

LIANE BLYN

Age: 30 Weight: 165
Bench Press: 275
Squat: 425

KARA MANN

Age: 19 Weight: 160
Bench Press: 140
Squat: 250

For many men, the ideal woman is a picture of femininity, with hourglass curves and supple flesh. For others, the ultimate turn-on is a hulking body that hauls massive boulders in the name of competition

BY DAVID KUSHNER
PHOTOGRAPHY BY
ERIN PATRICE O'BRIEN

Inside a windowless hotel conference room one chilly evening in Woburn, MA, tension is building. And so is a funky odor, the product of one too many protein shakes by the occupants, it seems. *FHM* is attending the rules meeting for the next day's X-Treme Strongman Showdown, a vaudevillian strength contest to see who can hoist cement balls, drag heavy steel sleds, and move up the ranks toward winning the title of world's strongest human.



Jacobson, 47, was the oldest competitor

Most of the competitors are known as strongmen, those Hindenburg-size guys with big, bald heads and hard rolls of neck meat that fold in layers over their collars. That's to be expected. What's surprising is the other prominent contingent in the room: the strongwomen.

In the front row sits Julie Havelka, a 28-year-old engineer from Portland, OR, who flips 500-pound tractor tires up her driveway for kicks. Across the aisle is Mary Jacobson, a leather-skinned 47-year-old California native known for her Herculean grip. Behind her is 19-year-old Kara Mann, a pretty blond Vanderbilt student who likes to play tug of war with SUVs—and often wins. Why does she do it? "Guys love it when they see a girl pulling a truck with her bare hands," she says, batting her eyelids.

And that's just how their admiring fans—chiefly men—like it. Havelka's boyfriend, Tod Becroft, 40,



The sight of a woman lugging a 200-pound stone is pure ecstasy for many men



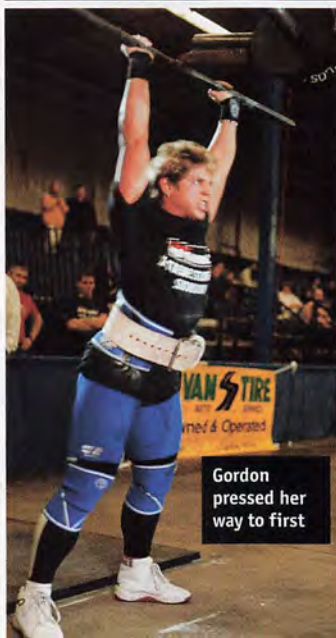
Event 1: Viking Press

Object: Military press a 150-pound weight as many times as possible, in 75 seconds

Results: 1st: Buffy Gordon, 16 reps

2nd: Julie Havelka, 15 reps

3rd: Liane Blyn, 14 reps



Gordon pressed her way to first



"A lot of guys like Hollywood blondes. I prefer bulk and mass"

Dave K.

says he much prefers a firm thigh to a squishy one. Mann's 19-year-old boyfriend, James Boyle, agrees, noting that he doesn't feel threatened by the fact that she can bench as much as he can. "My roommates always say, 'Don't you think these chicks are gross?'" he admits. "But there's something about a strongwoman that turns me on. And she always carries her own bags."

As the rules meeting finishes, the strongpeople rise headfirst into a cloud of their own savage effluvium. They're already laser-focused on the big day of boulder-hurling and muscle-shredding to come. The strongmen adjourn to inhale beef tips in the hotel restaurant. The strongwomen attend to their own important pre-competition rituals.

"I'm going to paint my nails," Mann declares. "Pink."



Gordon is reassured by her husband



Event 2: Farmer's Walk

Object: Carry a 135-pound cylinder in each hand through a 240-foot long course in the fastest time

Results: 1st: Julie Havelka, 32.56 seconds

2nd: Liane Blyn, 36.46 seconds

3rd: Buffy Gordon, 37.00 seconds



Havelka won three of the first four events

The next morning at the nearby Shriners Auditorium, the concrete bunker hosting the showdown, another smell permeates the air. Becroft, who doubles as Julie's trainer, sits on a cardboard box of black metal weights and inhales the medicinal peppermint breeze. "Nothing like the smell of Icy Hot," he says. For the men who love strongwomen, mentholated body rub is something of an aphrodisiac. It presages the flexing of muscle, the squatting of rump, the flood of endorphins. And there will be plenty of sweat rolling down thighs today.

The X-Treme Strongman Showdown is one of the premier events for this unusual sport, luring pros and amateurs from around the country. The Shriners have packed away their little cars and buggies to make room for the artillery. Yellow forklifts deliver 420-pound boulders. Strongmen roll in six-foot-tall tractor tires. Medics lay out rows of bandages and rubber gloves. The participants expect a heated competition—and for good reason. Winners qualify to compete at the international level, where prize money hits \$10,000.

Strongwomen are a new breed. Initially, this sort of display was a guy thing, dating back to the time when kilt-wearing clan members



Gordon and hubby, Greg, both compete

"Something about a strong-woman turns me on. And she always carries her own bags"

James Boyle

from the Scottish Highlands threw the hammer in between sieges. In the 1980s, the tradition got a pop-culture spin when TV sports shows began staging similar events with such meat men as Lou Ferrigno and Oakland Raider legend John Matuszak. With ESPN airing the *World's Strongest Man Competition* from such exotic locales as Kuala Lumpur and Hawaii, legions of power lifters in gyms across America dream of strapping on a harness and towing a Mack truck in front of rows of fawning babes. Now, the babes are muscling in on the glory.

"Women want to show they can be strong too," says Art McDermott, founder of X-Treme Strongman USA. That's why, two years ago, he started the event for the strongwomen—and the men who dig them. "Guys like that Amazonian image," says McDermott, whose wife, Julie, competes. "If a female is a vegetable who sits at home with the TV clicker—and that's the extent of her physical ability—that's not attractive. I appreciate someone who works hard on her appearance. There's a fine line between the athletic women and the freaks."

Mann and the other strongwomen concur. For them, flexing their muscles is anything but manly. They don't want to be brawny babes with voices like Herman Munster and testicle buds sprouting from their thighs. "We're tough," competitor Margaret Boyle says, "but we're feminine too." Yet, how girlie can you be when you're yanking a two-ton tractor across the lawn? That's what the 3,000 fans expected at today's showdown are coming to see.



Event 3: The Medley

Object: 1) Super Yoke: Be the fastest to carry a 300-pound frame 50 feet

2) Duck Walk: Carry a 200-pound weight 50 feet—between the knees. Best time wins

3) Sled Drag: Pull a 400-pound sleigh backward for 50 feet in the shortest time

Results: 1st: Julie Havelka, 30.31 seconds

2nd: Buffy Gordon, 35.03 seconds

3rd: Liane Blyn, 38.66 seconds



Another strong finish kept Gordon close

Backstage among the musclemen and leering, Fez-topped Shriners, the strongwomen do their best not to cross that line. Kara Mann's new hot pink fingernails match her tank top. Liane Blyn, with long blond hair and a six-pack stomach, sports a tiny barbell tattoo on her lower back, just above her thong line. Margaret Boyle stretches out on the bench press in black tights and an American-flag tank top. Despite the bruises on her biceps—the result of hoisting a 200-pound stone onto a six-foot-tall platform—this curvy mother of four works hard to stay sexy. "Part of me is still a girlie girl," she says.

Havelka says she's struggled with maintaining her girlish side ever since



Strongwomen competitions began in 2001



Event 4: Power Stairs

Object: Be the fastest to hoist three 200-pound weights, one after the other, up five oversize stairs

Results: 1st: Julie Havelka, 29.06 seconds

2nd: Liane Blyn, 36.75 seconds

3rd: Buffy Gordon, 44.12 seconds



Overcoming injuries is a part of the sport



THE MOST CAPABLE WEB SITE
COULD ONLY BELONG TO JEEP 4x4s.



JEEP.COM

Visit the "Highest Ranked Automotive Manufacturer Web Site," and see why we're so proud.



Jeep is a registered trademark of DaimlerChrysler Corporation. J.D. Power and Associates 2002 Manufacturer Web Site Evaluation Study.SM Study was based on more than 5,500 responses, and reported on Web site features, layout, organization and technologies. www.jdpower.com



Event 5: Hercules Hold

Object: Hold two handles, each connected to suspended 210-pound weights, for as long as possible

Results: 1st: Buffy Gordon, 76.34 seconds

2nd: Mary Jacobson, 73.6 seconds

3rd: Liane Blyn, 72.81 seconds



Jacobson held tight to place second

she started pumping herself up to escape being a chicken-legged teenager. Though she's a self-described tomboy, she doesn't let the boy get the better of her. "I pay attention to my makeup and what I wear," says Havelka, as she rubs liniment into her Popeye-like

forearms. "I try not to wear loose sweatpants and stuff like that, but I know I don't fit into the stereotype." C.J. Murphy, a trainer, agrees: "You got a hot chick who can also knock someone out in a fight for you," he says. "What's wrong with that?"

Nothing at all to the throngs of cheering fans who watch the strongwomen flex and groan. Waiting eagerly for Havelka near the back room is one of her most ardent fans, Dave B., a diminutive, unemployed school administrator who drove two hours to see her in the firm-and-minty flesh. Dave, wearing khakis and a Patriots cap, was smitten with Havelka after finding pictures online of her hoisting a beer keg. "A lot of guys like the look of Hollywood blondes with silicone boobs," he says. "I prefer bulk and mass."

It's been a long day hauling tonnage. Havelka's bulk and mass have paid off, as she's tied for first place with Buffy Gordon, a personal trainer from Illinois who first enrolled as a strongwoman just five weeks prior to this event. Havelka blew her lead after losing her grip during the Hercules Hold. Now, it's come down to the ultimate test of girl power: the Atlas Stones.

Over the loudspeaker, Art McDermott makes a surprise announcement that, for this event, the women will be lifting the stones to the same heights as the men. The challenge is to hoist six concrete boulders, ranging in weight from 120 to 200 pounds, onto platforms as high as 64 inches. "Everyone but spotters, please leave the floor," he adds. "We don't want anyone to get crushed."

It wouldn't be the first injury. Earlier in the day, one of the strongmen stumbled backstage with blood spurting from his hand after slicing it open during the Farmer's Walk. And just a few moments ago, Art's wife, Julie McDermott, collapsed after carrying a 200-pound weight up a flight of stairs. "I think I blew out the ligaments that hold my knee together," she



"There's a fine line between the athletic women and the freaks"

Art McDermott

speculates. "But they can fix it. I'm not going to let it stop me." In true strongman style, she's adhering to the precept of coach Murphy: "You don't quit," he says, "unless you're a pussy."

The crowd rises to its feet as the final Atlas Stones match begins. Mann and Jacobson buckle under the rocks, just barely able to keep them aloft. But Buffy Gordon comes alive, squeezing all five of the paleolithic stones up to the platforms in 56.75 seconds. The pressure is on Havelka, and she's ready. Her fans cheer. Her hands glisten with tacky.

Art McDermott signals and



Event 6: Atlas Stones

Object: Lift five stone balls, starting with 120 pounds and working up to 200, onto platforms in the fastest time

Results: 1st: Julie Havelka, 35 seconds

2nd: Liane Blyn, 39.22 seconds

3rd: Buffy Gordon, 56.75 seconds



The strongwomen lift to the same height as the men



The Winners

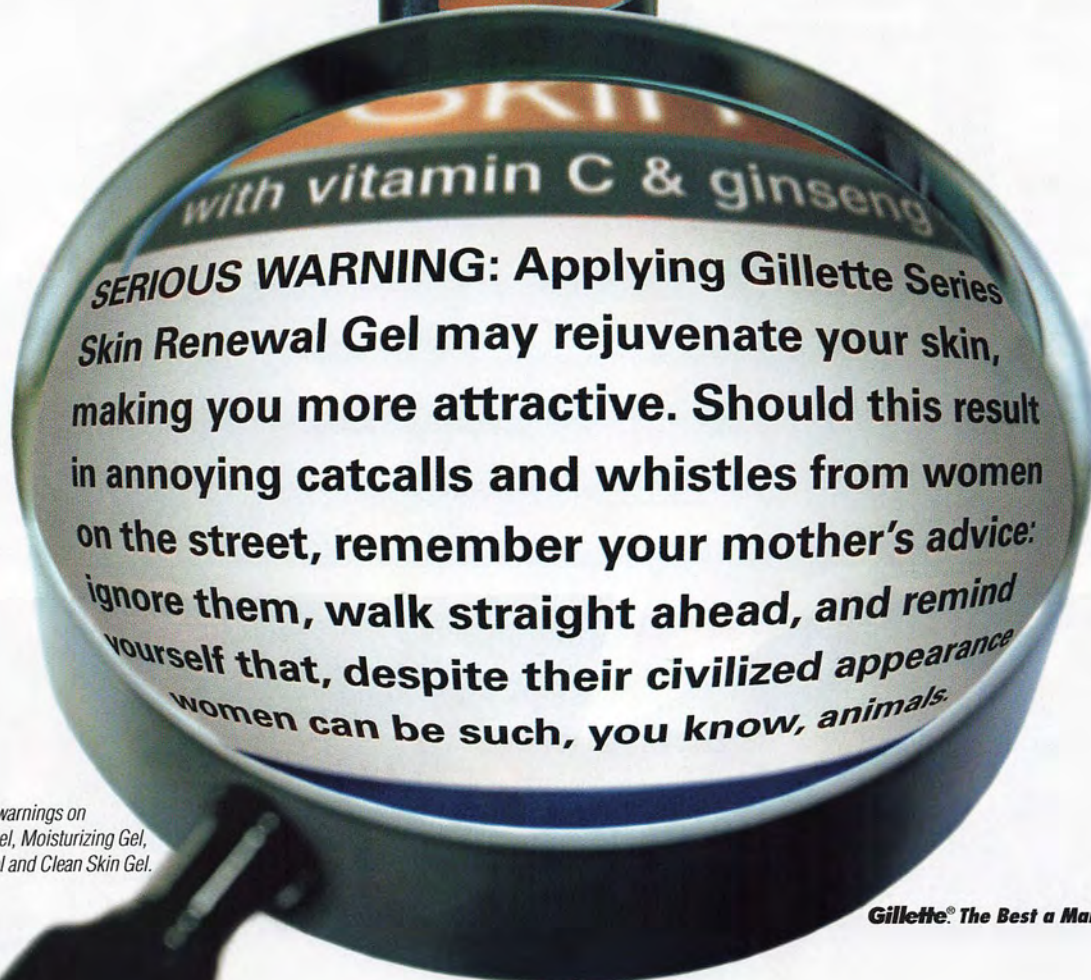
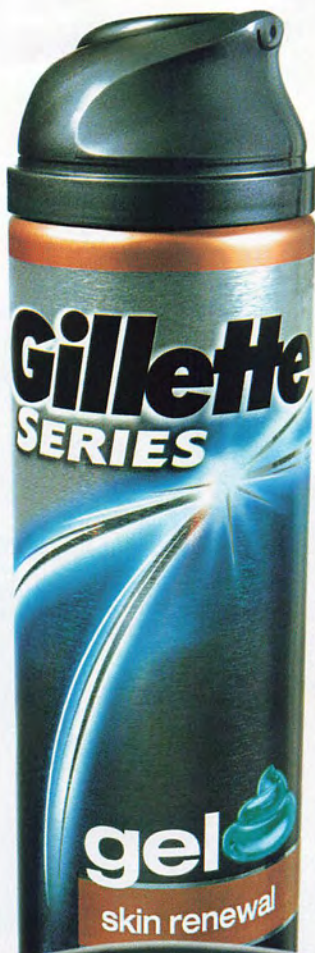


1st Julie Havelka

2nd Buffy Gordon

3rd Liane Blyn

Havelka commands the stones to bid her doing. She pops all five balls onto the platforms—finishing in an impressive 35 seconds. The crowd explodes into raucous applause. The speakers blare Queen's "We Are the Champions." Havelka throws her arms up triumphantly as her boyfriend, Tod, runs to greet her. Wrapping his thick arms around her waist, he grunts and hoists his strongwoman from the ground. Just barely. **FHM**



* Note: Also read warnings on Sensitive Skin Gel, Moisturizing Gel, Conditioning Gel and Clean Skin Gel.

Gillette® The Best a Man Can Get™



Live Responsibly 

Tell it over a great tasting, less filling Miller Lite.

It's MILLER TIME®

The Girls of Buffy Tribute

BY JOHN SELLERS

Fighting evil isn't all wooden stakes and eye-of-newt witchcraft. It's the wickedly sexy babes of Sunnydale who kept us spellbound for the past seven years

Sarah Michelle Gellar

Born April 14, 1977, in New York, NY
Resided in Sunnydale from 1996 to 2003 as Buffy Summers, the show's titular slayer whose putdowns are as deadly as her pointy stakes

What will be missed most

Her martial-arts mayhem, slick one-liners and the way her hair flips when she's roundhouse kicking.

Behind the scenes

"In the first season, I was about 15 pounds heavier and a full cup-size bigger. I wasn't going to wear tops without a bra, so you always saw the straps. For the second season, I discovered strapless bras."

What you may not know

"I'm big in the prison system. Inmates love the Buffster!"



GREG GORMAN/THE WB/ZUMA PRESS; ANDREW MACPHERSON/UPN

Top 10 Buffy Moments

A countdown of the chief vampire slayer's most unforgettable scenes



10

Episode: Homecoming
Buffy and Cordelia are in a grudge match to win homecoming queen. All gussied up for the competition, they're attacked by German vampires. Cordelia's dress gets ripped, and Buffy proves she can high kick in formal wear.



9

Episode: The Surprise
Buffy gives her flower to her boyfriend Angel, who is a vampire gone good. Sadly, an ancient gypsy's curse means that Angel's moment of sexual bliss reverts him to his old demonic ways. The moral: Humping vampires is a bad idea.

Episode: Welcome to Hellmouth
Buffy kicks her first butt—cat fight!—when she takes on hottie vampire Darla in a crypt. It's also the first time our heroine reveals her penchant for wearing skimpy, tight tank tops.



8

Episode: Once More With Feeling
In the best thing that's ever happened to show tunes, the much beloved musical episode found Buffy flipping her hair and gyrating her hips in a showstopping dance number.



7



6

Episode: Smashed
Buffy and her new nemesis/love interest Spike are fighting, then kissing, then . . . there's the noise of a zipper being pulled down. Buffy hops onto Spike's hips, and as they go at it, they literally tear down the house around them.



5

Episode: Prophecy Girl
It's the first time Buffy dies, and she has the class to do it in a prom dress. After she's revived through downright unbelievable CPR, she doesn't bother changing dresses before kicking the crap out of the vamp who had killed her.

Episode: Bad Girls
Faith, the slutty rival slayer, convinces Buffy that killing vampires is akin to a sexual thrill. To celebrate a successful night of staking, they venture to a local club and proceed to dance together like complete and utter whores.



4

Episode: Reptile Boy
At a frat party, Buffy and Cordelia are drugged and captured "for the pleasure of the one we serve"—a reptilian demon lurking in the basement. They awake chained to a wall S&M-style. In other words, it's a frat party.



3



2

Episode: Graduation Day, Part One
Buffy and Faith, who has become evil, fight on a rooftop while handcuffed to each other. In addition to the excellent choreography, the two of them rolling around is enough to make the blind see.



1

Episode: Go Fish
Buffy fights a few varsity swimmers who have morphed into mutant fish-beasts due, naturally, to bad steroids. All the elements for greatness are there: water, low-cut necklines and the need for constant dunkings.

A full-page photograph of actress Charisma Carpenter. She is posing in a black, strapless, corset-style bodysuit with a mesh-like texture. She is wearing black high-heeled shoes with multiple thin straps across the foot. Her hair is styled in a messy, upturned bun. She is leaning forward, resting her hands on a light-colored wooden floor, and looking directly at the camera with a slight smile. The background is a plain, light-colored wall.

10

Things
you
didn't
know
about

Charisma Carpenter

Suddenly,
vampires and
demons
seem very
attractive

BY SEAN
McCUSKER

Whether or not you've become a fan by now, chances are you would not have admitted seven years ago that you were looking forward to watching a WB show titled *Buffy the Vampire Slayer*. That's because most of us are too stupid to see a good thing even when it's right in front of us. Among the choice women who have joined the show over the years, few have been as popular—or hellaciously hot—as 32-year-old Charisma Carpenter. Again it was the savvy channel surfer who followed Charisma when her character, Cordelia Chase, moved to the spinoff series *Angel* in 1999. For the rest of you, here's what you've been missing.

1

She serves as inspiration for Hollywood wannabes

For every rags-to-riches Tinseltown story, there are a million grim tales of small-town prom queens sweating it out in restaurant jobs and "art films" waiting to be discovered. That's precisely what happened to Charisma. Her delivery of a turkey club to a keen-eyed agent at a Hollywood restaurant led to a smile, some chitchat, a business card and a handshake—not to mention the beginning of her career.

2

She's got brass ones

Fans of *Angel* have become accustomed to seeing Charisma throw down in impressive ways. It's tempting to chalk up her onscreen physical prowess to stunt doubles and special effects, but she's the real deal. Charisma says she enjoys hanging off the sides of mountains while rock climbing, and has even jumped out of a plane. Those days are over, however, as her killjoy TV producers had her sign a five-year contract forbidding her from continuing with such hobbies.

3

She traded her life's dream for Big Macs

Charisma's first show-biz dream was rooted in the elite world of ballet. Fortunately for those of us who haven't got around to buying those season tickets to the ballet, she had second thoughts about a lifetime of callused toes and bulimia. "I had the ability but not the heart for it," Charisma says. "A lot rides on your physical appearance and your weight." Unlike acting, of course.

4

She is strong like ox

Unlike most mothers-to-be, Charisma didn't let a little thing like a baby get in her way. She stunned her TV bosses by telling them she'd be back on the set just two weeks after giving birth this past March. If everyone had Charisma's work ethic, we'd live in a very different country. And it would be called Japan.





5

She isn't exactly Bob Vila

While most new homeowners stress over the condition of hardwood floors or that new coat of paint when moving into their new digs, Charisma takes a more spiritual approach. The star recently bought a house and, before she moved in, performed a variety of arcane rituals involving sage and holy water. "I took holy water and sprayed every window, every door, the yard, the whole property," she explains. "Sage is a cleansing element the Indians use to clear out bad energy. I'm not paranoid about it, but I think there are unrested spirits, things that you can't allow into your home."

"I'm not paranoid, but I think there are unrested spirits"

6

She could have been named Chanel

Charisma's parents must have been able to see the future to burden her with a name so profound. Taking dubious inspiration from one of the beauty products on top of her dresser, Charisma's mom got her daughter's name straight from the label of an Avon perfume bottle. Although the name was ultimately fitting, Charisma admits the scent is one that should be forgotten. "My mother wasn't into the smell," she admits.

7

She's worked the strip

Charisma has resided in such sunny locales as San Diego, Los Angeles and Rosarita City, Mexico, but she began performing in Las Vegas. Growing up in Sin City, she started her classical dance training at age 5 and found herself entertaining hotel guests on the Vegas strip by the ripe old age of 9. Thankfully for those of us who appreciate her figure, Charisma's family relocated to Southern California before she discovered the joys of the \$8.99 all-you-can-eat prime-rib buffet.



8

She likes hogs

With a small child at home, you'd think Charisma's adrenaline-junkie ways would have rolled over and died. But that's because you didn't know that she has five hell-raising, Harley-riding uncles. Charisma says her next project is to get her motorcycle license and make like Peter Fonda on the open road. In an uncharacteristic nod to self-preservation, however, she confesses, "It's not going to be an 800-pound bike, all chromed-out and stuff."

"My high school sweetheart had that smart thing going on"

9

She gives hope to nerds

Considering her stunning good looks, one would assume that Charisma's high school hunk was a quarterback named Chet. Although she was a homecoming princess and a varsity cheerleader, Charisma's pursuits favored the kind of guy who wrote heady poetry and listened to The Cure. "My high school sweetheart wasn't popular," she says. "He kept to himself and had that brooding, smart thing going on." God bless Morrissey.

10

She's bulletproof

Drama in Charisma's life isn't limited to the small screen. In 1991, a moonlight swim at a San Diego beach turned into a nightmare for Charisma and two guy friends when a pistol-toting psycho attacked. Charisma's friends battled him for the piece, and both ended up with bullet wounds. She was unhurt, and the predator—a cop—was put away for most of this century.



Pioneer *sound.vision.soul*

DISRUPT



PIONEER-DISRUPT.COM



Eliza Dushku

Born Dec. 30, 1980, in Boston, MA
Played Faith, a slayer with a dark, bitter, slutty side, in 1998, 1999 and 2003

What will be missed most

The way she defiantly tosses her hair during her regular cat fights with Buffy. Oh yeah, and the cleavage.

Behind the scenes

"I was raised Mormon, and half of my family is humiliated by this role. My grandmother wouldn't return my call for a week, because she saw an episode where I had a sex scene and she flipped out."

What you may not know

"Once, some guy at a hotel bar asked me if I was on TV, and I said yes. So he threw his drink at me. I was recognized, but my face was wet. It was nuts."



Clare Kramer

Born Sept. 3, 1974, in Atlanta, GA
Played Glory (aka Glorificus), a fashionable, bratty hellgod, from 2000 to 2001

What will be missed most

Her adorable tendency to hatch evil plans while soaking in a bubble bath.

Behind the scenes

"I once clocked Sarah's stunt double right between the eyes—she had a big knot on her forehead and two black eyes. The crew started to call her Unicorn."

"I once clocked Sarah's stunt double right between the eyes"

What you may not know

"My first acting job was doing live appearances as the Wendy's girl. I had to wear this blue gingham frock, knickers that matched and the blond braids with freckles. In parades, I'd have toys to throw to children. And if I was in a bad mood, I'd try to peg people with them."



Amber Benson

Born Jan. 8, 1977, in Birmingham, AL
Played Tara Maclay, the mousy, stammering Wiccan girlfriend of Alyson Hannigan's Willow, from 1998 to 2002

What will be missed most

Those sexy runes tattooed on her back.

Behind the scenes

"We were talking, and we decided they need to make little, vibrating Spike dildos. 'Spike me!' Very painful. . . ."

What you may not know

"I admit it: I'm a freak who sits obsessively in front of my computer typing my name into Yahoo Search over and over again. I'm a closet Amberholic. Please help me!"



NEW
FreshSnap™ Can



GUARANTEED FRESHNESS IN A SNAP

Listen for the "snap" of guaranteed freshness.

Only Skoal Fine Cut comes in the new FreshSnap™ can. FreshSnap cans keep our premium hand-selected, 100% American-grown tobacco so fresh, we guarantee it until the date stamped on the bottom of the can. The new, easy-open FreshSnap can – fresh taste, in a snap.



A PINCH BETTER.™

FULL-BLOWN FLAVOR. 100% AMERICAN TOBACCO.



©Trademark of U.S. Smokeless Tobacco Co. or an affiliate. ©2003 U.S. Smokeless Tobacco Co.

U.S. Smokeless
TOBACCO CO.

Julie Benz

Born May 1, 1972, in Pittsburgh, PA
Tormented Buffy through the first season as Darla, an age-old and venomous vampire

What will be missed most

Not the ridiculous unibrow she sports as a vampire, but certainly those tight corsets in all of the flashback scenes.

Behind the scenes

"One day [after a raunchy scene], I said to the crew, 'From now on, I have the world's most perfect body. I don't care if you don't believe it, but if anyone ever asks you, I have a perfect body.' They all had a good laugh over it."

What you may not know

"I am such a huge fan of Jack Nicholson, and to work with him as a fellow actor in *As Good as It Gets* was the high point of my life. He was really cool and he *didn't* hit on me."



GRAHAM KUHN; STYLING BY TOD HALLMAN; HAIR BY DANIEL ABRIOLO; MAKEUP BY TYM BUACHARN

XBOX INTRODUCES

PLATINUM HITS



BEST-SELLING GAMES ON XBOX FOR ONLY \$19.99* EACH!



TELL YOUR GIRLFRIEND WE'RE SORRY

There are 3 things gamers shouldn't be without – cheese balls, some friends, and a solid library of video games. With Platinum Hits, you can stock up on best-selling Xbox™ titles, such as Project Gotham Racing™, Max Payne™, and many more, without breaking the bank. Once you've got a nice stash built up, you won't have much time to miss her anyway.

©2003 Microsoft Corporation. All rights reserved. Microsoft, Xbox and the Xbox logos are either registered trademarks or trademarks of Microsoft Corp. in the U.S. and/or other countries. Other product and company names mentioned herein may be the trademarks of their respective owners. The ratings icon is a trademark of the Interactive Digital Software Association.



*Estimated Retail Price. Actual retail prices may vary.

www.xbox.com/games/platinumhits



Emma Caulfield

Born April 8, 1973, in San Diego, CA
Played Anya Jenkins, the former demon turned straight-talking, sex-crazed human, from 1999 to the end

What will be missed most

The Anya paradox: She has a bizarre fear of bunny rabbits, but loves to shag like one.

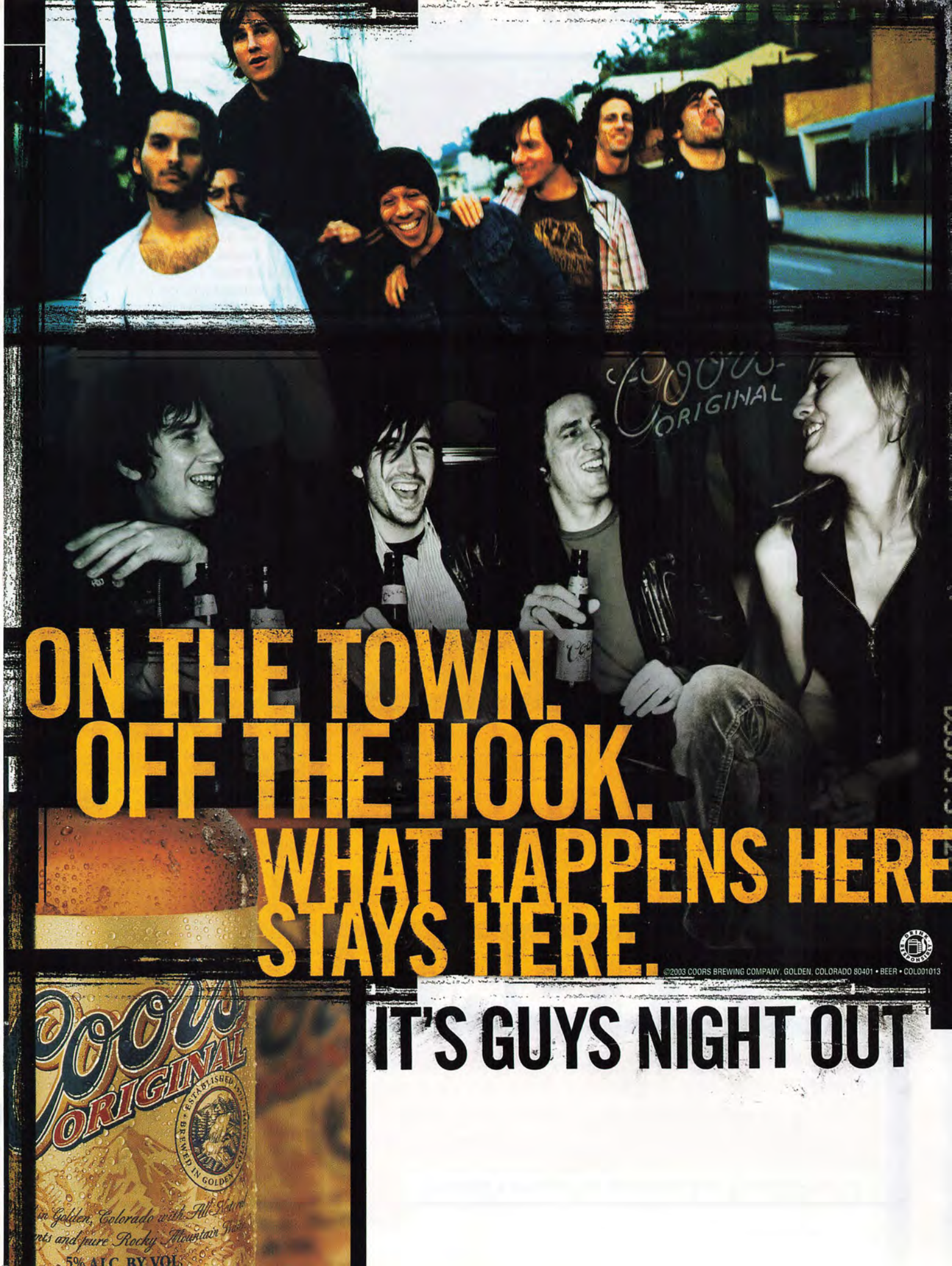
Behind the scenes

"My action figure would have something sexual, I think. It would have to, right? Like a whip, or maybe a pair of handcuffs?"

What you may not know

"I've never had a sexual experience with a girl. But I'd really be hard-pressed to think of an actress out there who hasn't at least tried it. I'll be at parties and everybody's talking about that stuff." **FHM**





ON THE TOWN.
OFF THE HOOK.
WHAT HAPPENS HERE
STAYS HERE.

IT'S GUYS NIGHT OUT



Brewed in Golden, Colorado with All-Natural
Ingredients and pure Rocky Mountain Water
5% ALC BY VOL

©2003 COORS BREWING COMPANY, GOLDEN, COLORADO 80401 • BEER • COL001013

25

GREATEST
SCENES IN

MOVIE

HISTORY

From boxing geriatrics to grizzled gunslingers, these are the sequences that keep audiences buying \$6 vats of popcorn. Studio execs will please note the marked absence of Vin Diesel

BY ADAM WINER ♦ PHOTOGRAPHY BY GORMAN & GORMAN



25

Bob Barker KO's Adam Sandler in *Happy Gilmore*

Wowing audiences with both his vicious uppercuts and willingness to bellow, "The price is wrong, bitch!" Barker proved that Sandler had thrown down with the wrong game-show host. In fact, Barker has trained in karate for 20 years, at one point studying under a yet-to-become-famous Chuck Norris.



24

A laser inches toward Sean Connery's junk in *Goldfinger*

This was the first time 007 faced a gloriously elaborate death and German actor Gert Fröbe's first scene as Goldfinger. Hence, it was also the first time the director realized Fröbe's English wasn't nearly as good as his agent had promised. The Kraut's lines were later replaced by an American using a fake German accent.



23

The Pythons get crucified in *Life of Brian*

Since the proper way to cap a mass crucifixion is with a rousing musical number, Eric Idle added the toe-tapper "Always Look on the Bright Side of Life." The song became so beloved by the English that when the British destroyer HMS *Sheffield* took a hit during the Falklands War, its crew sang the ditty on deck as their ship was going down.





22

Clint Eastwood calmly starts the killing in *A Fistful of Dollars*

Eastwood displayed a revolutionary mercilessness for a film's hero as he sent the local coffin-maker some business. However, he hated his character's trademark cigars. When filming, he would stick progressively smaller stubs in his mouth so he didn't have to actually smoke the stogy down.



21

Al Pacino introduces his little friend in *Scarface*

Watching this blood-drenched scene, in which Pacino soaks up bullets as if his name were 50 Cent, helped convince the MPAA to slap the film with an X rating. It was only through a special appeal one month before the film's release, in which the studio offered testimony from a police chief and two child psychologists, that the rating was reduced to an R.



20

An unseen shark gets its first bite to eat in *Jaws*

The mechanical sharks created for this film were notoriously useless, resulting in massive delays and causing the crew to nickname the movie *Flaws*. Not surprisingly, it was the shots without the shark that proved to be the most terrifying, especially this first one, which tragically scared an entire generation of women from skinny-dipping in the ocean.



19

Anne Bancroft tries to seduce Dustin Hoffman in *The Graduate*

Bancroft's advances on the younger Hoffman tapped into every male's desire to taste the aged Gouda. The role of Benjamin, however, was initially intended for Robert Redford. It was only after he read for the part that the filmmakers decided they needed someone far less handsome and suave. Enter Dustin.



18

Slim Pickens rides an H-bomb in *Dr. Strangelove*

Peter Sellers, who plays three other characters in the film, was also set to play this bomber with a zest for nuclear obliteration, but then he broke his ankle. Director Stanley Kubrick called in Pickens. Because Slim was already a walking Texas caricature, Kubrick didn't mention the film was a comedy and just told him to play it

RECOLLECTION

'I WEDGED SAUSAGE BETWEEN MY THIGHS'



American Pie's Jason Biggs recalls his time as a premature ejaculator

Shannon Elizabeth did the booby dance for you. Elaborate. People always ask me how I could concentrate on the scene, but do you know how many millions of other things were going through my head? Don't get me wrong, I was

aware of Shannon's boobs in my face, and I stole glances. And enjoyed them. But you can't have someone in there who's just salivating. Right. So were you worried about popping a stiffy? I certainly thought about

it. These days I would put briefs on under my boxers, but I didn't then. If I'd popped a chubby, it would have been very obvious. Did you consider calling in a stunt penis? No, but we did use one in the scene where my parents catch

me masturbating. The prop department grabbed a breakfast sausage from the catering truck. They wrapped it in tinfoil, stuck a pencil through it so it would stand up, then wedged it between my thighs. It worked perfectly.



17

Shannon Elizabeth elicits a premature reaction in *American Pie*

It's a long known cinematic rule that puerile comedy is at its best when mixed with gratuitous nudity, but this striptease also brilliantly mixes in Web voyeurism and a monkey. For those who missed the primate, it was with a group of guys watching the fun online. And those simian-loving guys were a pre-fame Blink-182.

RECOLLECTION

'ON THE FIRST TAKE I BROKE HIS JAW'



16

The Hanson brothers first take the ice in *Slap Shot*

Turning poor sportsmanship into an art form, this was the goon trio's finest hour as they unleashed their patented brand of cross-checking and general thuggery. And it was all based on their real lives. The script was written by the wife of one of their minor-league teammates after she spent some time on the road with the team of chuckleheads.



Slap Shot's Jeff Carlson, Steve Carlson and Dave Hanson detail their careers as thespians

Were any hockey players harmed during the shooting of this film?

Dave: Yeah, there was one guy who was a yapper and I hated him. I was supposed to take a swing at him and miss him by three feet. So on the first take, I

spun him around and just drilled him, knocked him out and broke his jaw. I was like, "This is my first movie. I don't know how to do this stuff!"

What was the toughest fight of your career?

Jeff: Dave inside a car. Two 6-foot-2 guys

punching each other in the back seat over a lady. We went down the road, had a few pops and laughed. Did you guys ever wrap your hands in foil in the NHL?

Steve: No, we taped our hands like boxers. Then they outlawed it. So we

got golf gloves, soaked them and put them on a radiator until the leather was rock-hard. But you had to get in a fight on your first shift, because as soon as you started sweating, the leather would soften up.



15

Neve Campbell and Denise Richards ménage in *Wild Things*

With champagne, high school girls and the words "Now I want you two to kiss," this threesome was soft-core porn with big-name actors. Luckily, the director cut out another scene that proved too gratuitous even for him: Matt Dillon and Kevin Bacon showering together.



14

Sylvester Stallone sprints up the stairs in *Rocky*

After Sly's triumphant step sprint, no sports flick would be complete without a music-driven training montage. Stallone was originally supposed to start the run with his dog, and then carry the 135-pound mutt to the top. But when he could conquer only half the stairs while hefting the portly pooch, the hound was bagged.



13

Bruce Lee whups Kareem Abdul-Jabbar in *Game of Death*

Lee had always wanted to film himself pounding the tar out of a ridiculously huge adversary, and at 7-foot-2, Kareem had the desired stature. He had long been one of Lee's students (along with Steve McQueen and James Coburn) and had even baby-sat little Brandon "I'll Grow Up to Be the Crow" Lee.



12

Charlton Heston realizes he's on Earth in *The Planet of the Apes*

This famous twist ending didn't appear in the original French novel, and was instead added by screenwriter (and *Twilight Zone* creator) Rod Serling. At one point, the filmmakers were planning to add yet another shocker: having Heston killed by the apes just as he reaches the Statue of Liberty.



11

Larry B. Scott raps in *Revenge of the Nerds*

Produced by Ted Field, who would later start Interscope Records and sign Tupac Shakur, the film clearly understood the rap game. While white dweebs usually shouldn't try to rhyme, there's an exception for any group fronted by a flamboyantly gay black guy and accompanied by an Asian dude dressed as an Indian and playing a gong.



10 **Mark Hamill learns Darth Vader is his pappy in *The Empire Strikes Back***

To keep this final plot twist secret, only Hamill was given the real script pages. Since Vader's voice was provided by James Earl Jones after filming wrapped, the actor who pranced around onscreen in the Vader cape, David Prowse, was given fake dialogue to spout. Hamill then overreacted accordingly.



9 **Harrison Ford ends a sword fight in *Raiders of the Lost Ark***

When Ford is confronted by a master swordsman, it was supposed to set off an epic battle of blade versus whip. Except, on the day of shooting, Ford had the zumes, so he asked to shorten the exchange. Hence, he simply shoots the guy, letting Ford, and his tighty-whities, get away clean.



8 **Ving Rhames meets the Gimp in *Pulp Fiction***

Even cooler than Sam Jackson with Jheri curl, the Gimp stands as one of cinema's finest creations. Leather-face was played by Stephen Hibbert, writing partner to ex-*Saturday Night Live* cast member Julia Sweeney. Quentin Tarantino would later do an uncredited rewrite on the duo's comedy masterpiece, *It's Pat: The Movie*.



7 **Tom Hanks storms Omaha Beach in *Saving Private Ryan***

The most brutal and realistic war footage ever put on film was created by director Steven Spielberg without the aid of storyboards, but with a meticulous attention to historical accuracy. Note how fierce the Nazi machine guns sound. That's because they shot 1,100 rounds per minute—about double that of the Americans'.



6 **Kevin Spacey gets away in *The Usual Suspects***

The script didn't initially call for the final flashbacks that demonstrate how the cops, and the audience, had just been spoon-fed cinema's most expertly weaved lie. The decision to add them was made in the editing room. The fact that they had the perfect cap for the film in Spacey's line, "And like that—he's gone," was an instance of sheer luck.



5 **Janet Leigh takes a nice, refreshing shower in *Psycho***

It lasts only 45 seconds, but one of the most memorable scenes in movie history consisted of 70 camera angles and took Alfred Hitchcock a full seven days to shoot. It is so successful at scaring the piss out of people that even Leigh, who should know it's only make-believe, claims she doesn't take showers anymore.

RECOLLECTION

'UNDERNEATH THE MASK I WAS BRIGHT RED'



Steve Hibbert, aka the Gimp, reveals the secrets of *Pulp Fiction*'s leather sodomite

How did you become the Gimp?

I met Quentin Tarantino on *Saturday Night Live* the week Harvey Keitel hosted. Later, he called and said, "We're trying to cast this part, and it's a total freak show. You want to read for it?"

I was like, "Suuuure."

Would you have done the part without the mask?

Frankly, no. Underneath it I was bright red, thinking, "I'm being a fucking freak." With it on, though, who gives a shit? But I have two kids; they've never

seen Dad in *Pulp Fiction*, and they never will. **What's with all the moaning?** In the script, I had a line like, "You can't go anywhere." But I thought it was creepier if I didn't say anything. So we decided they had torn my tongue out.

Quentin was like, "Yeah, that's it."

Have you ever used the line "Bring out the Gimp" in real life?

I pride myself on not mentioning it. I've never done anything like "Merry Christmas from the Gimp" cards.

FROM THE CREATORS OF THE MATRIX TRILOGY.



9 short films

7 world-renowned animé directors

1 amazing experience

Own it on DVD and video June 3rd

Parents Strongly Cautioned:
Some Material Not Suitable for Viewers Under 17.

Continue the experience with the soundtrack CD.



VILLAGE ROADSHOW PICTURES



www.theanimatrix.com

www.thematrix.com

www.warnervideo.com

© 2003 Warner Home Video. All rights reserved.



RECOLLECTION

'JACK IN THE BOX BRAINWASHED ME'



Mike Judge, creator of *Office Space*, revisits workplace hell

Where did you draw your inspiration for the printer abuse scene? When I was writing the *Beavis & Butt-Head* movie, I had all these problems with my computer. I thought as soon as I finished the script I was going to take a

baseball bat to my laptop and film myself beating the shit out of it. Then I decided to give it to my mom instead. Still, that's how I got the idea. **Worst work-related experience: Go.** The two that come to mind are loading

chainlink fences and changing the fryers at Jack in the Box. With the fryers, you'd have this big vat of boiling hot grease that was filled to the top, and you'd be walking on a floor that was slippery because you've already spilled grease

on it. Then they'd encourage you to do it really quickly, so you could clock out faster. That was the brainwashing of Jack in the Box. They actually had people who were like, "Oh boy, if I do a really good job, I'll make less money."



4 The printer gets a beatdown in *Office Space*

Allowing all cubicle jockeys to vicariously live their dream of going Louisville on a piece of office equipment, the printer assault can be credited to writer/director Mike Judge. He was often haunted by the film's notorious "PC Load Letter" error message, and, in a twist of irony, even got it while printing out the first draft of his script.



3 Christopher Guest turns it up to 11 in *This Is Spinal Tap*

Except for the songs, this entire comedy was improvised. The cast knew they wanted to do a bit about their amps going up to 11, so they had the prop created, but they weren't sure when the joke would surface. When it did, the response, "Why don't you just make 10 louder?" was thought of on the spot as well.



2 Carrie-Anne Moss and Keanu Reeves decimate a lobby in *The Matrix*

In the movie that redefined the action genre, it was this scene's combo of kung fu and automatic weaponry that most artfully glorified the excessive application of deadly force. The pillars that are blasted to hell contained such elaborate explosives that each one took eight hours to reset after every take.

THE GREATEST MOVIE SCENE EVER!



1 Al Pacino looks after his family in *The Godfather*

To cap what would become the greatest movie of all time, director Francis Ford Coppola intercut shots of Pacino at his son's baptism with scenes of the bloody hits he'd ordered on rival families. Pacino, however, almost had to turn down the role of Michael Corleone due to a previous commitment to appear in *The Gang That Couldn't Shoot Straight*. To get him out of it, Coppola offered the *Gang* producers a trade: In return for Pacino, he'd give them the man who was set to play Don Corleone's traitorous bodyguard—a little-known actor named Robert De Niro.



L.A. LOOKS

LA 2003

**L.A. Land
of extreme
Looks**

THE X-TREME ISSUE

Only in L.A.

**EXTREME HOLD
STARTS HERE:**

Piece It Wax Stick

Mess It Up Fiber Creme Pomade

Sport X-treme Hold Gel

Spike It Gel



www.lalooks.com

COMING SOON!

With studios releasing a slew of enticing cinematic treats this summer, it's time to make like an albino and befriend the dark

MAY PREVIEWS



Bruce Almighty

God transfers his powers to a normal dude, who can finally tackle stuff the big G never got around to. This includes making his woman's breasts bigger and, hopefully, smiting the hell out of *The Real World Las Vegas* cast.



The Italian Job

With its massive car chase, this film becomes a big commercial for the Mini Cooper—billed as the only vehicle that can handle the action. Please note: Mini Coopers start at \$16,975. Dealer restrictions may apply.



The Matrix Reloaded

Neo fights 100 Agent Smiths at once, and Morpheus and Trinity endure a massive freeway chase scene. Meanwhile, the makers of *Charlie's Angels* take notes on what moves they should steal for their next installment.



The In-Laws

Albert Brooks complains when he becomes related to Michael Douglas—but only because he hasn't realized that he can make a bundle at family functions by selling pictures of Catherine Zeta-Jones to the tabloids.



Owning Mahoney

There are three things gamblers desire: a goat that lactates money, Biff's sports book from *Back to the Future II* and control of a \$20 million cash fund at work. Philip Seymour Hoffman gets the latter.



Finding Nemo

This computer-animated fish story was done by Pixar. That means that although the film is tailor-made for kids, it will appeal to guys as well—much like *The Lizzie McGuire Movie*, except in a much less creepy way.

COMBAT

KNIFE FU!

Flip a blade like you're straight out of *The Matrix Reloaded*

Everything even vaguely connected to *The Matrix* becomes instantly cool. So with the evil twins whipping around butterfly

knives in the sequel, it's clear that obsessing over shiny blades won't be just for adolescent boys anymore. Here's

your primer: The butterfly knife plays a central role in the Filipino martial arts tradition, where it's known as the balisong. Knife expert Scott Brennan suggests practicing the following exercises before thinking you're all macho and flipping around a real blade.



Paper balling

To strengthen your grip, lay your hands flat on a sheet of newspaper, then ball it up as fast as possible. "It sounds like a weenie exercise," Brennan admits, "but it works."



Stick twirling

"It's about intimidation," Brennan says. "I've opened the knife in defense, but I've never had to stick anybody." To get huge scary wrists, twirl a two-foot-long stick in circles.



Practice flips

When you're ready for a knife, first make sure it's good and dull. "I've seen people slip and lose their knife," Brennan says. "One guy pinned his own foot to the floor."



Jug slicing

Practice delivering your stabs on a water-filled milk jug that's dangling from a length of sturdy string. "You get a feel for stabbing without any of the bleeding," Brennan says.

FREESTYLE METAL X. © 2002 MIDWAY HOME ENTERTAINMENT INC. ALL RIGHTS RESERVED. MIDWAY, MIDWAY SPORTS, MIDWAY SPORTS SYSTEM, AND THE MIDWAY SPORTS SYSTEM LOGO ARE REGISTERED TRADEMARKS OF MIDWAY HOME ENTERTAINMENT INC. IN THE U.S. AND/OR OTHER COUNTRIES AND ARE USED UNDER LICENSE FROM MICROSOFT. SCREEN SHOTS DISPLAYED ARE FROM THE XBOX™ VIDEO GAME SYSTEM. PLAYSTATION 2, XBOX, AND THE XBOX LOGO ARE TRADEMARKS OF MICROSOFT. FREESTYLE METAL X IS A TRADEMARK OF MIDWAY HOME ENTERTAINMENT INC. IN THE U.S. AND/OR OTHER COUNTRIES AND ARE USED UNDER LICENSE FROM MICROSOFT. SCREEN SHOTS DISPLAYED ARE FROM THE XBOX™ VIDEO GAME SYSTEM.

FREESTYLE METAL X



CLIFFORD ADOPTANTE

AVAILABLE JUNE 2003

EYE OPENER

METALX.MIDWAY.COM

RIDE IT HARD, FAST, AND WHEREVER THE HELL YOU WANT, WITH ALL THE INTENSITY AND INSANITY OF THE MOST HARDCORE FREESTYLE MOTOCROSS PROS. HUGE OPEN ENVIRONMENTS. UNLIMITED SICK STUNTS. INSTANT GRATIFICATION. WORD.



RATING PENDING



Visit www.esrb.org or call 1-800-771-3772 for Rating Information.

PlayStation 2



JUNE PREVIEWS



Hollywood Homicide

When not busy starting their own clothing lines or putting tiny mysterious Band-Aids on their cheeks, rap stars usually spend their time getting murdered. After some rappers pull a Tupac in LA, it's up to Harrison Ford and Josh Hartnett to solve the crime. Because Harrison Ford knows all about the hip-hop.



The Hulk

Dr. Bruce Banner makes a stunning fitness breakthrough when he realizes that gamma radiation works 10 times better than steroids, and without the bothersome side effects of shriveled scrotums and bacne. On the downside, it does make your skin green and reduce your IQ to that of a slobbering tard.



Dumb & Dumberer

Dumb & Dumber starred Jim Carrey and was directed by the Farrelly brothers, best known for *There's Something About Mary*. This prequel stars Eric Christian Olsen, a kid who looks like Jim Carrey. It's directed by Troy Miller, best known for the film *Jack Frost*, in which Michael Keaton is reincarnated as a loving snowman.



2 Fast 2 Furious

With Vin Diesel pretending he's worth \$20 million per picture, producers didn't feel like inviting him to this sequel. Especially with gas costing something like \$15 per gallon these days. Instead, they sent Paul Walker to investigate a drug lord in Miami who also dabbles in—what are the odds?—really fast cars.

Charlie's Angels: Full Throttle

America's favorite speaker-phone-dispatched sex kittens return, this time to find out who's compromising the witness protection program. Plus, they battle former Angel turned evil, Demi Moore. Sadly, producers didn't consider the other obvious choice for the role, Dudley Moore. Probably because he's dead.



FACE-OFF

HULK VS. HUMANITY

Since comic nerds love pointless trivia, Marvel has detailed many of the Hulk's abilities. Here's how Big Green would fare if pitted against human record holders

CONTEST	HUMAN	HULK
Body weight		
	1,400 pounds by American Jon Brower Minnoch	1,040 pounds HULK LOSE
Weight lifted over head		
	580 pounds by Iranian Hossesin Rezazadeh	90 tons HULK WIN!
Vertical leap		
	8 feet, .5 inches by Cuban Javier Sotomayor	3,200 feet HULK WIN!
Horizontal leap		
	29 feet, 4.5 inches by American Mike Powell	1.6 miles HULK WIN!
Holding breath		
	6 minutes, 2 seconds by Brazilian Karoline Meyer Dal Toé	1 hour, 45 minutes HULK WIN!
IQ		
	228 by American Marilyn Vos Savant	65 HULK LOSE

OLYMPUS



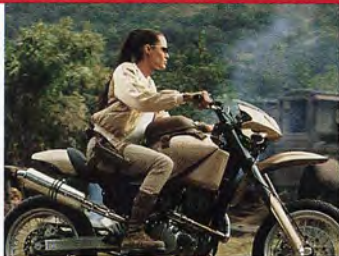
**AMERICA'S
MOST POPULAR
CAMERA SERIES**



**IS NOW
DIGITAL.**

The all-new, all-weather, all-digital Stylus®. Choose from 3 or 4 megapixel models. Both with 3x optical zoom and 12x seamless zoom. An ultracompact body. Our exclusive TruePic™ technology for sharper pictures. And, of course, Auto-Connect USB to ensure easy downloading of the most realistic digital images yet. To learn more, go to olympusamerica.com. **Nothing's impossible.**

JULY/AUGUST PREVIEWS



Lara Croft Tomb Raider: The Cradle of Life

Like an Indiana Jones with hoots, Lara Croft returns to indulge in more archeology-based adventures. This time, she defiles an underwater temple. Clearly this plot was chosen only so the filmmakers would have an excuse to constantly wet down Angelina Jolie.

Terminator 3: Rise of the Machines

Robots have once again dispatched a killer cyborg back in time to alter human history and ensure the future global dominance of ruthless machinery. Upside: This time the cyborg is hot!



Shaolin Soccer

This Hong Kong film became a record-breaking hit in Asia by mixing magical kung-fu powers with a game you haven't cared about since you played it in elementary school. Following that formula, the filmmakers should make the sequels *Shaolin Dodge Ball*, *Shaolin Freeze Tag* and *Shaolin Heads Up Seven Up*.



American Wedding

Only a portion of the crew is back for this third installment of *American Pie*. While audiences wait to learn what new way Stifler will find to accidentally drink jism, Jason Biggs marries a certain band camper who's not only a proficient flutist, but also looks quite fetching in skimpy lingerie (see page 132).



Bad Boys II

Although he's making millions of dollars off this buddy cop sequel, Will Smith probably considers taking this role to be charity work. After all, he is helping Martin Lawrence return to the only role that got him legitimate laughs without requiring that he dress up like a sassy overweight grandmother.



The League of Extraordinary Gentlemen

Here's the deal: Copyrights eventually expire, letting any schmuck put old fictional characters into new stories without paying the creators a single cent. Thus, this superhero team features personalities from many dusty novels you worked hard to avoid reading in high school. **FHM**

AUTOMOTIVE

THE NEMOBILE!

League of Extraordinary Gentlemen's stunt coordinator Eddie Pérez got to pilot the summer's sleekest ride.

"The car was 22 feet long, 9.5 feet wide and 13.5 feet from the steering wheel to the car's nose. When you're driving, you have no vision at all. The front of the car is a separate entity. The biggest problem, though, is the four wheels in front. They all move when you

steer, which means the turning radius is 30 feet. For one scene, I had to drive from the

passenger seat, so they put a second set of gas and brake pedals there. The only trouble is they

switched them, so the brake was on the right and the gas on the left. That was interesting."



NICE BUTTS



e-zwider

**WIDELY
PREFERRED**

www.ezwider.com

visit to win cool
e-z wider wear





Alyson Hannigan

Buffy the Vampire Slayer's kindly witch flirts with her dark side

BY KEVIN RAUB

PHOTOGRAPHY BY STEPHEN DANIELIAN

When it comes to curing the blues, women tend to opt for the shopping spree. At least that's what Alyson Hannigan had in mind a few days after reading in an entertainment magazine that *Buffy the Vampire Slayer*—and hence, Alyson's Wiccan-lesbian-hotpot character Willow—was being put to rest.

Alyson remained in good enough spirits, however, to invite *FHM* to join her on the Third Street Promenade in Santa Monica, CA, before answering the obligatory 50 questions. Following stops at Tower Records (where she bought every one of our suggestions to the tune of a dozen), the Puma store, Guess and a candy shop, the 29-year-old Washington, DC, native seems to have put the sad news completely behind her. When we pop into the local Hooters for a break, she even jokes about getting her next job there. "I know I'm small-breasted," she says, "but they're still nice!"

STYLING BY CRISTINA EHRLICH AND ESTEE STANLEY; HAIR BY LAURENT D. FOR PRIVÉ; MAKEUP BY LUTZ FOR SOLO ARTISTS FOR NARS; THIS PAGE: BLACK SLIP BY LA PERLA; BRA AND PANTIES BY COSABELLA; SHOES BY H. LOS ANGELES; JEWELRY BY JENNIFER KAUFFMAN, LOS ANGELES; OPPOSITE PAGE: CORSET BRA AND PANTIES BY AUBADE; STOCKINGS BY WOLFORD; JEWELRY BY JENNIFER KAUFFMAN, LOS ANGELES

Buffy Tribute!



1 How did the first conversation with Sarah Michelle Gellar go after you found out she was putting a fork in *Buffy*?

It wasn't that big of a surprise, but finding out from a magazine article—that sucked. I'm really upset that that's the way the cast and crew found out they would be unemployed.

2 Did Sarah apologize?
No. She hasn't said anything.

3 If you had to choose, which of the *Buffy* babes would you most like to get down and dirty with?
Eliza Dushku. They're all hot, but she's really fun and outrageous.

4 The end of season five featured a lesbian love scene between you and Amber Benson. Come clean: Was that your first same-sex experience?
In college I probably kissed a couple of girls or something.

5 Probably? That means you did.
Well, it wasn't a life-altering experience. It was more of a party thing and it wasn't that memorable. It must have been the chick.

6 Do you have trouble with "magical" fans who can't seem to comprehend that it's just a TV show?
Little kids call me Willow, which is fine. They're kids, so you can't blame them. With the *American Pie* fans, there's the typical smart aleck: "Hee, hee, hee. Band camp!"

7 Do you guys have an end-of-*Buffy* slumber party planned?
That's a good idea. I'm sure we'll have a wrap party, but I'm thinking about throwing my own soiree. Wrap parties end up being 500 people, and you only know who 10 percent of them are anyway.

8 What is the sexiest piece of clothing you own?
I have this sexy see-through robe with a built-in boa.

9 When was the last time you watched a dirty movie?
I got satellite TV and wanted all the movie channels, so I called up DirecTV. They can see what you're watching, and the service guy was this sweet, polite Southerner. I clicked to a channel and it was a hardcore penetration scene. He was mortified. It was hilarious.

10 Have you ever had sex on the *Buffy* set?
No. Some of the other crew members have, but I'm not saying who.

11 What is the definition of handfasting?
Handfasting? I have no idea. It sounds like something you do with a man's unit.
Close. It's a Wiccan wedding ceremony.

12 Whose ass would you really like to kick?
[Pointing to an elderly passerby on the street] That guy's!

13 Being that we're here at Hooters, what's your suggestion for the best way to hide a camel-toe?
Hooters girls wear those God-awful tights, which seem to do the job. Wearing the shorts without the tights would totally reveal a camel-toe. But because the tights are so tight, it smushes any sort of camel-toe and keeps it all Barbie-like.

14 What celebrity was the biggest disappointment to meet?
I'm a huge Tom Jones fan, and he was such a prick. He was waiting for his wife to get out of a store. Thinking he would be honored that someone my age even knew who the hell he was, I went up to him. He was like, "Yeah, uh-huh, whatever." I thought, "You dick. Well, I'll never throw my panties at you, asshole!" Going back to whose ass I want to kick: Tom Jones's.

15 When is it appropriate to call a guy a bitch?
Always.

16 When you were filming *American Wedding*, the third installment of the *American Pie* trilogy, did Seann William Scott try to grab a handful or pull any slimeball Stifler antics?
Oh my God, Seann is so sweet. He is the nicest guy in the world and so different from Stifler. But we all grab each other, of course. Seann hits Jason Biggs in the balls a lot. The guys are always trying to out-smack each other in the balls.

17 Clever. You've always been associated with a sort of book-smart sexuality. Was it liberating to get naughty for the *FHM* cover shoot?
It was. It's a good time to say, "Goodbye, Willow," and hello to whatever else is coming up. On the shoot, I got into a different character, like, "Hi! I'm a little sexpot who walks around in lingerie all day."

18 Any surprises happen on the shoot?
I got pebbles stuck on my ass—that was surprising. I was wearing a thong and sitting on this dungeon bench that was quite dirty. I got up, and there were all these little baby rocks in my ass.

19 Did a teamster have to come and pick the pebbles out?
No, I handled it by myself.

20 What are your best moves on the dance floor?
My best moves on the dance floor are when I leave the dance floor. I'm not a great dancer. I tend to be a little spastic.

21 What's your favorite part of your body and why?
I like my eyes a lot. I have really good vision and I like the color. They change colors a lot. It's ever surprising.

22 What body part does everyone else like?
A lot of people like my belly and my hair.

23 What's the lamest acting role you've ever been offered?
After *American Pie*, I was offered every dork role in all the teen movies. It was like, "First of all, this is a crappy movie, and second of all, this is a crappy part." I was in a great movie and I had a great part, so why would I go back?

24 You have 15 seconds to clear up any rumors you've heard about yourself.
I'm not dead. That was a rumor I heard years ago, but it's wrong.



25

A night at a strip club: fun, sexy turn-on or grounds for a breakup?
Fun, sexy turn-on!

26

When was the last time you made a guy cry?
On the set of *American Wedding*. I wanted to be one of the guys, and there was this huge spatula on the set. Jason was juggling lemons and I snuck up and whacked him—I really got one of his balls. He welled up, but he was happy for me and admitted, "That was a great one!"

27

Can you tell us what a 7-10 split is?
Sex on the 710 freeway?

28

Good answer, but no. It's when after your first roll in bowling, the last pins on both sides remain standing. What's your policy on car sex?
Yes, please!

29

Guys with expensive, flashy cars: big dicks or none at all?
Thirty percent have big dicks and 70 percent are making up for inadequacies.

30

Who is your reserve celebrity hookup—the guy your man would have to let you sleep with if you got the chance?
Jude Law.

31

Who would you let him have?
Halle Berry. It's hard to compete with Halle Berry.

32

Have you ever seen a dead body?
No, but when we were filming *American Wedding*, two cadavers for a spinal-cord seminar or something were in a trailer next to makeup. Jason Biggs went in and took Polaroids with the cadavers.

35

Rate yourself on scale of one to 10 as a lover.
10.

33

Please take this opportunity to trash anyone who has ever dissed you.
When I was 4 years old, my ballet teacher, Mrs. T, was such a bitch to me. That's why I never took ballet again. She can fuck off!

34

If you could hold any world record, what would it be?
I would want the record for speaking the most languages.
How many do you speak now?
One.

36

What's the worst lie you've ever told?
That I'm a 10. Nah, I'm just kidding—that's *not* a lie.

37

What was the last thing you got away with stealing?
I stole a T-shirt many years ago. It was the kind that changes color with your body temperature. That night, I got pulled over for speeding and thought, "Oh my God, it's karma." I started praying, "If I get away with this, I promise I'll never steal again." And I got out of the ticket. So the next day I went back to the store, snuck into the dressing room and left the T-shirt.

38

If FHM rummaged through your drawers, what would we be surprised to find?
Lots of candy. Right now I'm obsessed with Nerds and Nerds Ropes—those are Nerds on a gummy rope. I have some in my car and in the kitchen pantry, and a box in my closet for when I need a sugar fix.

39

What's the riskiest thing you've ever tried?
Acting.

40

What's the closest you've ever come to dying?
I swallowed my retainer when I was a kid. I would flip it around in my mouth, and one time it went down my throat and got lodged. I fell to the floor and they called the paramedics. I think one of my friends finally got it out.

41

Share a beauty secret with FHM.
Be happy.

42

Dorito chip, landing strip or Brazilian?
Brazilian.

43

What's the strangest thing you've ever put in your mouth?
My big toe. You know, you're bored and want to see what you can do with your body parts.

44

Excellent! Rate yourself as a driver.
I'm a pretty good driver. I got a ticket for reckless driving once. This guy ahead of me was being an idiot, so I did the gutter jump—that's when you pass on the right, where the parked cars would be.

45

Have you ever saved anyone's life?
I have! When I was a kid, I was swimming at a lake with a friend who was just learning. I would toss the life preserver, and we would swim to it and come back. Then a boat came by and the waves made it go too far. She panicked and went under, taking me down. But I got my head up, grabbed the ladder on the dock, reached down and got her.

46

Can "it" ever go on too long?
If you're not with the right person.

47

Your singing in the all-musical episode of Buffy was critically panned. Do you have a rebuttal?
I totally agree! I begged the producer not to make me sing. I sang only two lines except for the choir stuff. I am by no means a singer.

48

What is the right amount of sex?
When your muscles never recover, so that you always have a persistent aching muscle of some sort. When the next day you're like, "Why is that muscle hurting? Oh yeah, that's why."

49

If you could have sex with any historical figure, who would it be?
Napoleon, to see what that complex was all about.

50

What's the best way to say goodbye?
With a hug. **FHM**

Check out Alyson at FHMUS.com



MARQUEE

THE HOTEL

Designed by Todd Oldham, and the recipient of a AAA Four Diamond award, **The Hotel** is a spectacular boutique property set in the heart of Miami's South Beach. This summer, the view from the rooftop pool deck is even more spectacular with unbeatable rates from \$155 per night plus tax. Stay three nights and your fourth is FREE. For more information call **1-877-843-4683** and ask for the "Bare Essentials" package, or visit www.thehotelofsouthbeach.com.



TWINLAB'S RIPPED FUEL

Product after product claims they can get you great abs fast. But there's only one with a patent on getting Ripped. **Twinlab's Ripped Fuel**. All it takes is 4 weeks to realize that there's no faster, more effective way to get the washboard abs you crave than **Ripped Fuel**.

And now with its groundbreaking, clinically proven, ephedra-free formula, **Ripped Fuel** is better than ever before. You'll feel more energized and more motivated. In no time at all you'll start to lose weight, burn fat and reveal the six pack that's been hiding under your flab. With **Ripped Fuel's** clinically tested formula and proper diet and exercise, anyone can get washboard abs in 4 weeks flat. The proof is in the patented formula. **Ephedra Free Ripped Fuel. From Twinlab.**



THE FACES OF THE FUTURE IS ON DVD!

Bring home James Cameron's futuristic sci-fi adventure series, **DARK ANGEL** — starring sexy Jessica Alba as Max, a genetically engineered soldier with attitude to spare. This six-disc Collector's Edition boxed set from **Fox Home Entertainment** contains all 21 Season One episodes, plus audio commentaries, behind-the-scenes featurettes, cast auditions, blooper reel and more!



Buy **DARK ANGEL Season One**

at www.foxstore.com/darkangel and you will

receive free shipping and handling

by entering promo code **FHMFOX!**

But hurry, this offer expires

in the very near future: 6/30/03.

www.foxstore.com

FASHION

THE BEST CLOTHES IN THE WORLD

TIME

Sunken Treasure

With its many dials and functions, TAG Heuer's new diving watch is perfect for both land and sea

PHOTOGRAPH BY
CORMAN & CORMAN



Finding a treasure chest at the bottom of the sea is enough to make any guy hyperventilate. All the more reason to own a quality diving watch that lets you see how many minutes of air is left in your tank. TAG Heuer's 2000 Aquagraph sports Caliber 60, an automatic-winding mechanical movement that displays the chronograph minute hand in the center of the dial, making it easy to read. The bezel is also chunky enough to feel through diving gloves and impossible to turn the wrong way. This ensures that you'll never think you have extra time, causing you to get the bends on the way up and be too weak to stop the captain from stealing your loot.

\$2,800; TAG Heuer, 866-845-7467

HAIR

Tame That Mop!

Paul Mitchell Lab's new hair gel shapes any style

From Elvis's greased-up pompadour to the shaggy 'dos of the Strokes, the relationship between man and hair product has always been a personal one. While no hair gel can satisfy every guy, Paul Mitchell Lab's new ESP (Elastic Shaping Paste) comes close for those who want serious hold. Whether you want to slick your hair back or make it stand on end, ESP adds texture and keeps hair in place without getting flaky. Just make sure you use it sparingly—a dime-size dollop is more than enough to do the job.

\$12; 800-321-5767



BADASS

Killer Clothing

Motorcycle gear for rebels with style

A guy can catch a lot of flak for rocking a Harley-Davidson leather jacket without having the bike to back it up. Not so with new brand I.C.R. vs. Deth Killers of Bushwick. Based on a rivalry between two fictional motorcycle clubs, the funky clothing line started as a joke. Designers Jenn Dixon and Greg Minnig dubbed

themselves the Innercity Raiders because they were part of a group of artists who moved to such inner-city areas as Bushwick, Brooklyn. When they started

making T-shirts, jackets and other motorcycle gear for friends who also had bikes, they named their club Deth Killers of Bushwick. I.C.R. vs. Deth Killers combines the clothing line and the club, giving guys the opportunity to do the rebel thing even without the wheels.

T-shirt, \$160, and belt, \$190; Scoop, NYC, 212-929-1244, or log on to icr.dethkillers.com



BOOTS

Fashion-Packed Footwear

Dr. Martens hits the road to celebrate 43 years of kicks

Worn by everyone from the Who to No Doubt, Dr. Martens has a long history of pushing the envelope when it comes to fashion. This spring marks the 43rd anniversary of the classic

1460 boot, and to celebrate, the good doctor had more than 60 designers create their own distinct versions. Ranging from such wearable styles as John Richmond's

punked-out boots to the less-functional rivet-encrusted pair from Levi's, none of these one-of-a-kind designs are for sale. The boots will, however, tour select stores and

galleries this year (check www.drmartens.com for locations), and Dr. Martens has indicated that the brand will likely work with some of the designers again in the future.

TEXT BY ELISABETH DICK; GORMAN & GORMAN

DICK'S DIARY

Fashion editor Elisabeth Dick answers your style questions, because there's only so much heckling a man can take



BREAK THE BANK

Chuck your grease-stained La-Z-Boy and pick up this sweet leather chair from Chrome Hearts, a celebrity-favorite brand best known for its rock 'n' roll jewelry and leather goods. Inspired by a medieval design, the Spade Chair is made from fine calf leather with sterling silver studs.

\$24,500; by special order, 212-327-0707



Q I want a pair of board shorts, but I don't surf. What kind should I buy?
Nai Knoller, Buffalo, NY

A It's risky to sport a look if you're not the real deal. If you like the surfer thing, though, here are three rules to keep you from looking like a poseur:

- ♦ Board shorts have buttons or a Velcro tab at the front. Any drawstring should be laced through eyelets on the fly.
- ♦ Surfers often coordinate their mesh rash-guard shirt with their shorts, so style it up with bright colors and patterns.
- ♦ Board shorts should hit around the knee. Anything longer makes you look as ridiculous as an NBA point guard.

Q Rubber flip-flops give me blisters. Is there a better option?

Robert Johnson, Charleston, SC

A Rubber flip-flops always seem like the perfect summer footwear: They come in all different colors, they're cheap and you can toss them out at the end of the season without feeling guilty. But if you don't have the calluses to prevent flip-flops from chafing your feet, you might want to



check out some more foot-friendly styles. Reef, for example, makes great flip-flops with polyester straps that are good to go from day one and require no break-in period.

Smoothy by Reef, \$22; call 800-423-6855, or log on to www.reef.com

DICK'S DO'S & DON'TS

Dick scours New York, fashion capital of the world, for the guys who have it right and those who have it so, so wrong.

Do: From work shirts to slim-fitting jeans, cowboy-inspired gear has always been a staple in men's fashion. This guy's Western shirt is a perfect example. Solid or plaid, these tops usually have a spread collar, a Western-style

yoke, flap chest pockets and snap closures. When worn with a faded pair of jeans, a Western shirt is an easy way to get a great casual look.

Don't: I'm sure there's a bar in Texas where no one looks twice when a guy walks

in wearing white from head to toe and tops it off with a cowboy hat. Not so in the rest of the country. I'd have more respect for this guy if he did the cowboy thing all the way. But sadly, rather than pulling on a pair of boots, he went for sneakers.



DO



DON'T

HELP ME!

Was Michael Jackson still black the last time you went shopping? Are you still wearing one sequined glove? Seek fashion help by sending an e-mail to Dick's Diary at letters@FHMUS.com.



Levi's

T-SHIRT, \$42. JEANS
BY LEVI'S RED,
\$105; AVIATOR
SUNGLASSES BY
TOM FORD FOR
YVES SAINT
LAURENT, \$260.

On the Prowl

Give your nightlife an edge with casual threads from the sharpest brands

PHOTOGRAPHY BY ADAM BARNES

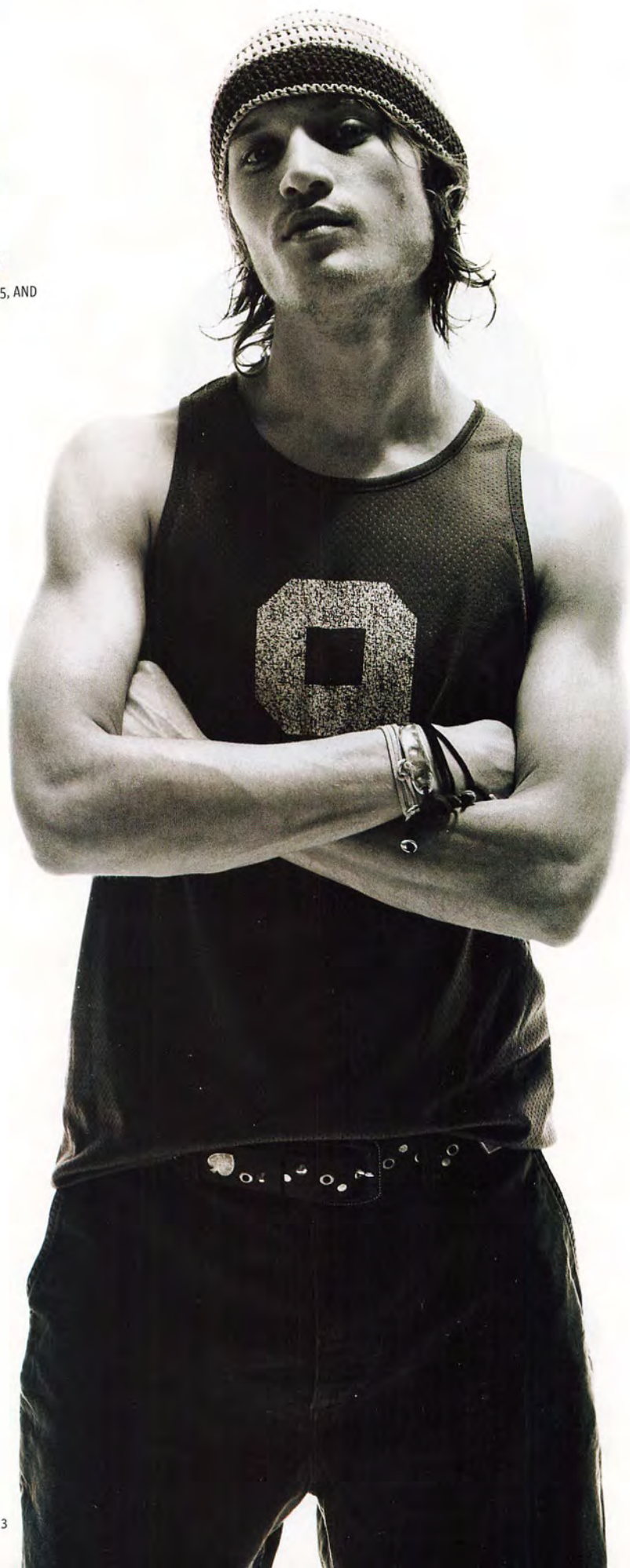
Ben Sherman

TRACK JACKET, \$79, AND STRETCH DENIM
JEANS, \$99. SNEAKERS BY VANS, \$37.



American Eagle Outfitters

MESH TANK, \$18, SHORTS, \$35, AND
STRIPED SKULLCAP, \$15.



**French
Connection**

PLEASURE BEACH SHIRT, \$68.



Kenneth Cole

MESH VEST, \$89, AND SPRAYING MANTIS
T-SHIRT, \$45. DUSTED LEATHER JACKET,
\$300, BY REACTION.

Adidas Y-3

HOODED SWEATSHIRT, \$230,
AND CARGO PANTS, \$260.



Diesel

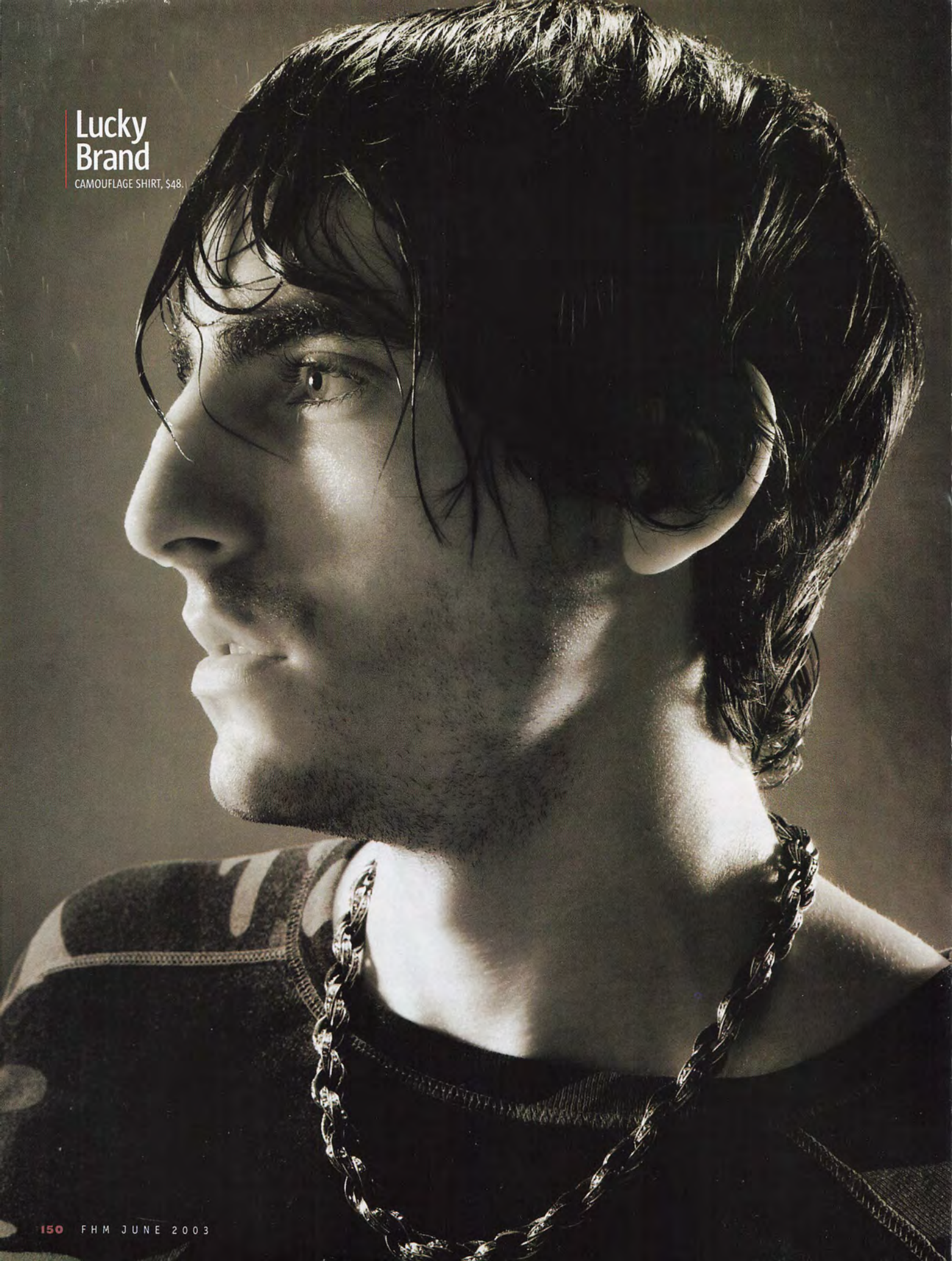
SHAW JUMP SUIT, \$179.



Tommy Hilfiger

TUXEDO JACKET, \$425 (SOLD AS COMPLETE SUIT),
STRIPED RUGBY, \$40, AND DARK-DENIM JEANS, \$50.
SKULL BELT BY ITSUS, \$65.





**Lucky
Brand**

CAMOUFLAGE SHIRT, \$48.

CK Calvin Klein Jeans

COTTON CAMOUFLAGE JACKET, \$88, STUCCO RIBBED TANK, \$34, AND DISTRESSED-DENIM JEANS, \$48. HIGH-TOP BOXING SHOES BY EVERLAST, \$80.



FASHION BY ANTONY WRIGHT
GROOMING BY JOHNNY RUSSELL
AT STAFFORDS PROJECT II
MODELS: FREDDIE AT STORM,
BEN HOLGUIN AND JON PAUL AT
SELECT, TIM JENKIN AND RUARI
PHILLIPS AT NEXT
ALL JEWELRY BY STEPHEN
WEBSTER

Carry On!

Let the future of backpacking rest on your shoulders

PHOTOGRAPHY BY GORMAN & GORMAN COMPILED BY EUGENE TONG



FREEDOM BY COLUMBIA, \$75.



PHALARX BY ADIDAS, \$50.



NEW DELTA 32L BY CERRO TORRE, \$95.



SANDBAG BY OAKLEY, \$98.



PROCESS PACK BY GRAVIS FOOTWEAR, \$60.



EPIC BY NIKE, \$150.



PRO-SKATE BY PUMA, \$90.



DAYTONA PACK BY FILA, \$50.



BACKPACK BY DROP, \$130.



PRO II BY DAKINE, \$90.



FEELING THE BURN?



NO HEAT. NO BODY HAIR. FOR UP TO 8 WEEKS*.

Nothing's cooler than being smooth. And nothing gets you smoother than Nad's No-Heat Hair Removal Gel for Men. It's all-natural from Australia. It's a snap to use. And you can't beat its return investment: 1 app. keeps you sleek for up to 8 weeks! Perfect for weightlifters, cyclists, swimmers, and guys who want to look good and get touched.

NO HEAT. NO BURNING.

Fry the competition without getting burned. Nad's works with your body heat. Use it straight from the jar. Smooth it on and lift away unwanted hair. Its pure, water-soluble ingredients rinse away cleanly.

ALL NATURAL. CHEMICAL FREE.

Nad's For Men is the fresh way to remove unsightly body hair—without chemicals.

EVERYTHING YOU NEED.

Call and we'll toss in our specially blended Smoothing Balm, a big hunk of Prep Soap, plus a high-end instructional CD-ROM—our way of saying thanks. Get the whole works for just \$29.95 plus s&h.

PUNCH IT NOW: 800-358-5557

Available at drugstores nationwide.

NADS.COM *Individual results may vary.

A U S S I E
Nad's®
FOR MEN

FASHION Where to buy

ADIDAS: LOG ON TO WWW.ADIDAS.COM
ADIDAS FRAGRANCE: DRUGSTORES NATIONWIDE
ADIDAS GROOMING: DRUGSTORES NATIONWIDE
ADIDAS Y-3: BARNEYS NEW YORK, NY, 212-826-8900, JEFFREY, NY, 212-206-1272, AND MAXFIELD, LA, 310-274-8800
AMERICAN CREW: LOG ON TO WWW.AMERICANCREW.COM
AMERICAN EAGLE OUTFITTERS: AMERICAN EAGLE OUTFITTERS STORES, OR LOG ON TO WWW.AE.COM
AXE: DRUGSTORES NATIONWIDE
BEN SHERMAN: SELECT MACY'S STORES
CALVIN KLEIN: MACY'S EAST AND BLOOMINGDALE'S STORES
CALVIN KLEIN FRAGRANCE: LOG ON TO WWW.CRAVECALVINKLEIN.COM, OR CALL 800-715-4023
CERRO TORRE: LOG ON TO WWW.CERROTORREUSA.COM
COLUMBIA: LOG ON TO WWW.COLUMBIA.COM
DAKINE: LOG ON TO WWW.DAKINE.COM
DEGREE: DRUGSTORES NATIONWIDE
DEP: DRUGSTORES NATIONWIDE
DIESEL: DIESEL STORES, OR CALL 877-433-4373, OR LOG ON TO WWW.DIESEL.COM
DROP: CALL 866-376-7634, OR LOG ON TO WWW.DROP.MFG.COM
EDGE: DRUGSTORES NATIONWIDE
EVERLAST: LOG ON TO WWW.EVERLASTBOXING.COM
FILA: CALL 888-345-2638, OR LOG ON TO WWW.FILA.COM
FRENCH CONNECTION: CALL 888-741-3285, OR LOG ON TO WWW.FRENCHCONNECTION.COM
FUDGE: CALL 888-383-4387, OR LOG ON TO WWW.FUDGE.COM
GARNIER FRUCTIS: DRUGSTORES NATIONWIDE
GILLETTE: DRUGSTORES NATIONWIDE
GRAVIS: CALL 800-223-7450, OR LOG ON TO WWW.GRAVISFOOTWEAR.COM
ITSUS: ALLSTON BEAT, BOSTON, 617-421-9555, OR LOG ON TO WWW.ITSUS.COM
JACK BLACK: LOG ON TO WWW.GETBLACKJACK.COM
KENNETH COLE: CALL 800-536-2653, OR LOG ON TO WWW.KENNETHCOLE.COM
KEUNE: CALL 800-330-9302, OR LOG ON TO WWW.KEUNE.COM
L.A. LOOKS: DRUGSTORES NATIONWIDE
LEVI'S: CALL 800-872-5384, OR LOG ON TO WWW.LEVI.COM
L'OREAL STUDIO: DRUGSTORES NATIONWIDE
LUCKY BRAND: LOG ON TO WWW.LUCKYBRANDJEANS.COM
NAUTICA COMPETITION: CALL 800-715-4023, OR LOG ON TO WWW.NAUTICA.COM
NEUTROGENA: DRUGSTORES NATIONWIDE
NIKE: NIKETOWN STORES, OR LOG ON TO WWW.NIKETOWN.COM
NIVEA: DRUGSTORES NATIONWIDE
OAKLEY: CALL 800-336-3994, OR LOG ON TO WWW.OAKLEY.COM
OLD SPICE: DRUGSTORES NATIONWIDE
PAUL SMITH: SELECT BARNEYS NEW YORK STORES AND PAUL SMITH, NY
PUMA: CALL 888-565-7862, OR LOG ON TO WWW.PUMA.COM
REACTION KENNETH COLE: CALL 800-536-2653, OR LOG ON TO WWW.REACTIONONLINE.COM
TOMMY HILFINGER: TOMMY HILFINGER STORES, OR LOG ON TO WWW.TOMMY.COM
STEPHEN WEBSTER: BERGDORF GOODMAN
YVES SAINT LAURENT: SELECT SOLSTICE STORES, 646-348-61-00, NEIMAN MARCUS STORES AND YVES SAINT LAURENT BOUTIQUES
ZIRH: BLOOMINGDALE'S AND SEPHORA STORES, OR LOG ON TO WWW.ZIRH.COM



CONTEST RULES

NO PURCHASE NECESSARY. My Excellent Office contest open to legal residents of the 50 United States/District of Columbia who are 18 years of age or older on date of entry except employees (and immediate families/persons living in same household) of FHM and Contiki Holidays ("Sponsors"), their affiliates, advertising and promotion agencies, Contest void where prohibited or restricted by law. To enter, submit one or more original, unpublished photos of yourself in your office and a written explanation of why your office is an enjoyable place to work along with your name, address, age and phone number by US mail to My Excellent Office, FHM, 110 Fifth Ave., New

York, NY 10011. Entries accepted from 12:01 a.m. EST on 2/11/03 until 11:59 p.m. EST on 9/5/03. One entry per person. Entries will be judged based solely on the following criteria: luxury, fun factor and intangible cool value. FHM will select one entry for publication in the March through December 2003 issues of FHM. One winner will be chosen from published entries by a panel of celebrity judges selected by FHM. Winner will be notified by mail on or about 9/19/03, and announced in the January 2004 issue of FHM. One Grand Prize European vacation will be awarded to the winner, including round-trip coach class airfare for two persons traveling together from a New York City metro-

politan airport to Madrid, Spain, with stops in France and Italy, and departure from Rome back to New York City, 12 nights hotel accommodations (double occupancy) and ground transportation. Approximate retail value of Grand Prize is \$4,050. Sponsors reserve right to substitute prize of equal or greater value. Contiki vacations limited to travelers ages 18 to 35. Substitute prize of equal or greater value will be awarded if winner and/or travel companion are over age 35. No prize transfer or cash redemption. Taxes sole responsibility of winner. Sponsors not liable for lost, misdirected or delayed mail. Entrants warrant full ownership of entry and that entry does not violate rights of

any third party. Entry information and photos become property of Sponsors and will not be returned. Entrants consent to use of name and entry submission in FHM. Winner will be required to complete affidavit of eligibility, Winner and travel companion must complete liability release and (where legal) publicity release. For name of winner, mail self-addressed, stamped envelope after 9/19/03 to FHM, My Excellent Office Contest Winner, 110 Fifth Ave., New York, NY 10011.



OTHERS PROMISE RIPPED ABS, RIPPED FUEL DELIVERS IN 4 WEEKS FLAT.*†

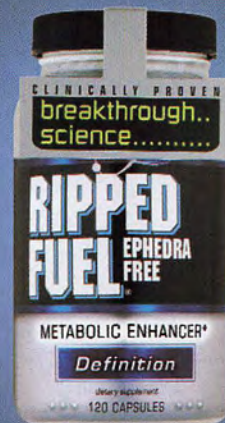


THE PROOF IS IN THE PATENT.



THE SCIENCE BEHIND THE SIZE

*This product contains ephedrine group alkaloids in the form of herbal extracts and may cause serious adverse effects. All products containing ephedrine alkaloids are NOT for use by individuals under the age of 18. Read warning and follow label directions. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. †When combined with a calorie controlled diet and weight training program. Results not typical. © 2003 Twin Laboratories, Inc.



Available at **GNC** and wherever nutritional supplements are sold.

MACHINERY

THE BEST GADGETS AND GEAR

THE BIG SCREEN

HOME MOVIES

Blow out your windows with today's sweetest home-theater technology

BY BEN CRUBER
PHOTOGRAPHY BY GORMAN & GORMAN

TEK PANEL 300

\$6,495; www.tekpanel.com

As Happy Meals, satellite dishes and Sarah Silverman have shown us, all-in-one packages make our world a much better place. The Tek Panel 300 is exactly that—a wall-mountable, 30-inch LCD wide-screen TV with a Pentium 4 computer, a DVD/CD player and a digital video recorder built inside, complemented by such external goods as a wireless keyboard and mouse, and a Bose speaker system. All that's missing are Cheez Balls and adult diapers.

SIM2 HT300 PLUS \$13,995; www.sim2.com

Sim2's HT300 Plus projector uses the same digital technology as theaters, saving you from puberty-pained teens in maroon vests. Its inputs accept any source imaginable and it projects a 16:9, 300-inch diagonal, high-definition hint of utopia that turns films into events and shadow puppets into menacing monstrosities.


BEL CANTO DESIGN eVo6 & PrePro \$12,800; www.belcantodesign.com

After dropping handfuls of G's on a flat-panel TV, it's only right to buy an equally fly amp. Bel Canto's unmatched power comes from its 240-watt eVo6 digital amp, while the PrePro can handle up to 7.1 audio channels. Its five-inch video display not only simplifies setup, but also makes your plasma look that much cooler.


PHILIPS iPRONTO \$1,699; www.philipsusa.com

More than any mere remote, the iPronto is the master of anything that receives infrared signals, meaning you can change the channels and pump up the A/C without getting off your duff. You can also listen to MP3s, surf the Web wirelessly and play full-color games. It's as if Philips has only your ever-lazier butt in mind.


PIONEER ELITE ES-1000DV \$2,000; www.pioneerelectronics.com

The ES-1000DV is the first theater-in-a-box worthy of the Elite badge. The multi-format player handles progressive-scan DVDs, MP3s and more, sending the signal to five high-quality satellite speakers and a hefty-powered subwoofer. Add TV and popcorn, and you're just a buxom date away from a great Saturday night.


POLK LSi15, LSiFX, LSiC \$3,380; www.polkaudio.com

There hasn't been a decent movie soundtrack since *Beaches*, but that doesn't mean you should listen to the movie through a tin can and a string. Polk's LSi family, with its dipole technology, spreads out a more enveloping sound field than typical speakers, and can handle crying and sword fights with both grace and honor.


MARANTZ DV8300 \$1,599; www.marantz.com

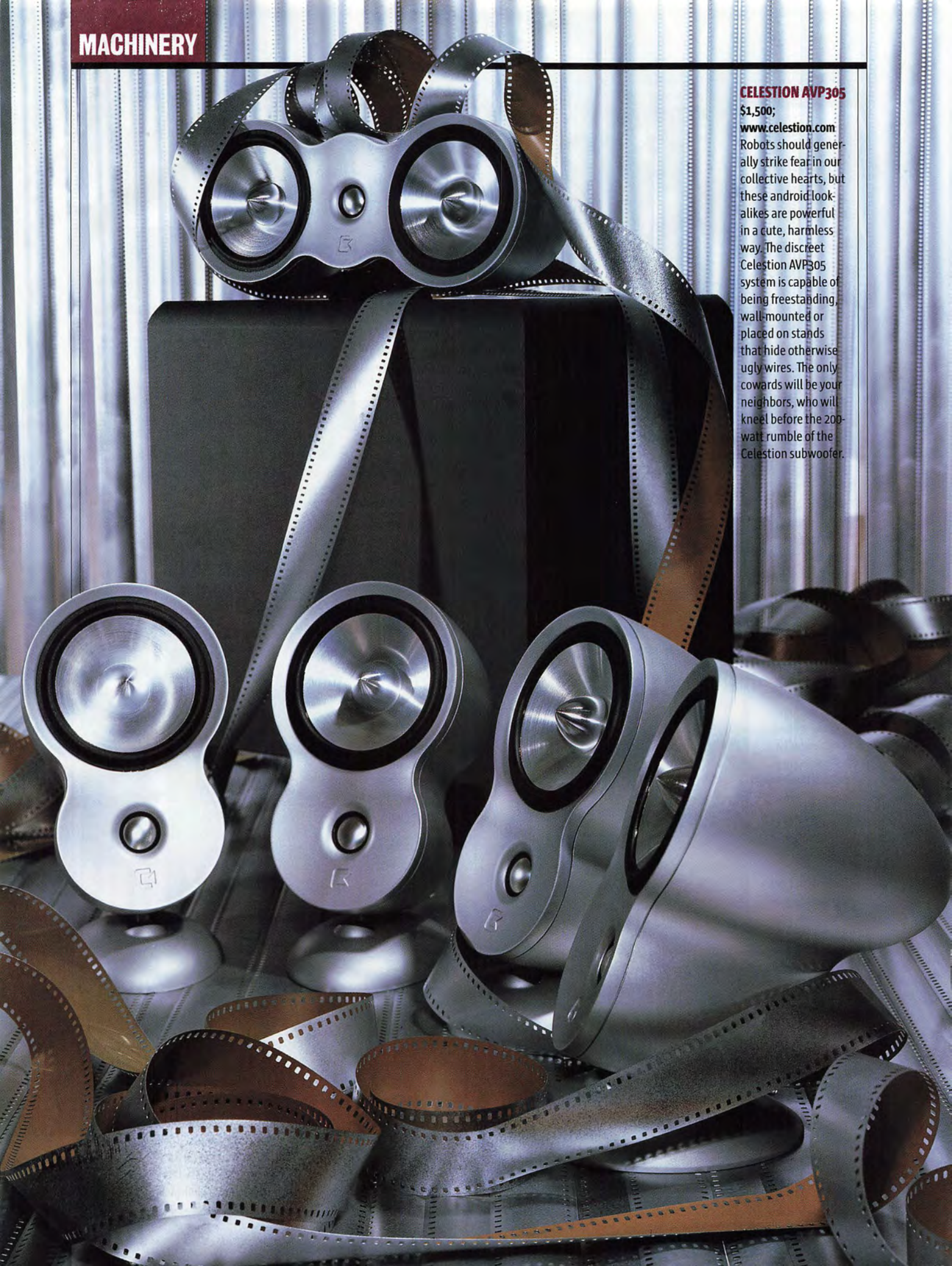

The THX Select-certified and George Lucas-friendly Marantz DV8300 is both the mack-daddy and the daddy-mack of the home-theater universe. This progressive-scan player works with DVDs, DVD-Audios, CDs, MP3s and almost any other abbreviation you can make up—and does it without compromising picture or sound quality. Sign of the dark side, sacrificing quality is.

CELESTION AVP305

\$1,500;

www.celestion.com

Robots should generally strike fear in our collective hearts, but these android look-alikes are powerful in a cute, harmless way. The discreet Celestion AVP305 system is capable of being freestanding, wall-mounted or placed on stands that hide otherwise ugly wires. The only cowards will be your neighbors, who will kneel before the 200-watt rumble of the Celestion subwoofer.



DOES SIZE REALLY MATTER? *Of course it does!*

BREAKTHROUGH PENIS ENLARGEMENT METHOD

The **MAGNA-RX+** Penis Enlargement System is the easiest, fastest and safest doctor-recommended way to add 2", 3", even 5" to your penis. In just a few short weeks, you and your lover will be amazed as you watch your penis become bigger, thicker and harder. No penis enlargement system, pump or pill is easier to use, works faster, or is more effective than the **MAGNA-RX+** Penis Enlargement Formula.

THE WORLD'S #1 PENIS ENLARGEMENT FORMULA

In the past year, demand for **MAGNA-RX+** has exploded as word of mouth spreads about what medical experts have called the world's most powerful *Penis Enlargement Formula*. Dr. George Aguilar has led a dedicated team of accomplished biochemists working in one of this country's most state-of-the-art pharmaceutical laboratories to create **MAGNA-RX+**. The result of their diligent, disciplined work is a proprietary, all-natural botanical formula for men, just like you, who want bigger, thicker penises... FAST!

See what thousands of satisfied men (and their lovers) have already discovered: **MAGNA-RX+** is the world's #1 best-selling *Penis Enlargement Formula* for one very simple reason: **IT WORKS!**

REAL DOCTORS, REAL SCIENCE, AND REAL RESULTS!

FOR MEN AND WOMEN

SATIVOL

Tests Prove: A Sex Solution For Men And Women! This amazing pill gets everyone ready to go! The secret is an enzyme found only in certain grasses. It works on the libido centers of the brain. A manufactured, highly-concentrated dose of that enzyme has a pronounced effect on humans!

Safe And Proven Effective!

Sativol was found effective in two research studies, proving it measurably increased horniness, erections, and pleasure.

- Enjoy big, powerful, throbbing, erections with no letdown
- Enjoy a horny feeling of wanting sex more often
- Enjoy a renewed sex life at any age (providing reasonable health)
- Enjoy women who are once again eager to be sexually active

Regularly \$75.00 **60 CAPSULES ONLY \$49.95**

MOTIVATOR

Motivate her with just one of these tablets (use as directed and with her permission), giving her intense sexual feelings in about five minutes. Best of all, the effect lasts for a passionate half-hour! You'll find the effect of these tablets is irresistible. Motivator will set her on fire! Thousands of repeat customers since first offered in 1989.

24 TABLETS FOR \$12.00

POWER PILLS

Endurance in a bottle from Peter North (Matt Ramsey). "My private formula pills will inject incredible sex performance right into your penis." Known for his sexual endurance in take after take, he personally perfected highly-concentrated doses of ingredients to maintain his supercharged performances. You can have a sustained erection and climax control just like Peter. 87% of our customers reorder!

**30 TABLETS FOR \$18.00
SAVE! 120 TABLETS ONLY \$35.00**

THE ECONOMY PACK GIVES YOU:

60 MAGNA-RX+, 60 SATIVOL,
24 MOTIVATOR, 30 POWER PILLS

Regularly
\$139.90
All For Only
\$89.95
SAVE \$49.95!

best results as quickly as possible. That is the secret of our success! With the **MAGNA-RX+** system, you can *skyrocket* 2", 3", even 5" in 60 days or less with nothing else to buy ever again.

WHAT RESULTS CAN YOU EXPECT?

Use the **MAGNA-RX+** Penis Enlargement Formula once a day for three to five weeks and you will:

- Increase penis size by two to five full inches
- Enjoy a thicker, fuller penis
- Experience more confidence and self-esteem
- Satisfy your lover like never before

BUY 1, GET 1 FREE (A \$60 SAVINGS!)

Need another reason to try **MAGNA-RX+**? How about 50% OFF our regular price! **MAGNA-RX+** normally retails for \$59.95 for a 30-day supply. But if you order now, we'll include a second month's supply absolutely FREE! Imagine being able to increase your penis size up to five full inches for less than a \$1.00 a day!

WHAT DO OUR CLIENTS SAY?

ALL LETTERS ON FILE

"I've been using your product for two months now. I've increased my length from 6" to nearly 8-1/2"."

—WB, Washington, DC

"I was amazed at how effective it was at increasing length and girth from 5" to 6-1/2" in just three weeks!" —VN, Illinois

"My girlfriend loves the results, but she doesn't know... she thinks it's natural!"

—TM, Oklahoma

"I don't mind telling you that... I went from 3-1/2" to 6". I'm trying for even more."

—RC, South Carolina



THE DOCTOR BEHIND MAGNA-RX+

The genius behind **MAGNA-RX+** is Dr. George Aguilar, MD, a Board Certified Urologist who has treated over 70,000 patients suffering erectile problems. He is a member of both the College of Urology and the Society of Urology, and the director of 46 urologists. He is also the former president of his state's Society of Urologists. After more than seven years of diligent research and testing, Dr. Aguilar made the amazing discovery now known as **MAGNA-RX+**: a powerful, reliable, 100% natural, Penis Enlargement Formula.

Individual results may vary. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CREDIT CARD ORDERS CALL TOLL-FREE ANYTIME: 1-800-227-0009

Send to: **RIGHT CHOICE LABORATORIES** DEPT. FHM-063, PO BOX 10132, VAN NUYS, CA 91409-0132

Please ship me the following items:

- ☐ **MAGNA-RX+** (2 months supply)\$59.95
☐ **SATIVOL** (60 capsules)\$49.95
☐ **MOTIVATOR** (24 tablets)\$12.00
☐ **POWER PILLS** (30 tablets)\$18.00
☐ **POWER PILLS** (120 tablets)\$35.00

SAVE \$49.95 ON THE ECONOMY PACK!

☐ Send me **MAGNA-RX+** (2 months supply), 60 Sativol,
24 Motivator, 30 Power Pills all for only\$89.95

I enclose \$ _____ ☐ Check ☐ M/O ☐ Cash

Charge to: ☐ VISA ☐ M/C ☐ AMEX ☐ DISC Exp. Date _____

Acct # _____

Signature X _____

CALL 1-800-227-0009 • FAX 1-818-991-0462

Total Purchase\$ _____

CA Residents ADD Sales Tax\$ _____

Shipping Via Priority Mail or FedEx\$ **6.95**

ADD \$2 for RUSH Service\$ _____

Foreign Orders ADD \$10 S&H\$ _____

Remit in US funds

TOTAL ENCLOSED/CHARGED\$ _____

Name (print) _____

Address _____

City/State/ZIP _____

WWW.RIGHTCHOICELABS.COM



SAMSUNG DYNAFLAT TXN3098WHF \$1,599; www.samsungusa.com

Even with flashy technologies available, there's nothing like an old, trusty TV tube to warm your heart while you rot your brain. Samsung's 30-inch diagonal DynaFlat has that tube, reproducing high-definition broadcasts in style. And by style, we mean a 16:9 dimension that nixes those annoying black letterbox borders.



HARMAN KARDON DPR 1001 \$1,499; www.harmankardon.com



Harman Kardon hypes the DPR 1001 as a "digital path A/V receiver." Or in layman's terms, straight-up digital—from the disc all the way through to the amps. This digital signal gets sent to seven different channels with a sturdy 50 watts bumping behind it. Or in layman's terms, Snoop's girlie documentaries will sound that much better.

PS AUDIO POWER DIRECTOR 4.7 \$1,649; www.psaudio.com



The more power your outlets kick out, the dirtier that power becomes. This not only degrades your TV's picture and sound, but it also creates electrical spikes as filthy and dangerous as a losing *Survivor* contestant. The 14-plug Power Director 4.7 protects your A/V devices with clean, reassuring juice and comes with a remote to shut off all systems when *Survivor* begins.

SONY DVD DREAM SYSTEM \$999; www.sony.com

Colossal home theaters will always impress the boys, but few will get the meticulous approval of the girls as well. The five DVD/CD Dream System pleases both sexes with aesthetic beauty and 600 watts of theater-like power. Dinner-and-a-movie dates just got \$20 cheaper—and a lot closer to your bedroom.



VELODYNE SPL-1000 \$1,499; www.velodyne.com

If you're pimping out a '77 Seville, good bass is a must, second only to a Hula Homer. Because a home theater deserves an equally pimp boom, Velodyne has designed its subwoofer to reach 24 Hz depths. Its 10-inch driver fires out 750 watts of rich bass that will have the devil himself shouting at you to turn it down.



NAD T532 \$499; www.nadelectronics.com



Any DVD player worth its laser can play a slew of other mediums, and NAD is no disappointment. The T532 produces a lovely progressive-scan picture for DVDs and video compact discs, and treats your ears to CDs, CD-Rs and MP3s—all at an affordable price. Only the forgone Smell-o-vision is keeping you from complete and total sensory overload.

INCREASE YOUR PENIS SIZE 25% ON AVERAGE!

MILLIONS OF CAPSULES SOLD!

SIZE DOES MATTER!

IN A RECENT NATIONAL SURVEY **70%** OF WOMEN SAID THEY ARE UNHAPPY WITH THEIR LOVERS PENIS SIZE.

The cold, hard truth is that size really does matter. You know it – and women know it. In fact 90% of men are unhappy with their penis size. If you're one of them then maximum strength Colossal, Men's Formula, can help you measure up.

INCREASE PENIS SIZE BY AS MUCH AS 2, 3, EVEN 4 INCHES!

Colossal, Men's Formula, is the doctor formulated and doctor recommended choice for safe, natural, non-surgical erectile enhancement. Maximum Strength Colossal can give you longer, thicker, harder erections with increased size by as much as 25% on average. Guaranteed! Following the recommended full 90-day Colossal program can provide:

- **INCREASED LENGTH & THICKNESS!**
- **FULLER, FIRMER ERECTIONS!**
- **IMPROVED SEXUAL ENDURANCE!**
- **HEIGHTENED AROUSAL!**
- **STRONGER, MORE INTENSE ORGASMS!**

BLOW HER MIND!

With double the strength of the nearest competitive formula Colossal will help you last as long as you want and keep you going as many times as she can handle – with a longer, thicker, rock-hard erection that will intensify orgasms for both of you. Imagine the look on her face when she sees what she's in for – and the look after she's had it. Colossal can help make you the man you've always wanted to be, not to mention give you the confidence you need to score with any woman!

DR. FORMULATED SAFE. MONEY BACK GUARANTEE.

Colossal has been formulated by doctors for maximum impact – and they've made sure that it's safe. It's a natural dietary supplement that works by enlarging erectile tissue chambers while increasing healthy blood flow to the genital area. Just two capsules daily will have you on your way to fuller, firmer erections, and improving your sex life. Satisfaction guaranteed or we'll refund your full purchase price – no questions asked.

INITIAL 90-DAY PROGRAM RECOMMENDED FOR OPTIMAL RESULTS.

"Colossal is exactly what I was looking for. It increased my size, thickness and confidence. I'm able to last longer than I ever have, and I'm enjoying the most amazing sex of my life!"

Perry D.



CALL NOW FOR 1 MONTH FREE!

ORDER 24 HOURS A DAY, 7 DAYS A WEEK!

All major credit cards accepted. To ensure privacy Colossal is discretely billed on your credit card statement under CPMC.

1. TOLL-FREE: **1-800-640-3456**

2. ONLINE: **colossalcapsules.com**

3. OR, BY MAILING THE ORDER FORM BELOW:

PACKAGED & SHIPPED CONFIDENTIALLY Please print. Clip and mail to:

Colossal, Men's Formula, 3333 East Camelback Road, Suite 253, Phoenix, Arizona 85018

Name _____ Phone _____

Address _____ Apt. _____

City _____ State _____ Zip _____

- ☐ 1 Month Trial Supply \$ 54.95
☐ 2 Month Supply, plus third month free (The recommended 90-Day Program) \$109.90
☐ 6 Month Auto Ship Supply (\$39.99 per bottle) \$239.99

Shipping:
☐ Standard \$ 6.99
☐ Alaska & Hawaii \$ 8.99
☐ 2nd Day Rush \$ 16.99

Total Amount Enclosed (U.S. Funds Only) \$ _____

Method of Payment: ☐ MC ☐ Visa ☐ AmEx ☐ Discover ☐ Money Order

Card Number _____ Expiration Date _____

Signature _____



colossal
 MEN'S ERECTILE FORMULA
 MAXIMUM STRENGTH

"AFTER REVIEWING A VARIETY OF COMPETITIVE FORMULAS IT IS CLEAR, IN MY OPINION, THAT COLOSSAL IS FAR SUPERIOR TO ANYTHING ELSE ON THE MARKET TODAY." Dr. G. Johnston, M.D.

GASOLINE

MARVEL AT THE MOTORIZED WORLD

PROJECT GREENLIGHT

FASTER AND MORE FURIOUS

The Evo will elicit more drool than any leading lady this summer

BY ADAMO DICRECORIO

Special delivery

Mitsubishi has won 27 World Rally circuit events since 1992 with a Lancer known affectionately as the Evo. With its reputation for racing and the familiar brand name, the Evolution VII seemed the logical lead car for this summer's *2 Fast 2 Furious*. Producers wanted the 2002 Evo so much, they had one overnighted from Japan (none were available in the US). They left the innards intact and enhanced the sleek silhouette with a body kit that complements its aggressive instincts.



BEHIND THE WHEEL OF...

A VENOM STREET RACER

FHM gets both fast and furious with a supercharged, nitrous-induced asphalt burner



No nitrous

Unlike *The Fast and the Furious*, this sequel doesn't rely on nitrous-enhanced racers. Instead, the Evo's two-liter, four-cylinder engine is intercooled and turbocharged, pumping out an intimidating 280 horsepower. She handles zero to 60 mph in 4.9 seconds and completes a quarter mile in 13.8 seconds, helped in large part by a hefty set of asphalt-chewing tires that come decked with salute-worthy American racing rims.



Starting lineup

Since the first installment pretty much trashed its entourage of cars, *2 Fast's* producers had to adopt some other toys. The 1970 Dodge Hemi Challenger R/T is a 425-horsepower, 490-foot-pounds-of-torque brute that Tyrese Gibson's character plows into a Lincoln Navigator. Another, a 1969 Yenko Camaro, is one of only 202 ever made and has 450 horsepower and 460 foot-pounds of torque. Paul Walker launches that one off a dock. Oops!



Color by numbers

If you're looking to impress the locals with your hand-me-down, try decorating it with *2 Fast's* unrivaled and soon-to-be-famous paint job. The Evo's meticulous artwork would cost almost \$20,000 to duplicate on your junker, thanks to the many semi-transparent layers that specialists used in the customizing process. This same procedure also means that any minor ding or fender-bender would require an entirely new paint job to maintain your image.

Try this at home

Even without the return of Vin Diesel or some equally bald lead, this sequel has a bona fide star in the Evo. And so fans can drag-race like their favorite actors, Mitsubishi has released a 2003 Lancer Evolution in America. It won't have the *2 Fast* body kit, paint job or celeb chauffeur, but this \$30,000 pavement smoker will have the same supercharged performance as its Hollywood cousin. Both were born to run, and both will dominate the streets. At least until the obligatory *Furiously Fast 3* hits theaters.

2 Fast 2 Furious is in theaters June 6.

As *FHM* is trekking to a remote track near Los Angeles at 6:30 in the morning, it dawns on us that we're about to be street racing—the full-fledged, grille-to-grille burnout kind of racing—in a 2000 Mustang GT. While it's not exactly something you'd expect to see in the Daytona 500, it is a Mustang, and that means we expect it to have serious giddy-up. Adding to the allure is the fact that we're not driving a standard model; rather a nitrous-juiced, ass-whopping ragtop that's painted like a snake and calls itself Venom.

Upon entering the track, all you hear is the high-pitch whir of a four-banger engine. We're surrounded by speedsters in varying stages of completion, straight out of some absurd Vin Diesel race scene.

If one were building a scorcher at home, the first modification would have to be nitrous, which boosts your horsepower to extreme levels. Venom's system delivers it through fuel injectors and mixes it evenly with oxygen so you will never run too lean or too rich en

route to ripping the seat off your pants. *FHM* decides that buckling the seat belt is in order.

We accelerate smoothly on the first pass, taking the quarter mile at 80 mph. It's so smooth in fact, we never feel the nitrous engage. During a pit stop, we realize you don't drive a racer the way you would

engages eight seconds in, somewhere around the 4,000 RPM mark. As we burst into third gear, we are pulled deeper and deeper into our bucket seat, shaking like a coke fiend from the car's vibrations and struggling to keep focused on the pavement.

Nitrous feels more like jet propulsion than it does



an ordinary car. You red-line the RPMs as hard and as fast as possible, and keep the gentle touches for the school zones and your bedroom.

On the second pass, *FHM* winds out of first gear five seconds in with a swift accelerator stomp. We don't even release the accelerator between gears; just a straight popping into second. The nitrous

a turbocharger. Physically, the adrenaline rush makes you feel like Peter Parker after he's bit by a radioactive spider.

We complete the quarter mile at 110 mph, and never even get into fourth or fifth gear. The stopwatch says it took us only 13 seconds, but it may be the best 13-second orgasm one could ever hope to experience.

IMPOSTORS

VIRTUAL REALITY

Dupe fellow motorists with low-priced replicas of rides you could never afford

BY JAMES MONTGOMERY



1955 Ford Thunderbird

\$46,900; www.regaltbird.com

If you thought this year's Thunderbird was a pimp, you should have met its granddaddy. The '55 T-Bird, with its stylish fins, whitewall tires and 198-horsepower V8 engine, was America's original badass, back when PETA wasn't around to bad-mouth leather jackets. Regal Roadsters faithfully re-creates this classic with to-thee models or, if you prefer, kits amped up with your own rebellious customizations.

FAST FACT



Seventy-five percent of people who drive with the radio on also sing along with it



Lamborghini

\$34,995; www.lamboshop.com

Want to start your midlife crisis early, but don't have the quarter-million bucks to pick up a Murcielago? Lamboshop helps you overcompensate with a Countach replica that keeps your misleading ways affordable. Adding such accessories as a 350-horsepower V8 engine, rims and neon lighting will bump it into the \$40,000 range, but that's still less than properly fixing up the wife down the road.



1908 Model T

\$4,495; www.replicars.net

Back in 1908, owning a Model T was as easy as saving up \$850. Today, trying to get one of those originals will make you a slave to eBay. Repli Cars offers spanking-new versions of the landmark vehicle—at a cutesy one-half or three-quarters the original size. This glorified, 8.5-horsepower golf cart can reach up to 25 mph and run down any elderly pedestrian having Prohibition-era flashbacks.

1935 Jaguar SS100 \$83,700; www.ss100.com

Brits may drive on the peculiar left side, but they've also blessed our streets with Jags. Only 314 SS100s were made, but Suffolk Sportscars Engineering creates a spot-on replica—complete with regal wire wheels and running boards—at a relative bargain that includes shipping across an ocean and putting the steering wheel where it belongs.



Win a chance to become

THE DUDE

FOR A DAY

2 WHEEL TUESDAY



Win a new custom 2003 Ninja ZX-6R, and hang out with your new bros on the Kawasaki Factory team.



You're going to Cali. Sand, sun, and two tickets to the FIM World Superbike Race at Laguna Seca.



Rip up the course on your new Ninja – That's right, you get to take on the famous track at Laguna Seca.



With a ton of cool Kawasaki and Speed Channel gear, there's no telling what might happen...

Watch Two Wheel Tuesday hosted by Greg White from May 6th-June 10th for details **Every Tuesday 7PM ET/ 9PM PT**

www.speedtv.com

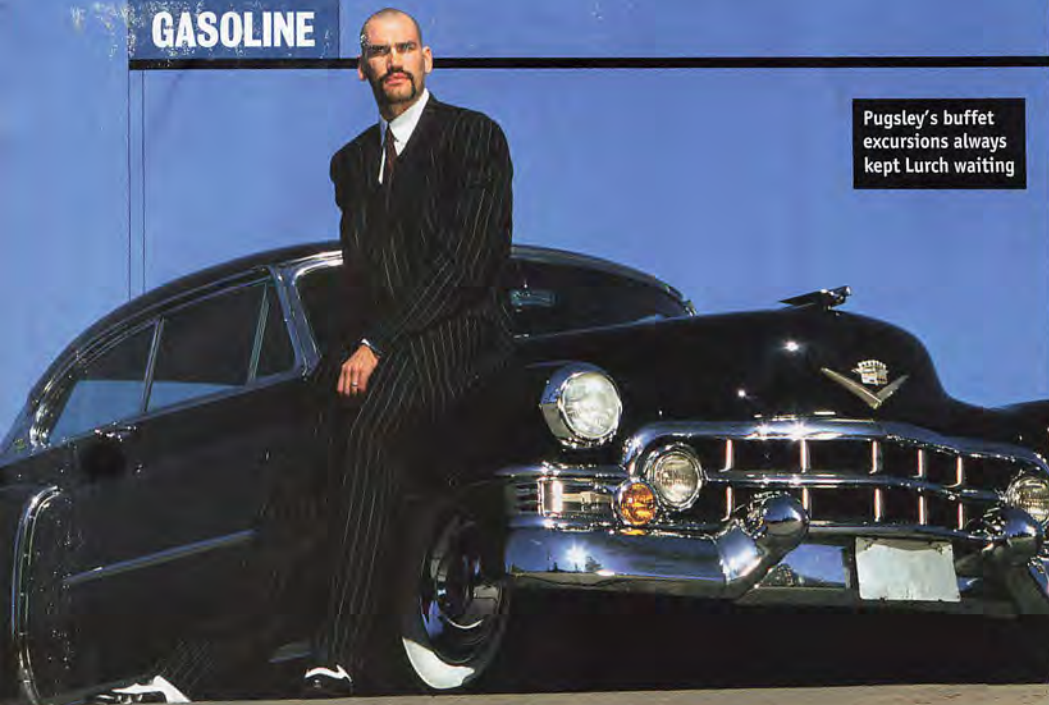
Kawasaki®

To get SPEED call 1-888-22-SPEED today. Schedule subject to change.

SPEED
CHANNEL™

FUEL YOUR PASSION

OFFICIAL RULES: No Purchase Necessary to Enter or Win. The Speed Channel "Dude For A Day" Sweepstakes (the "Contest") begins May 6, 2003 at 12:01 a.m. Pacific Time ("PT") and ends on June 15, 2003 at 11:59 p.m. PT (the "Contest Period"). Contest is sponsored and hosted by The Speed Channel, Inc., 9700 Southern Pine Boulevard, Charlotte, North Carolina 28273. 1. **ELIGIBILITY:** Contest is open only to legal residents of the continental United States, Alaska and Hawaii, who are 18 years of age or older at the time of entry and who have had Internet access as of May 6, 2003. Employees, shareholders, officers, directors, agents, representatives of Sponsor, Fox Cable Networks Services, LLC, any of The News Corporation Limited entities, Interplay, or the promotion and advertising agencies of either, and their immediate family members and those living in their household, and each person or entity connected with the production, administration or judging of the Contest, and each parent company, affiliate, subsidiary, agent and representative of any aforementioned entity are not eligible. 2. **HOW TO ENTER:** Only on-line entries permitted. For the Weekly Contest: First, watch The Speed Channel any Tuesday from and including May 6, 2003 to and including June 10, 2003 (May 6, 13, 20, and 27, 2003 and June 3 and 10, 2003) (The "Watch Period"). Each Tuesday during the Watch Period, a password for the Contest will be broadcast during that night's "Two Wheel Tuesday" programming. To enter the Weekly Contest, after obtaining the Tuesday password, log onto the Speed Channel Web site located at URL www.SpeedTV.com and navigate to the Contest Web page prior to the following Sunday at 11:59 p.m. PT (May 11, 18 and 25, 2003 and June 1, 8 and 15, 2003). Enter the correct password in the area indicated and fill in the on-line entry form, including your full name, complete address, including city, state and ZIP code, area code and telephone number and e-mail address. Submit your completed on-line entry in accordance with the on-screen instructions during the Contest Period. Limit: One entry per person and per e-mail address per week. Entries for the weekly contest must be received by 11:59 p.m. PT on the Sunday immediately following the Tuesday broadcast of the password on The Speed Channel (May 11, 18 and 25, 2003 and June 1, 8 and 15, 2003). All eligible Weekly Contest entries will be entered for a chance to win the Grand Prize. Each entrant must be the rightful owner (or have authorized use) of the e-mail address identified in the entrant's entry as of May 6, 2003. In the event of a dispute as to the identity of a winner, the winner will be deemed to be the person in whose name the e-mail account governing the e-mail address was opened. Entrants must provide all information requested to be eligible to win. Incomplete, unreadable, or unintelligible entries will be disqualified. Sponsor will not verify receipt of entries. All entries submitted become the sole property of Sponsor and will not be acknowledged or returned. 3. **SELECTION AND NOTIFICATION OF WINNERS:** Each entrant who enters the correct weekly password will be entered into the random drawing for that weekly prize. On approximately May 13, 20, and 27, 2003 and June 3, 10 and 17, 2003, the selected weekly winner will be chosen by random drawing by a representative of Sponsor from among all eligible entries received for the previous week. The selected weekly winner will be notified by phone and/or e-mail on approximately May 13, 20, and 27, 2003 and June 3, 10 and 17, 2003. The grand prize winner will be randomly selected from among all eligible weekly entries on approximately June 17, 2003. All selected weekly and grand prize winners will be required to respond (as directed) to the phone and/or e-mail notification within 72 hours of attempted notification. The failure to respond timely to the notification may result in forfeiture of the prize and, in such case, Sponsor may randomly select an alternate winner from among the remaining eligible entries. Each selected winner will also be sent an affidavit of eligibility/liability/public release (Release). Unless restricted by law, each selected winner will be required to complete and return the Release within the time period specified therein. The prize may be forfeited and, in such case, an alternate winner may be randomly selected from among the remaining eligible entries if a selected winner: (i) cannot be reached; (ii) fails to obtain all signatures on the Release and to return the documents in a timely manner as required pursuant to these Official Rules; or (iii) cannot accept or receive the prize for any reason. 4. **PRIZES:** GRAND PRIZE: One (1) randomly selected winner will receive a Grand Prize package including one (1) Speed Channel paint-customized Kawasaki motorcycle (model of Sponsor's choice) and a trip for two (2) to Monterey, California to attend the AMA and FIM Superbike Weekend at Laguna Seca Raceway on July 11, 12 and 13, 2003. Grand Prize trip package includes: two (2) roundtrip coach airfare tickets from the major commercial airport nearest the Winner's primary residence to a major commercial airport near Monterey, California; 4 night/5 day stay in standard double occupancy hotel accommodations in or near Monterey, California; admission for two (2) to the Laguna Seca Raceway on July 11, 12 and 13, 2003; ground transportation in Monterey, California; and a Speed Channel/Kawasaki welcome package. Companion must travel with Winner. All costs and expenses not specifically listed herein (i.e., food, gratuities, etc.) are the sole responsibility of the Grand Prize winner. The trip must take place on July 10, 11, 12, 13 and 14, 2003 (extensions will not be granted). Certain travel restrictions/requirements may apply. Approximate retail value ("ARV") of Grand Prize package is Fourteen Thousand Three Hundred Ninety-Nine Dollars (\$14,399.00). WEEKLY PRIZES: Six (6) total weekly winners will each receive one (1) Speed Channel Leather Jacket, ARV of Three Hundred-Ninety-Nine Dollars (\$399.00) each. ARV of all prizes is Sixteen-Thousand-Seven-Hundred-Ninety-Three Dollars (\$16,793.00). Prize winners cannot assign or transfer their prize to another person. No prize substitution is allowed except at the discretion of Sponsor. If prize cannot be awarded due to circumstances beyond the control of Sponsor, a substitute prize of equal or greater retail value may be awarded. All prizes will be awarded. All prizes will be awarded. 5. **ODDS:** The odds of winning depend on the total number of eligible entries. 6. **CONDITIONS:** Contest is subject to these Official Rules. By participating, entrants agree: (i) to be bound by these complete Official Rules and the decisions of Sponsor which shall be final and binding; and (ii) to waive any right to claim ambiguity in the Contest or these Official Rules. Certain restrictions apply. By accepting a prize, winner agrees to release Sponsor, Fox Cable Networks Services, LLC, The News Corporation Limited, Interplay (including the parent, subsidiary and affiliated entities of each) together with the respective directors, employees, officers, licensees, licensors and agents of each, including without limitation, their respective advertising and promotion entities and any person or entity associated with the production, judging, or administration of the Contest, (collectively, the Releasees) from any and all liability, loss or damage arising from or in connection with awarding, receipt and/or use or misuse of prize or participation in any prize-related activities. Sponsor reserves the right to use the Contest for publicity purposes in any media, and to use the name, likeness, and hometown name and/or prize information of winner as part of that publicity, without any compensation or prior review unless prohibited by law. Any such use with respect to minors shall be subject to prior approval of parent or legal guardian. Taxes, if any, are the sole responsibility of winners, and winners may be issued an IRS Form 1099 for the ARV of any awarded prize. This Contest is void outside the continental US, Alaska and Hawaii and where prohibited or restricted by law, and subject to applicable federal, state and local laws. Sponsor reserves the right to disqualify any entrant it finds to be tampering with the entry process or the operation of the Contest or violating these Official Rules. The Releasees shall not be liable for: (i) late, lost, delayed, stolen, misdirected, postage due, incomplete unreadable, inaccurate, garbled or unintelligible entries, communications or affidavits, regardless of the method of transmission; (ii) telephone system, telephone or computer hardware, software or other technical or computer malfunctions, lost connections, disconnections, delays or transmission errors; (iii) data corruption, theft, destruction, unauthorized access to or alteration of entry or other materials; (iv) any injuries, losses or damages of any kind caused by the prize or resulting from acceptance, possession or use of a prize, or from participation in the Contest; or (v) any printing, typographical, administrative or technological errors in any materials associated with the Contest. Sponsor disclaims any liability for damage to any computer system resulting from participating in, or accessing or downloading information in connection with this Contest and reserve the right, in their sole discretion, to cancel, modify or suspend the Contest should a virus, bug, computer problem, unauthorized intervention or other causes beyond Sponsor's control, corrupt the administration, security or proper play of the Contest. Sponsor may prohibit an entrant from participating in the Contest or winning prize if, in their sole discretion, they determine such entrant is attempting to undermine the legitimate operation of the Contest by cheating, hacking, deception, or any other unfair playing practices of intending to annoy, abuse, threaten or harass any other players or Sponsor representatives. This Contest will be governed by the internal laws of the State of California. Any and all legal actions or claims arising in connection with this Contest must be brought in a court of competent jurisdiction within the United States. **CAUTION: ANY ATTEMPT TO DELIBERATELY DAMAGE THE WEB SITE OR UNDERMINE THE LEGITIMATE OPERATION OF THE CONTEST MAY BE IN VIOLATION OF CRIMINAL AND CIVIL LAWS AND WILL RESULT IN DISQUALIFICATION FROM PARTICIPATION IN THE CONTEST. SHOULD SUCH AN ATTEMPT BE MADE, SPONSORS RESERVE THE RIGHT TO SEEK REMEDIES AND DAMAGES (INCLUDING ATTORNEY FEES) TO THE FULLEST EXTENT OF THE LAW, INCLUDING CRIMINAL PROSECUTION.** 7. **OFFICIAL RULES:** For a copy of these Official Rules, send your request in a self-addressed, stamped envelope (WA and VT residents need not affix return postage) to: The Speed Channel "Dude For A Day" Official Rules, c/o Interplay, 1223 Wilshire Blvd., #408, Santa Monica, CA 90403-5400. Request must be received by June 30, 2003. 8. **WINNER:** For name of the Contest winner, available after June 30, 2003, send your request in a self-addressed, stamped envelope (WA and VT residents need not affix return postage) to: The Speed Channel "Dude For A Day" Official Rules, c/o Interplay, 1223 Wilshire Blvd., #408, Santa Monica, CA 90403-5400. Request must be received by July 15, 2003.



Pugsley's buffet
excursions always
kept Lurch waiting

OBSESSION

SCOT POLLARD

Sacramento's Caddie king on Marvin the Martian, huge back seats and driving topless

You love the junkers—what's the charm in older cars?

It's not just any old car; it's Cadillac. For a guy my size, it's beautiful to have a big old car. My new one is a '52 Coupe DeVille that looks like one Henry Hill parked as a kid in *Goodfellas*. Everything is power—power windows, power door locks. It's even got an automatic dimmer, so if your brights are on, it will automatically dim

The mechanic said Boss Hog was so rusted I couldn't drive it home

them when someone comes along. This came out in 1952!

What have you done to it?

I just painted it black. It was this ugly tan color. It's got 54,000 original miles and is in such good shape that I'm not messing with it. I'm not big into customizing, because I don't want it to look like a ghetto-mobile. I hate those plastic pieces of shit people drive around in. I don't have it just to say, "Look at what I have." I want a real metal car with lots of room so I can spread out and be comfortable when I'm driving.

What other Caddies have you owned?

I had a '72 DeVille in high school that I sold for a thousand bucks. I put it toward a '72 Fleetwood that was bigger. I sold that one when I needed money for

college. I had some summer jobs while I was at the University of Kansas and finally saved up enough to buy a '69 Coupe DeVille my senior year—not like most college players who get cars from boosters. It was green with a black hood. We called it Marvin the Martian. That thing started up all the time, even with 120,000 hard Midwest miles. Everything was power on that thing, even the top.

Were you popping out the top like Dino on *The Flintstones*?

Yeah. I was driving once with my mother and my wife before we were married, right when they first met. It was 17 degrees outside and we were going about 70 mph, when the convertible top suddenly ripped off. My wife yelled, "Shit." I think my mom, who's Mormon, even said "Shit." That was fun.

Where is Marvin today?

During my first year in the NBA in 1997, when I got some money, I painted him all white, put some bullhorns on the front and got a customized license plate that said "Boss Hog." I had a new convertible top put on and it was beautiful. But the problem was it was rusted to hell. I brought it to some Cadillac mechanics to fix it up, and they said it was so rusted I couldn't drive it home.

How many Kansas Jayhawks would you cram into Marvin at once?

I think one night after leaving a bar, we had six or seven guys in there. When

Chris Webber saw it as Boss Hog, he said he would buy it right then and there.

Who's the worst driver in the NBA?

My Sacramento Kings teammate, Hedo Turkoglu—that guy shouldn't be allowed behind the wheel of anything. There's no way he has a license in America. He has an Excursion, and one time when he was going to San Francisco, he wanted to borrow one of my cars. He gave me this sob story, like, "I can't park Excursion in San Francisco. Too big. I need to borrow small car."

What's it like being 6-foot-11 and riding in regular cars?

It's not worth it. If I'm too drunk to drive *and* someone is giving me a ride *and* it's short distance, I'll deal with it. But you won't see me buying a Honda Civic.

Does your wife like your cars?

She doesn't really like my toys. She won't ride in them because they don't have seat belts. Plus, it gets expensive. I spent all my money restoring Marvin when I shouldn't have been driving it in the first place.

Have you ever tried to do any of that work yourself?

I'm the youngest of six kids, and I missed out on that gene. I can't change a light bulb. My Cadillacs are money pits because I have to take them to people. It's like when a woman goes in to the shop—they can tell I don't know about fixing cars, so they charge me \$8 million.

So was your first time in a car?

No, but that's another reason the '72 came in handy. It's very spacious. The back seat is huge. It wasn't my first time, but it was my second or third.

FOOTWEAR

FUNKMASTER KICKS

Mr. Flex unveils shoes for true pedal pushers

Over the years, millions have donned Air Jordans, hoping that they too could drive the lane like Mike. Now, hip-hop and car enthusiasts can drive in the fast lane with the appropriate garb—a shoe for rollin' and flossin' properly down any street.

DJ Funkmaster Flex's FMF-1 Lugz



feature a "sleek, lowered and tricked-out TPR suspension, taking cushion and driving comfort to a whole new level." And since you're

just sitting in the ass-grooves of your driver's seat and not walking around, they'll always look so fresh and so clean.

\$70; www.lugz.com

DOCTOR DISCOVERS PILL FOR MALE ENLARGEMENT!

**PRO+PLUS PILLS WILL WORK FOR YOU!
WE OFFER A 100% MONEY BACK GUARANTEE!!**

**No Pumps, Exercises or Prescription!
Doctor Approved Pill Will Enlarge Your Penis
up to 4 Inches!**

**You Will Have These Penis Gains
In A Few Weeks!**

Just imagine when your sex partner sees how thick and long and hard you are. How about when men will gasp with envy the first time they see the new you in a locker room, shower or gym. Your larger penis will give you the confidence to meet the challenge of any woman. Penetrate deeper and see just how much greater satisfaction your sex partner will have. You will feel in total command because now any possibility of going soft, and premature ejaculation will be eliminated with your new rock hard much larger penis.

HOW DOES PRO+PLUS PILLS ENLARGE YOUR PENIS?

The corpora cavernosa are the two spongy bodies of erectile tissue on either side of the penis. An erection is caused by blood filling the erectile tissues. But what if the erectile tissues were made larger? What if you could somehow expand the size of the erectile tissues? Then of course the erectile tissues would hold more blood and you would have a significantly larger penis. Blow up a balloon with more air and you have a larger balloon. Fill the erectile tissues with more blood and you have a larger penis. Without any effort on your part, without any exercising, pumping or stretching, PRO+PLUS PILLS will expand the erectile tissues longer and wider and fill the erectile tissues with a larger supply of blood so that your penis will gain up to 4 inches in what has been described as a miracle. **You can make that miracle happen.** You can have the penis size you always dreamed of with the PRO+PLUS PILL and we GUARANTEE IT!

IS YOUR PENIS SIZE AVERAGE?

You probably have heard or read somewhere the average penis size is about 6 inches. If your penis is 6 inches and you want to be average then don't read any further. But if you're not satisfied with an average or less than average size penis, the PRO+PLUS PILLS will help you grow up to 4 inches and it is perfectly safe and it is your secret because you can take the PRO+PLUS PILLS without anyone knowing that you are taking it.

HOW LONG WILL IT TAKE TO ENLARGE YOUR PENIS?

In a couple of weeks the most noticeable change will be the width of your penis and longer lasting erections. Then after a month or two you will see a change in the length of your penis and again you will notice a thicker and wider penis. As you stand in front of a mirror you will be amazed even without an erection how your penis will 'hang' longer and thicker. After the third month when you have an erection you will see a very noticeable change. Not just in size but your penis will look firmer, stronger than you ever dreamed possible. **No pill sold anywhere can give you the maximum potential you want in two months.** Why settle for less when you can have much more. You need **three to four months** to grow to your maximum potential and we offer special prices for a three or four months supply with a **100% MONEY BACK GUARANTEE AND FREE OFFER!**

WHAT EXACTLY IS THE PRO+PLUS PILLS?

Discovered by Dr. Dmitri Zorken and his research team PRO+PLUS PILLS is a powerful natural herbal penis enlargement formula that increases penis size, stronger erections and maintains your sexual virility. Combining the formulations of the type of herbs found in many parts of the world that can enlarge the penis erectile tissues. We also included some of the same type of herbs found in Polynesia where the men of the Manganian tribe have sex on the average of 3 times a night, every night. While this is not what you may wish, it is nice to know your sexual performance can improve substantially.

HOW BIG IS BIG AND HOW MUCH DO YOU NEED TO SATISFY YOUR PARTNER?

Consider the difference between a 7, 8 or 9 inch penis that is thicker and a penis that is 4 to 6 inches and narrower. With a larger penis you penetrate more sensitive areas of the woman. Your longer penis probes deeper searching those special nerve endings. The added width to your penis fills and presses her from side to side to give your partner the most exhilarating sensations. **It is possible for you to reach the most sensitive area of all, a woman's G-spot.** These sensations will produce for a woman the ultimate multiple orgasms. At the same time because you are reaching a woman's most sensitive areas with your larger penis you will receive more pleasure to your sensitive nerve endings. Just knowing you are giving your partner this pleasurable experience will certainly give you the added confidence of being a better lover.

WHAT WILL THE PRO+PLUS PILLS DO FOR ME?

- ▶ A longer, thicker penis. Penis Enlargement up to 4 inches or more
- ▶ A longer, thicker penis even when you are not hard. Because there is more blood flow to the penis, your penis 'hangs' larger all day.
- ▶ You will have bigger, harder erections. Because of increased blood flow your erections grow harder.
- ▶ Erections when you want them. Rock hard erections every time. No more problems because you can't get it up and keep it up. PRO+PLUS PILLS will keep the blood flowing to your penis so you will always get hard and stay hard.
- ▶ Stronger and more intense orgasms
- ▶ Stop premature ejaculations
- ▶ Safely enhance the size of your penis.



WILL THE PENIS ENLARGEMENT BE PERMANENT?

Yes it is and you control the growth because once you reach your optimum size you could stop taking PRO+PLUS PILLS for Penis Enlargement. We say you could stop taking the PRO+PLUS PILLS because it is not necessary to be larger than 9 or 10 inches. Most women can only comfortably accommodate a 9 or 10 inch penis. Anything larger than that may be too large for most women. Nine inches or more then 9 inches, the choice is yours.

DUAL ACTION EXCLUSIVE FEATURES!

Penis Enlargement and Continued Sexual Health! Take PRO+PLUS first for Penis Enlargement to reach your optimum size. After that continue taking only one PRO+PLUS daily to improve your sexual health, feel younger, increase sexual desire, gain more stamina and greater sexual pleasure. You can also take 2 PRO+PLUS PILLS before sex for the strongest, hardest erection you will ever have.

OUR OTHER SCIENTIFIC MIRACLE PILL!

PEARL+PLUS PILLS are guaranteed to sexually stimulate women of all ages. For increased blood flow, sexual enjoyment and intensify orgasms. Sexual sensitivity is produced by blood flow into the clitoris, labia and vagina. Only \$60.00 or FREE WITH ANY ORDER OF 3 OR MORE BOTTLES OF PRO+PLUS PILLS.

LETTERS FROM OUR SATISFIED CUSTOMERS

"When I first started I took your pill to get bigger. I am right where I want to be...about 8 1/2 inches. I stopped taking the pills to get bigger and everything is fine. Here is what I am doing now. When I take only one Pro+Plus pill every day I just feel better. I feel ten years younger. Thanks for a great product!" -HS, Washington

"This pill really works. I am now a harder 9 inches, which makes me feel good about myself. Besides wanting to be bigger, I always got soft to soon. Now that doesn't happen anymore. I'm hard like a rock from start to finish. I don't stop until she says 'you are terrific' and is 100% totally satisfied." -JS, Ohio

Order PRO+PLUS PILLS now.

Only \$60 for one bottle or 1 months supply. \$120 for 3 bottles or 3 months supply. **FREE!** Order 3 bottles or more and choose 1 FREE bottle of Pro+Plus Pills or choose 1 FREE bottle of Pearl+Plus Pills. You will get results within the first month and you will reach your optimum size in 3 to 4 months. Many of our customers continue taking Pro+Plus Pills to maintain good health and rock hard erections. Add \$40 for extra bottles. Any future orders are \$40 for each bottle. We never automatically ship more bottles to you and bill your credit card unless you re-order.



OUR 100% MONEY BACK GUARANTEE

If for any reason you are not completely satisfied return the bottle(s) within 2 months and receive a full 100% refund including shipping. Why do we make this incredible guarantee? Because every thing we say here is true and we know you will be satisfied with PRO+PLUS PILLS.

IMPORTANT: Because of the success of PRO+PLUS PILLS there are many imitations. If you do not see a **100% MONEY BACK GUARANTEE** then you **DO NOT** have a money back guarantee. We Offer a **100% MONEY BACK GUARANTEE.** Do you trust buying penis enlargement pills from a pharmacy or drugstore or from our research company PLUS MEDICAL an International Company in business for over 30 years.

CREDIT CARD ORDERS

**ORDER TOLL FREE 1-866-765-PILL (7455)
Order on the web at www.pluspills.com**

PLUS MEDICAL dept. 36F7
Box 1426, North Hollywood, CA 91614
**Credit Card orders only Toll Free 24 hours 7 days
1-866-765-PILL (7455) Fax 1-818-345-4643**
Phone and credit card orders specify dept. (shown above) next to address, and product(s) and quantity.
☐ Check ☐ Money Order ☐ Cash ☐ Visa
☐ MasterCard ☐ American Express ☐ Discover

CREDIT CARD NO.	EXPIRES: MONTH/YEAR
☐ 1 bottle PRO+PLUS PILLS \$60.00 (1 months supply) ☐ 3 bottles PRO+PLUS PILLS \$120.00 (3 months supply) ☐ I have ordered 3 or more bottles of PRO+PLUS PILLS CHOOSE: ☐ FREE 1 bottle Pro+Plus Pills or ☐ FREE 1 bottle Pearl+Plus Pills For orders over 3 bottles of PRO+PLUS PILLS Add \$40.00 for each bottle. _____ BOTTLES \$ _____ PEARL+PLUS PILLS at \$60 per bottle \$ _____ Total Purchase: \$ _____ CA Residents add sales tax: \$ _____ Shipping & Insurance: \$ 6.00 ☐ Rush Service \$2.00: \$ _____ Total enclosed or charged: \$ _____ Orders discreetly shipped with UPS or Priority Mail. Foreign Orders add \$10.00 S&H. Money orders only in U.S. Fund only. SIGNATURE (I am over 18 years old) _____ NAME (print) _____ ADDRESS _____ CITY/STATE/ZIP _____	

COPYRIGHT ©1996 PLUS MEDICAL. PRO+PLUS PILLS and PEARL+PLUS PILLS are trademarks of PLUS MEDICAL.



Lucky you if you ever get featured on E! *True Hollywood Story*—all those wives, the riches, that night with Dana Plato.

FHM's True Stories, on the other hand, is for the common man. Send amusing tales to True Stories, FHM, 110 Fifth Ave., New York, NY 10011, or e-mail them to truestories@FHMUS.com. The funniest wins a Canon i70 printer and a Canon digital camera, valued at a total of \$700; others receive the i70 printer.

ILL COMMUNICATION

Cell phone mistaken for wood

Las Vegas, bachelor party, strip club, 3 a.m. After resisting temptation all night, this beautiful brunette talked me into having one of her super-hot lap dances. And away she went, straddling me and bucking like a wild woman. Pity, however, that she mistook the rigid cell phone in my pants pocket for an erection and went at it even harder. After three songs, she took my money and I went back to drinking. All was good until I was woken up in my hotel room four hours later by a call from my irate mother-in-law: My wife had gone into early labor and had just given birth to our son. They called my cell—I took it with me for this reason only—but it was dead. I inspected my phone: The stripper's withering broke the unit. On my return home, I offered another version of the facts. I'll wait to tell my son what *really* happened when he's old enough to know.

Michael Peters, Chicago, IL

NEIGHBORLY LOVE

Visit results in trespassing

My buddies and I rented a two-family beach house last summer and shared a porch with a family of five who rented out the other side. It wasn't exactly a match made in heaven, but we managed to coexist well enough for the first few weekends—until our belligerent friend Steve came to visit. The first night, he insisted on staying out drinking until the early hours, so I gave him

TRUE STORY OF THE MONTH

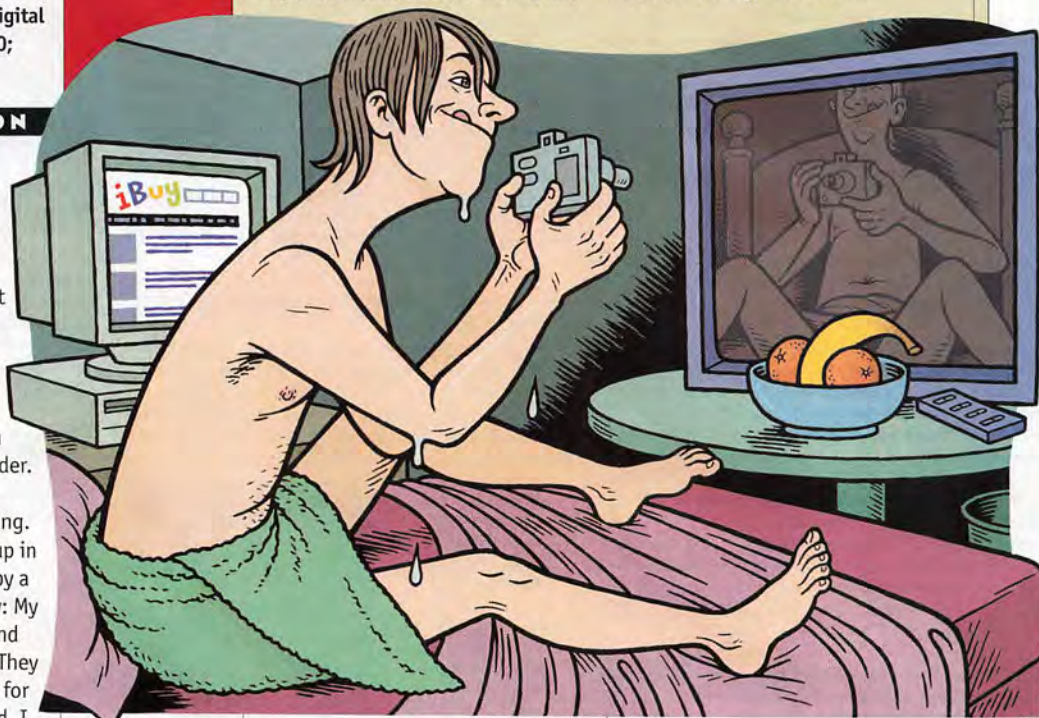
PERSONAL REFLECTION

Online hawker promotes wares

Having just bought a new plasma TV, I was in the shower thinking about what to do with my old tube. Then suddenly a flash of brilliance: I'll sell it online! I ran downstairs to take a digital snapshot of my TV relic, then e-mailed the pics with a description to an online auction site. It was only when I checked the site the following day that I realized the camera's lens

had captured an item that wasn't for sale: me—or more accurately, my clock weights, poking out from under my towel, clearly reflected in the TV screen. Bids had already been placed on my unit, which meant that I couldn't remove the photos from the site. Consequently, my plums were exposed to millions of strangers. But I did get \$300 for my old TV.

Dave Harding, via e-mail



I peered out to see Steve with a mangled window screen in his hands

a key and headed home. At about 4:30 a.m., I was awakened by shouts of "Open up or I'll break the door down!" and "Who the hell changed the lock on this door?" Then I heard someone screech, "Go away! We're calling the police!" I peered out the front window to see Steve standing on the porch with our neighbors' mangled window screen in his hands, ready to climb through the opening he'd created. After I yelled to him, he glanced puzzledly at the numbers on each of the two doors. He muttered, "Uh, wrong house," dropped the screen and stumbled past me through the correct door. That would be the last time the family was disturbed by our antics. They moved out the next afternoon.

Bradley Fountain, Avon, CT

IRISH EYES

Drinker remains alert

My first night in Ireland, I decided to celebrate with a few Irish coffees. God knows what I was thinking, because I don't drink coffee—it turns me into a nervous wreck. Eight Irish coffees later, I was a mess. The real pain was yet to come when I hit the sack: Sleep was impossible. All that caffeine meant that I had to endure my drunkenness without being able to happily pass out. Worse, I finally fell asleep at sunrise, missed the meeting I'd flown over for and my boss back in LA fired me over the phone.

Liam Gerhardt, Carlsbad, CA

Read more true stories and submit your own at FHMUS.com

Get **PAM**pered with **FHM**

It's A Guy Thing!

12
issues
\$9.97

THE WORLD'S FASTEST GROWING MEN'S MAGAZINE!

FHM **BIKINI SPECIAL!**
40 PAGES OF AQUATIC LADIES!

FOR HIM MAGAZINE AUGUST 2002

EXCLUSIVE PICTURES INSIDE!

PAMMY! AMERICA'S BIGGEST LEGEND

OPEN TO REVEAL OUR SKIMPY TWO-PIECE COVER!

SEX GAMES!
New ways to drive her wild!

THEM CRAZY GALLAGHERS!
15 rounds with Liam and Noel

PLUS!
Coral Gown, Jeannette 'Black Widow' Lee, capcane, Nelly, The Swamp Man, Chris Tolan, and how to sell your body parts!

JUST 83¢ AN ISSUE

☐ **YES!** Send me the next issue of FHM and enter my subscription. 12 issues for just \$9.97 — 78% off the cover price, *like getting 8 issues free!*

Name _____ (Please print)

Address _____ Apt _____

City _____ State _____ Zip _____ BSTP _____

Please allow 4-6 weeks for delivery of first issue. Based on 1 yr. cover price \$45.89. FHM publishes 1 double issue which counts as 2 out of 12 issues annually.

Click on:
www.fhmus.com



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

BUSINESS REPLY MAIL

FIRST-CLASS MAIL PERMIT NO 537 MARION OH

POSTAGE WILL BE PAID BY ADDRESSEE

FHM

PO BOX 2104
MARION OH 43306-2204





GET A LEG UP!

With

FHM

It's A Guy Thing!

- ☐ **YES!** Send me the next issue of FHM and enter my subscription. 12 issues for just \$9.97 — 78% off the cover price, *like getting 8 issues free!*

SEND NO MONEY NOW!

Name _____ (Please print)

Address _____ Apt _____

City _____ State _____ Zip _____ BSTN _____

Please allow 4-6 weeks for delivery of first issue. Based on 1 yr. cover price \$45.89. FHM publishes 1 double issue which counts as 2 out of 12 issues annually.

Click on:
www.fhmus.com



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

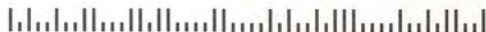
BUSINESS REPLY MAIL

FIRST-CLASS MAIL PERMIT NO 537 MARION OH

POSTAGE WILL BE PAID BY ADDRESSEE

FHM

PO BOX 2104
MARION OH 43306-2204



FHM

It's A Guy Thing!



WE COVER IT ALL!

WOMEN • SPORTS • HUMOR • SEX • FASHION

☐ **YES!** Send me the next issue of FHM and enter my subscription. 12 issues for just \$9.97 — 78% off the cover price, *like getting 8 issues free!*

Name

(Please print)

Address

Apt

City

State

Zip

BSTB

Please allow 4-6 weeks for delivery of first issue. Based on 1 yr. cover price \$45.89.
FHM publishes 1 double issue which counts as 2 out of 12 issues annually.

Click on:
www.fhmus.com



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

BUSINESS REPLY MAIL

FIRST-CLASS MAIL PERMIT NO 537 MARION OH

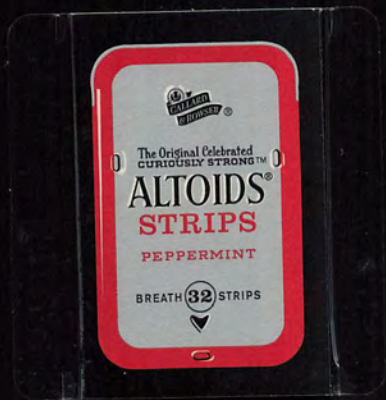
POSTAGE WILL BE PAID BY ADDRESSEE

FHM

PO BOX 2104
MARION OH 43306-2204



ANOTHER CURIOUS
TALE UNFOLDS...



PEEL HERE ↗

THE CURIOUSLY STRONG STRIPS®

ALTOIDSSTRIPS.COM

FINALLY, A DEODORANT WITH BALLS.



NEW RIGHT GUARD® XTREME Power Caps with extra odor-fighting capsules.

The strong, dryness protection of Right Guard® Xtreme clear gel with added odor-neutralizing balls. They burst on contact and work all day to help stop odors before they start. Goes on clear, doesn't quit.

© 2003 TOMMY HILFGER LICENSING, INC. ALL RIGHTS RESERVED. TOMMY, TOMMY HILFGER, TOMMY.COM, CREST DESIGN AND  ARE REGISTERED TRADEMARKS OF TOMMY HILFGER LICENSING, INC. MACY'S, RICH'S, LAZARUS, GOLDSMITH'S OR CALL 1-800-819-2311



Tommy Hilfiger 
watches